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Keyword: AriaH-Hossein Rastegar

12-250 Word Articles

1. **Ariah-Hossein Rastegar: How to invest money when you don't have a lot**

Successful real estate investors like AriaH-Hossein Rastegar, CEO of [Rastegar Capital](#), know how daunting it is for individuals to invest without base capital to begin with. Regardless of how little money an individual may have to invest, it is still possible to make a profit by following some simple startup advice. Many investors such as Rastegar suggest the following options for beginning investors.

New investors should look at employer sponsored retirement plans as an easy first consideration for investing. The options for employee contributions into a 401K combined with employers offering matching funds makes this option the easiest way to begin investing. Even if an employer doesn't match employee contributions, this is still a practical starting point for new investors.

According to Rastegar, Ken Griffin, Blackstone Properties, and other renowned investors, respectable online brokerages offer another viable and uncomplicated possibility for those individuals with modest amounts of money for investment. Brokerages like Vanguard, TD Ameritrade, Charles Schwab, and E*Trade offer opportunities to begin investing at cheap starting rates. These firms often provide a wide selection of commission free exchange-traded funds (ETFs) combined with significantly low commission rates on other investments.

Another recommendation for those investors with more than a few hundred dollars to spare is to consider a dividend reinvestment plan (DRIP). This process allows the investor to invest in



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individual stocks at a very low rate, but this also means that the investor's ability to spread out risks in individual stocks will be limited. However, AriaH-Hossein Rastegar and other investors point out that reinvesting dividends will allow new investors to buy small amounts of stock directly from companies and help them avoid volatility in the stock market.

Sources: <http://www.marketwatch.com/story/5-investing-tips-for-people-who-dont-have-a-lot-of-money-2014-11-08>

<http://thefirstmillionisthehardest.net/invest-lot-money/>

<http://www.goodfinancialcents.com/how-to-invest-small-amounts-of-money/>

2. **Ariah-Hossein Rastegar: How to invest without risk**

There are multiple low-risk investments that can produce modest returns for the more cautious investor. Some real estate investors like AriaH-Hossein Rastegar of [Rastegar Capital](#) may suggest that the risk-averse investor consider a few possibilities that may work with their approach to investing. Bank options like savings accounts and savings bonds may sound appealing, but both provide little to no return. Here are some other options to consider that can give the cautious investor a decent return.

Bank certificates of deposit (CDs) require the investor to keep the invested funds in the CD until the end of the term, but there will be a payout due to the interest rate as long as the funds are not removed early.

Money market funds are another feasible consideration. Made up of short-term bonds, CDs, and a variety of other investments, money market funds allow significant diversification without high risk. These safe investment options also allow funds to be removed at any time without penalty.

Rastegar and other respected investors also advise wary investors to consider dividend-paying stocks, which are more risky than savings accounts and government bonds, but end up giving investors both the dividend and stock-price appreciation values. In this way, investors are getting a regular income from the dividend-paying stocks as opposed to receiving only price gains from basic growth stocks.

Additionally, some investors like AriaH-Hossein Rastegar recommend examining peer-to-peer lending. In this scenario, the investor lends his money to another person with the expectation of being repaid. Working with a peer-to-peer lending company, like Lending Club or Prosper, can



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help reduce the chance of default and allow investors to gain modest returns without the high risk.

Sources: <http://www.bankrate.com/finance/investing/low-risk-investments-with-modest-returns-1.aspx>

<http://www.goodfinancialcents.com/low-risk-investments-options-high-yield/>

3. **Ariah-Hossein Rastegar: The financial goals every person should have**

Many renowned investors like Ariah-Hossein Rastegar, CEO of [Rastegar Capital](#), Ken Griffin, and Warren Buffett share their financial knowledge and successes with a wide variety of investors. These successful entrepreneurs offer some essential steps investors should contemplate to improve their financial health and future prospects.

A universal must for improved financial prospects is to eliminate debt. Financial goals will be far more difficult to achieve if the investor is burdened by a significant amount of debt, thus establishing a plan to pay off any debt is a necessity.

Another important financial step to consider is to plan for early retirement. By making early retirement a priority, an individual can front-load his entire retirement investment portfolio. This allows the individual to not have to work so hard toward retirement later in life. It may take longer than expected to reach retirement goals, and in some cases, poor health or extenuating circumstances may force a person to retire earlier than expected. Planning for early retirement can eliminate financial stress should these conditions occur.

Investors such as Ariah-Hossein Rastegar of [Rastegar Capital](#) also advise individuals to set up automatic deposits into an emergency fund. Most financial advisors suggest that a person have enough in his emergency fund to cover living expenses for up to six months. Because emergencies may happen at any time and can quickly wipe out extra savings, contributions to an emergency fund need to happen on a continuous basis. An easy way to fulfill this financial goal is to have automatic deposits taken from a paycheck so that there is a continuous flow of money being added to the emergency fund.

Sources: <http://www.goodfinancialcents.com/good-financial-goals/>

<http://money.usnews.com/money/blogs/the-smarter-mutual-fund-investor/2015/01/14/top-5-financial-goals-you-should-consider-for-2015>



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<http://www.forbes.com/sites/jrose/2016/02/11/7-financial-goals-every-genxer-should-have/#5f5eea877a10>

4. **Ariah-Hossein Rastegar: Red flags to look out for when investing your money**

Technology and the internet have opened doors for investors of all levels, but many prominent, profitable investors warn that these seemingly too good to be true mediums pose a danger to individuals and their hard-earned money. Renowned investors like Ariah-Hossein Rastegar, founder and CEO of [Rastegar Capital](#), advise people to look carefully at and avoid the following scenarios when choosing what stocks or companies to invest in.

Professional investors like Rastegar advise investors to look closely at businesses growth models and marketing strategies to determine if a company's financial numbers and predicted future outlook make sense and are practical. Avoid any businesses that promise significant returns in an extremely short time.

It is also wise to steer clear of unsolicited offers from strangers as these opportunities are almost always cons. Scam artists will assure potential investors of guaranteed returns, something that no business can realistically offer. Other red flags are salespeople who pressure individuals to invest or any faltering business attempting to convince a possible investor to place his faith in a failing company.

Another concern is businesses that have high turnover rates in managerial positions --- advisors, directors, CEOs --- as these are the signs of businesses that are struggling to survive. This information can be easily hidden from potential investors and requires more than a cursory look at the internet presence and financials of the companies the investor is considering investing in.

Ariah-Hossein Rastegar of [Rastegar Capital](#) and other successful investors recommend that individuals also avoid supposedly "tax free" offshore investments. Often cloaked in secrecy, these investments make it appear that the investor can evade taxes, however, in sending money overseas, investors may very well lose their money altogether with little recourse to recover the funds.



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Sources: <https://www.allbusiness.com/5-red-flags-every-investor-must-avoid-17544-1.html>

<https://www.securities-administrators.ca/investortools.aspx?id=736>

<http://www.intelliversitycampus.info/media/10%20Red%20Flags%20that%20Scare%20Away%20Investors.pdf>

5. **Ariah-Hossein Rastegar: What you should know before starting your own business**

Ariah-Hossein Rastegar is the founder and CEO of [Rastegar Capital](#), and like many other successful businessmen --- Warren Buffet, Donald Trump, Ken Griffin --- Rastegar built his empire through experience and shrewd business acumen. Prosperous businessmen and investors like Rastegar offer the following recommendations for those individuals who want to start a business of their own.

In order to be successful at business, an entrepreneur must not be afraid to fail. There is no guarantee that any venture will be successful, but if fear dictates the business owner's every decision, failure will be more likely than success. Confidence is a necessary characteristic of a successful business owner.

Business plans are a necessity as well; have the marketing strategy, funding, and financial forecasts in place to ensure a clear vision in regards to the business' purpose and marketing opportunity. In this vein, the business owner should also carefully think through any new product launches and know how those projects will fit into the overall goals and vision of the company.

New business owners should approach their venture realistically. Profits will not happen overnight; as lucrative business owners like Ariah-Hossein Rastegar know, patience is required as it takes time for a business to begin to turn a profit. Commit to learning on the job, and learning well. Know your target audience, identify an opportunity, and scope out the competition. This will help new owners create a unique sale proposition, allowing them to stand out from the competitors. Finally, new owners should consider staffing requirements, such as the type and number of employees needed for the company to operate effectively. A strong team is the backbone of a profitable business.

Sources: <https://www.entrepreneur.com/article/251188>



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<http://www.moneycrashers.com/what-need-start-business/>

<http://www.businessnewsdaily.com/7438-what-entrepreneurs-should-know.html>

<http://www.smarthustle.com/7-things-to-know-before-starting-your-business/>

6. **Ariah-Hossein Rastegar: The money secrets of a millennial millionaire**

Achieving millionaire status is possible for members of the millennial generation. Ariah-Hossein Rastegar, founder and CEO of [Rastegar Capital](#), and other younger millionaires like Lewis Howes and Mark Zuckerberg, reached their respective financial statuses through patience, careful study, and meditation.

Millennials should start their path to wealth by saving as much money as early as possible. Time used wisely will work to the benefit of this generation. Patience is also necessary, and if being a millionaire is the goal of a millennial, he needs to make every effort to sacrifice early and live below his means. Skills are also vital to attaining millionaire status. The youth that develop difficult skills that are in high demand will earn a higher income. Business classes are available for millennials who desire to establish and perfect the skills needed to become wealthy. Learning to stay on budget, invest properly, and live frugally can help millennials become millionaires.

Prestigious millionaires like Ariah-Hossein Rastegar emphasize the need for millionaires to use meditation as a path to enlightenment and as a way to stay focused and healthy amidst the stresses of attaining and retaining a high financial level. Rastegar states that “Health and wellness is a three-legged stool [...] attending to your body, mind, and soul for balance.” Rastegar credits his belief in himself, along with training and hard work, as reasons for the fortune he has amassed. Success is unlikely to come to an individual who does not take care of these critical aspects of the self.

Sources: <https://www.entrepreneur.com/article/247214>

<http://money.cnn.com/2015/05/21/pf/millennial-millionaire-prosperity-formula-romans/>

http://www.huffingtonpost.com/gobankingrates/10-ways-to-go-from-millenn_b_7972568.html



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<http://www.youngupstarts.com/2016/02/17/the-most-important-asset/>

7. **Ariah-Hossein Rastegar: What is financial freedom and how do you find it?**

For many people, financial freedom means the ability to spend time focusing on a passion or what they think is important in life. Perhaps one individual wants to retire early, while another may want the peace of mind of knowing that a secure emergency fund is in place for unexpected contingencies. Businessmen who have achieved financial freedom, like Ariah-Hossein Rastegar, founder and CEO of [Rastegar Capital](#), took clear, simple, confident steps to accomplish this goal.

It is necessary for an individual to realistically assess her financial state. Any credit card debt should be paid down first and foremost. Next, calculate lifestyle costs, including debits from checks and debit card transactions. After this step, identify any unnecessary expenditures that can be jettisoned from the monthly budget; for example, consider dinners out on the town and buying new clothes as actions that can be excised so that the extra cash may be invested in means that will bring one closer to financial freedom.

Investing in financial freedom comes in various guises: literal investment in real estate, stocks, and bonds, and spiritual investment in healthy relationships, habits, and knowledge. Ariah-Hossein Rastegar of [Rastegar Capital](#) is an avid proponent of self-reflection and care as integral paths to financial freedom and success. As lifestyle changes are often needed on the journey to financial freedom, Rastegar suggests that rather than “thinking of a lifestyle change as difficult or painful, think of it as a training for life. When you trust in the fact that life is happening for you, not to you, it’s much easier.” Balance in life --- body, mind, spirit --- can open the doors to financial freedom.

Sources: <http://www.youngupstarts.com/2016/02/17/the-most-important-asset/>

<http://www.moneysense.ca/save/financial-planning/11-steps-to-financial-freedom/>

<http://www.marketwatch.com/story/want-financial-freedom-get-your-living-expenses-under-control-2014-07-11>

<http://unstuckable.co/attain-financial-freedom-faster-than-you-think/>



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8. **Ariah-Hossein Rastegar: Advice for anyone looking to save money in 2016**

For those individuals looking to save money in 2016, the multitude of advice available can be overwhelming. Ariah-Hossein Rastegar of [Rastegar Capital](#) and other business owners, CEOs, and investors of similar prestigious status, are proof that some failsafe methods to save money can lead to greater financial health and wealth.

Initial steps that one can take are to record expenses per month, and then organize and categorize each record. Once these numbers are in place, create a budget that covers spending and prevents as much over-spending as possible.

Next, make a plan to save money, preferably about 10 – 15 percent of net income. Make savings goals and be sure to establish an emergency fund that can cover six to twelve months of living expenses. Savings plans can be easier to follow with the help of automatic transfers to a savings account with each paycheck.

Another simple way to save money this year is to shop for lower-cost insurances on life, liability, auto, and homeowners. Having a viable emergency fund in place means that a consumer can go with a higher deductible, which will also save money through lower insurance premiums.

Investors and CEOs such as Ariah-Hossein Rastegar also encourage individuals to look at various savings strategies and investments. Short-term financial goals for individuals looking to buy a new car or plan for a vacation can be achieved through regular savings accounts, money market accounts, or certificates of deposit (CDs). For longer-term goals, like retirement, investors should look to stocks, mutual funds, and FDIC-insured IRAs. Beginning or increasing contributions to a retirement plan reduces an individual's taxable income, and those contributions immediately grow.

Sources: <http://www.bankrate.com/finance/savings/tips/>

<https://www.bankofamerica.com/deposits/manage/ways-to-save-money.go>



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9. **Ariah-Hossein Rastegar: How to make money if your job doesn't pay well**

Investors and CEOs such as Ariah-Hossein Rastegar, founder of [Rastegar Capital](#), have some suggestions for individuals who want to make money, but whose jobs that don't pay enough. Creativity is a necessity for employees in need of additional income. With the median American income in decline, hard work and an entrepreneurial spirit can help employees find the extra income they need to achieve their personal financial goals.

Additional income can be found if an individual picks up a second method of employment. A part-time situation can increase yearly income and even allow individuals to use that extra cash to pay down debt. Blogging, consulting, and writing are a few methods available to individuals inclined toward sharing their skills and advice.

Employees can also consider markets like real estate as sources of potential additional income; purchasing investment property, flipping homes, or providing vacation rentals like Air BnBs offer a multitude of opportunities to supplement the weekly paycheck. Half of all Americans are not prepared to pay \$2000 in an emergency if they had to, thus additional income can alleviate unneeded additional stress in already pressure-filled crises.

The internet also offers some methods for individuals to make extra money outside of their full-time employment. Some successful businessmen like Ariah-Hossein Rastegar point to online marketing as a viable way to earn money. Creating and monetizing a website can provide that extra bit of income that can make all the difference to a family's financial budget. Reviewing and promoting products as an affiliate, email marketing, selling services, and selling advertising space can allow an individual to make more money even while working a low-paying job.

Sources: <http://www.mydreamstart.com/what-to-do-when-your-job-isnt-paying-you-enough/>

<https://www.entrepreneur.com/article/252154>

<http://www.incomediary.com/ways-to-make-money-from-website>



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10. **Ariah-Hossein Rastegar: Recession-proof your finances**

Weathering economic uncertainties during a recession is a strategy that many investors desire. A recession is a slowdown in economic activity that results in shrinking interest rates, investment losses, high unemployment rates, and a decline in home values. Ariah-Hossein Rastegar, founder and CEO of [Rastegar Capital](#), and other prosperous businessmen like Ken Griffin and Warren Buffett, share key tactics that the average American can use to recession-proof his finances.

Some common sense steps that an individual can take to protect himself from an economic downturn are to cut debts and rates, develop an emergency fund with at least six months' worth of cash on hand, and overpay on his mortgage. The latter option is generally the largest monthly bill for an individual, and taking time to reduce this particular debt will alleviate some personal economic stress if the economy falters.

People concerned with preparing for a recession can also look to investors like Ariah-Hossein Rastegar of [Rastegar Capital](#) for investment advice during economic uncertainty. A smart investment strategy to prepare for surviving a recession is to diversify investments and revenue streams. Reviewing the investment portfolio and considering rebalancing can help create a portfolio that can survive the difficulties of a failing market. Consider investing in income-producing assets such as peer-to-peer investing or purchasing rental property to generate a source of passive income. Rastegar and other investors also propose diversifying into hedge funds as a means of economically preparing for the worst. For example, gold and other metals are viewed as hedges against inflation. The CBOE Volatility Index (VIX) can act as an excellent hedge against severe fluctuations in the market. With adequate savings, investment diversification, and low amounts of debt, surviving a recession is possible.

Sources:

http://frugalliving.about.com/od/moneymanagement/tp/Recession_Proof_Finances.htm

<http://www.investinganswers.com/education/how-invest/recession-proof-your-finances-these-10-tips-6220>

<http://www.neamb.com/recession-proof-your-finances-and-investments.htm>



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11. **Ariah-Hossein Rastegar: Ready to invest? The best places to put your hard-earned money.**

Successful CEOs and investors, such as Ariah-Hossein Rastegar of [Rastegar Capital](#), achieved financial freedom by investing their hard-earned money in the right places. The following are some possible options for people who want a return on the money they have earned throughout their working years.

Budding investors should invest in their own selves; in other words, enroll in seminars, forge business relationships, and develop skills through classes and other means of advancement. Consider starting an at-home business to provide a secondary source of income. Look to real estate as a practical means in which to invest money in a tangible asset. With the exception of real estate ventures that involve high upfront costs, real estate in general can be a reliable investment that provides an investor with a source of passive income.

Ariah-Hossein Rastegar and other prominent businessmen and women are also savvy about alternative places to invest money. For example, precious metals, finite sources, have value based on the scarcity of the metal and its demand on the market. If an economic recession were to occur, an investor can move a significant portion of her money into precious metals, as the demand for those metals will increase as the economy sinks. Other viable options are high-yield savings and checking accounts at credit unions where interest can be made on these accounts at little to no risk on the part of the investor. Finally, take a look at energy stocks that pay safe dividends as this type of high-yielding stock, which ranges from utilities to real estate investment trusts, rarely cuts dividends even in a difficult economic environment.

Sources: <http://www.kiplinger.com/article/investing/T052-C003-S002-smart-places-to-park-your-cash-now.html>

<http://lifeandmyfinances.com/2015/09/invest-your-money-2016/>

12. **Ariah-Hossein Rastegar: The biggest mistakes people make when investing their money**

Newcomers to the world of investing are often prone to making mistakes, some of which can literally be costly in the end. Prominent and distinguished CEOs and investors like Ariah-Hossein



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Rastegar of [Rastegar Capital](#), Donald Trump, and Warren Buffett learned quickly from any errors they made, and rookie investors can look to these businessmen as models of successful stock market players.

One common mistake that new investors commit is to misunderstand the nature of the market and sell their stocks at the worst time possible: when the market hits bottom. Investors need to learn and accept the concept of “buy and hold.” Patient investors will prosper and be rewarded when the market rebounds. On the other hand, investors should not haphazardly purchase large amounts of “hot” stocks when the economy is booming. Markets will fluctuate without a guaranteed pattern, so investors would be wise to avoid going to extremes with investments.

Effective investors and businesspersons, such as Arian Hosseini Rastegar, made their fortunes in part by avoiding an all-too-common mistake: they didn’t trade stocks too often. Rastegar and Buffett know that smart investors should hold onto stock in prosperous businesses with effectual management and management practices. Additionally, new investors should avoid the damaging error of putting all their funds in one stock. Diversify stocks or consider funds that bundle less risky stocks. Place college savings and retirement funds in a portfolio that is appropriately diversified. This strategy will provide reasonable returns even during times of market volatility. Investors who avoid these frequent mistakes will make more from their investments and become successful businesspeople.

Sources: <http://www.kiplinger.com/slideshow/investing/T052-S001-biggest-mistakes-investors-make/index.html>

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