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Pick the Right Moisturizer for Your Skin Type

🕒 November 18, 2019 👤 Komal Upadhyay

Does it seem like there are numerous choices in moisturizers? And you just can't figure out which one is best for you. If you are struggling to find a perfect moisturizer for your skin, you have landed at the right place.

Moisturizing is an enjoyable part of a skin regime and is very helpful in making skin look healthy and hydrated throughout the day. With new brands coming in, picking which is best for your skin might be tricky and choosing a formula which is not right for your skin is not a good idea. Don't worry, we will help you out selecting the right moisturizer that suits your skin preferences. We will discuss the skin types and related moisturizers. If you have any confusion in determining your skin type, you will benefit a lot with the ***Bared Face Method***. Simply read on to find out the skin type and how-to moisturize it with the right products.

What's your skin type?

 skin type pic

Knowing your skin type is must before you apply anything on your face or body. We are born with different skin types ranging from dry, oily, combination, normal or acne prone. You might be wondering where do you stand? There is a very simple way to determine the skin type

Bared Face Method;

- Clean your face with a mild cleanser and gently dry.
- Leave your skin bare for 30 minutes
- Now examine your skin, cheeks, nose and forehead
- Give another 30 minutes
- If your skin feels light, you have a dry skin
- If you feel shine on round nose or forehead, it's normal or combination
- And if you have a glowing face, nose and forehead, you have oily skin

Which moisturizer is right for you?

Hopefully, you have figured out your skin type. Now it's time to find the right moisturizer for your skin. Featuring four popular skin types:

 Dryskintype

Dry skin becomes more annoying during winters. People with dry skin need a long-lasting moisturizer that goes through the day. Lotions and moisturizer that contain Shea butter, jojoba oil or coconut oil work best for this skin type. Always choose oil-based moisturizer for your dry skin to keep it hydrated during winters.

Recommend products by TJC experts

- *Alicia Douvall- Argan Oil Moisturizer 50ml- 100% Organic and Chemical free*
- *CB and CO Caffeine Enriched Facial Oil*

oilyskintype

Combination skin refers to a normal skin around cheeks but oily on the T-zone, which covers nose, forehead and chin. Pick a moisturizer that is designed to balance oily T zone and hydrate it. A perfect one will have a thick texture but won't leave any greasiness.

Recommend products by TJC experts

- *Powder Duo Face Serum*
- *Royal Moroccan Moisturizing Conditioner*

dryskintype

Sensitive skin has a higher tendency to react than average skin. If you have sensitive skin, you need a moisturizer that boosts hydration, soothes irritation, and possesses healing properties. We recommend you take special care of your sensitive skin that becomes very dry during the winters.

Recommend products by TJC experts

- *Niche Beauty Aloe Pure Body Moisturizer*
- *Green Forest Aloe Vera Moisturizer Gel*

dryskin copy 2

Feel like your face is drenched in oil every time you look in the mirror? Darling, you have an oily skin. Oily skin retains moisture better than any other skin type, hence, you need to avoid oil-based moisturizers. Go for oil-free moisturizer that feels light and offers moderate moisture to your skin.

Recommend products by TJC experts

- *Doctors Formula Probiotics 12 Hour Day Protection Moisturiser*
- *Blossom Jeju Pink Camellia Soombi Blooming Essence Serum*

A good moisturizer is the foundation for an effective skin care regime. Hence, always pick the right moisturizer. If you happen to live in dry climate or environment, keeping skin hydrated can be difficult. We suggest you go for **humidifiers** that prevent dryness in the area and provide the right amount of moisture to your skin. You can choose [Argan oil bath and shower](#) for relaxing warm showers ensuring amazing moisturizing through the day. It's all about perfecting your skin regime with the right set of products and TJC is ready to help you out with the goal.

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