Grade 12A-St. John the Evangelist

Journal No. 5

1. What do you think is your own ultimate cause or destiny in life?

Life's ultimate cause is to associate with other people. For instance, giving alms (such as food and money) to the needy or poor people. As a result, you gave yourself contentment, while poor and needy people received encouragement. Especially amidst pandemic, I want people to surround themselves with positivity and have a smile on their faces even though they faced financial and societal problems. Giving others the experience of the feeling of positivity, satisfaction, or enjoyment, somehow remove or relieve their anxieties and suffering. In addition, making others happy is more meaningful for people than just interacting with them or doing something to uplift our jolliness. Like surrounding myself with people who I loved and appreciated me just who I am and people who won't ever make me feel like life is always a competition. Now, I can say that I am genuinely happy when I find love in what I do and never cease to find a reason to live and love life. First, I have to define happiness in my own meaning. Because I cannot attain or share happiness if I do not know the concept of happiness. Second, I forgive myself and people in my past, so that I can move continually forward. From my standpoint, it is fine to look back sometimes but never walk back. I need to have a mindset and the right courses of action. Considering the fact that positive thoughts may bring positive actions.

Summarily, my destiny in life is to make others happy. For me, it is a matter of fulfillment because I give delightful feelings to others. Seeing other people happy makes me feel worthy and jubilant. Instead of focusing on my happiness, I will give someone else a good vibe. Therefore, I gave hope to others; and it will lead to a better society.