



shower power

There's no better way to start the day than a good shower, with a helping hand from Thames Water



Are you a morning person? Do you enjoy cold, dark winter starts? If not, chances are that your shower is your best friend. No matter how tired, run down or bleary-eyed you might feel when you first step into it, a quality shower has the power to transform, refresh and revitalise. Put simply, a good shower brings you back to life. But what happens if your shower loses its power? Or, worse still, your current bathroom doesn't even have one?

That's where Thames Water can help – we offer a range of top quality showers, fitted by experts. Here are the answers to four questions you might ask before buying.

1 I've got a bath. Why should I switch to a shower?

Showers are well known for their therapeutic benefits but they can also cost less to use than baths. A shower is quicker because you don't have to wait for the bath to fill and, with an electric shower, you only heat the water you use. Showering instead of bathing can save up to 400 litres of water a week! That's a big saving on both water and electricity.

2 OK, what kind of shower should I go for?

There are many different types of shower available. As well as the simpler models, some have massage pads attached to the nozzle, while others have a wide spray zone that will suit larger showers – or larger users! However, your choice of shower system will largely depend on your method of hot water supply. For instance:

- If you have a good supply of stored hot water, such as a cylinder in your airing cupboard, you can choose from a mixer shower, a power shower or, if you want to conserve your stored hot water, an instant electric shower.
- If you have a combination boiler then you will be limited in your choice of shower. You'll only be able to get a mixer shower or an instant electric shower and not a power shower.

