## **BEFORE YOU PITCH**

Catchy email and subject line - the fewer words the better.

Correct editor's name and subject area.

Include a few suggested headlines if you can.

Pitch less than 400 words if you can.

Specify the case studies and sources available to interview and check that they're ready to speak.



Check the timing to send the pitch is good.



No attachments. Send press releases in email body.

Clear signature and contact details including mobile and email address.

This checklist is just a starting point to writing a pitch, if you'd like any further help to create the perfect pitch, contact Amy at **amy@amyfallon.com** 

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