

## LADY OF *THE HOUSE*

The role of First Lady has recently received a lot of coverage, both in Hollywood and in Washington. But this unofficial position—for which there is no salary and no constitutional definition—has long tantalized the American imagination. On February 7, journalist and author Kate Andersen Brower will discuss former first ladies, from Jackie Kennedy to Michelle Obama, at **The Society of the Four Arts** in Palm Beach. Brower became fascinated by first ladies and the staff that supports them when she was a White House reporter for Bloomberg News. She focused on the staff in her 2015 book *The Residence: Inside the Private World of the White House* (Harper Collins, \$28), and then turned her attention to first ladies for her 2016 release *First Women: The Grace and Power of America's Modern First Ladies* (Harper Collins, \$29). Both



KATE ANDERSEN BROWER

*The Residence* and *First Women* are being turned into television series, and each is full of behind-the-scenes details about the inner workings of the White House and the quirks of the first ladies. Below are five of our favorite factoids. ([fourarts.org](http://fourarts.org), [katebrower.com](http://katebrower.com))



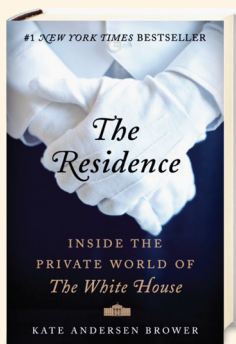
**WHAT'S ONE QUALITY ALL FABULOUS FIRST LADIES POSSESS? BROWER SHARES HER THOUGHTS AT [PALMBEACHILLUSTRATED.COM/FIRSTWOMEN](http://PALMBEACHILLUSTRATED.COM/FIRSTWOMEN)**

- **The First Family pays for their own food.**

Rosalynn Carter was reportedly aghast when she received her first bill for a month's worth of groceries and learned she owed \$600, a hefty sum in the 1970s.

- **The First Lady picks out the meals for the week every Sunday night.** Some, like Carter, requested leftovers to curb costs.

- **Jackie O's preferred drink was Champagne on the rocks.** In November 1963, the Kennedys were to arrive at the Johnsons' Austin farm after their scheduled stop in Dallas, and Lady Bird made sure the drink was on hand for this visit that would never be.



- **The First Lady's dressing room offers a vantage point into the oval office.** Many first ladies have watched their husbands work from this location, and an outgoing First Lady will show this spot to an incoming First Lady during their private White House tour.

- **First ladies can be unassuming diplomats.** Many use state dinners, when they are seated near heads of state and other important figures, to convey the administration's needs, appease hurt feelings, and stroke egos.



## SMELL OF SUCCESS

Now you can read about first ladies and smell like one, too. Originally released in 1955, Krigler's Lovely Patchouli 55 was Jackie Kennedy's favored perfume, with a scent composed of patchouli flowers and hints of amber. ([krigler.com](http://krigler.com))

## TRAVELING •••••TROUBADOUR



ART GARFUNKEL

very smooth. I started looking for stairwells, rooms where I could sing in private and see, "Is this really as good as I think it is?" And I would start getting goosebumps if I picked the right songs.

**If you could relive one year from your time in Simon & Garfunkel, which would it be?**

The year we made *Parsley, Sage, Rosemary, and Thyme*. We made five albums that made up our popular career, and *Parsley, Sage* is the middle one. When you're making the third one, you're in your stride. We were [then] realizing that an album could be as arty as you want it to be. And this was all Beatles influenced. Let's chase after The Beatles, we were thinking. We could make our album as artful as we wanted it to be. That was a very exciting notion.

**What do you remember most about Simon & Garfunkel's historic 1981 concert in Central Park?**

I remember rehearsing in the afternoon and feeling that the buzz around town was growing rapidly. The day of the show, New York City at noon felt like something. And New York City at 4 in the afternoon felt like a whole lot of something else. And New York City at 7 really felt exciting. You could feel the buzz around town was rapidly growing into monumental proportions.



**GARFUNKEL DISCUSSES HIS LOVE OF LONG-DISTANCE WALKING AT [PALMBEACHILLUSTRATED.COM/ARTGARFUNKEL](http://PALMBEACHILLUSTRATED.COM/ARTGARFUNKEL)**

When childhood friends Art Garfunkel and Paul Simon started mimicking the Everly Brothers in school talent shows, they had no idea they'd one day record a string of albums that would define the sound of the 1960s. Their success was due in part to Art Garfunkel's rich voice, showcased on iconic hits such as "Bridge Over Troubled Water." An avid reader and poet, Garfunkel will appear at the **Sunrise Theatre** in Fort Pierce February 2 to tantalize audiences with Simon & Garfunkel classics and songs from his solo years. He recently spoke with *PBI* about his voice and career. (772-461-4775, [sunrisetheatre.com](http://sunrisetheatre.com))

**PBI: What was your relationship to music growing up?**

**Garfunkel:** I heard singing around the house. My parents could sing and I heard it on the radio, [artists like] Nat King Cole. I realized I had a real nice voice at about 5 or 6 years old. Very early I saw that I could sound like the radio and be