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# Hélio Carvalho

## Journalist

From Minho

In Lisboa

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I have almost 4 years of experience in national news outlets, mainly in online media, and a few more years editing at a local site. I like to cover elections (especially the thrill that is the US elections), I thrive in the mess that is singular to every newsroom, I love to cover and photograph music festivals and I'm eager to finally get to travel as a correspondent.

I can be a team player, but I also know how to be responsible with my own stories; I'm up to date with most topics, from diverse geopolitical issues to social problems and national politics; and I know how to work with most Adobe tools, especially Lightroom.

## EXPERIENCE

### **Expresso, Lisbon** - *Journalist*

MARCH 2024 - CURRENT JOB

- I joined the team at Expresso, one of biggest newspapers in Portugal and one of the main online outlets in the country, focusing my attention to long stories, international issues and foreign politics;
- I was a part of the paper's coverage about the last general elections, in 2024, helping with analyzing relevant data and the results.

### **Notícias ao Minuto, Lisbon** - *Journalist*

JANUARY 2022 - JANUARY 2024

- I wrote about national and international headlines, in a site where the priority is breaking news and being the fastest outlet, without neglecting explainers and interviews about relevant current topics;
- I photographed and covered music festivals, innovating a Culture section that was forgotten and put to the side for many years;
- I was responsible for the editing of the site, mainly during the night and weekend schedules.

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### **Radio Renascença, Lisbon** - *Journalist*

MARCH 2021 - OCTOBER 2021

- I worked in the online team, covering current affairs and international news, occasionally adapting those pieces for the radio programme;
- After interning at Renascença in 2018, my work this time around had a lot more responsibility attached, and I got the opportunity to do longer and in-depth reports.

### **Público, Lisbon** - *Professional internship*

MARCH 2020 - DECEMBER 2020

- After a brief internship through my masters programme, this was my first full experience in a national outlet, and I never left journalism since;
- Although the pandemic was the obvious protagonist, I wrote many pieces about social issues and international affairs, namely the US presidential elections.

### **ComUM Online, Braga** - *Editor, reporter and photographer*

OCTOBER 2014 - AUGUST 2018

- I spent four years at ComUM, an online news site created and completely run by journalism students. I was editor of the Culture section between 2017 and 2018, managing our coverage of local events, concerts, and music festivals;
- I was a reporter throughout those 4 years, writing about local issues, politics, sports and culture;
- I was also a photographer from 2016 to 2018, mainly going to concerts.

## **EDUCATION**

### **University of Minho, Braga** - *Post-Graduation in Communication Sciences*

SEPTEMBER 2016 - DECEMBER 2018

After finishing my bachelor, I chose to stay in the same 'house', specializing in journalism increasing my knowledge and starting my first internship at Renascença

### **Universidade do Minho, Braga** - *Bachelor in Communication Sciences*

SEPTEMBER 2014 - JULY 2016

Thanks to a very practical degree in Braga, I learned many technical skills and how to work with different editing platforms, finishing my bachelor with an average of 16/20.

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## AWARDS

### 2018 Fernando de Sousa Journalism Award (Student category)

- Winner: “Luz ao fundo da Europa” (“Light at Europe’s end”, in Portuguese)
- Shared the recognition with João Pedro Quesado and Eduardo Miranda

## LANGUAGES

- English: Fluent, with ‘Linguaskill – Score: 180+ - CEFR Level: C1 or above’ diploma
- French: Basic level, no certification
- Spanish: Basic level, no certification

## OTHER EXPERIENCIES

### Infineon Technologies, Maia - *Training developer*

MARCH 2019 - SEPTEMBER 2019

- Infineon is one of the largest microchip manufacturers in the world. While working for them, I was a trainee in the training development department, within the company’s internal communication dynamic;
- My work was to approach new products, accounting policies, environmental trainings and other issues, and converting those contents in interactive e-learning courses for employees to use;
- This experience was starkly different from anything I had learned before, and ended up being a positive one, as I was encouraged to coordinate projects with different co-workers in completely different time schedules.

### Decathlon, Braga - *Salesman*

SEPTEMBER 2017 - FEBRUARY 2018

- I worked part-time at the sporting goods retailer Decathlon, in Braga, which allowed me to continue with my college studies after I finished my degree. In the Braga store, I was designated to the team that focused on tennis and aquatic sports;
- I always cherish this experience because it made me learn new skills, from a better knowledge about customer service to understanding the management behind big warehouses and stores, as well as forcing me to learn about products and sports in a very small time-frame.