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### Keyword: Joseph Gagne

#### 10-60 Word Biographies

##### 1. **Joseph Gagne: Rental Property Basics**

Successful rental property owners, like Joseph Gagne, know that there are certain steps that new landlords should consider in order to turn a profit. Owners need to prepare ahead of time for issues like increased income taxes and repairs or updates that will need to be paid for by the property owner. Landlords should also take care in choosing tenants who will treat the property with respect and care.

##### 2. **Joseph Gagne: Choosing an Investment Property**

Joseph Gagne and other successful rental property owners look for key aspects of any properties they are interested in purchasing and renting out to others, including neighborhood, job market, crime, schools, and property taxes. Each of these components is important in selecting and purchasing a rental property that can eventually provide passive income and be profitable. Choosing the right neighborhood, looking at job growth, examining the quality of school district, and being familiar with property taxes are necessary for success.

##### 3. **Joseph Gagne: Skeet Basics**

Joseph Gagne and other skeet competitors enjoy the sport because of its challenging nature. Combining mathematics and geometry, skeet involves shooting clay traps at various areas on a circular field with a 50-yard diameter. It is meant to mimic the possible flight patterns of birds flushed out of cover during hunting season. A purely American game, skeet was created in Massachusetts and its widespread popularity had led it to become an internationally recognized sport.



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### **4. Joseph Gagne: Improving Your Skeet Shot**

Joseph Gagne and other veteran skeet shooters use key factors like proper swing and mount motion, footwork and placement, and gun fitting to improve their performance in this sport. These three components can have a significant impact on a competitor's shot quality, production, and overall results. Swinging and setting the mount, turning the left foot and shoulder forward, and having the gun properly fitted will lead to better shooting results.

### **5. Joseph Gagne: Traditional Archery Basics**

Joseph Gagne and other avid archers have learned that the traditional style of archery requires proper equipment for the best results. Traditional archery requires a longbow or recurve bow; an arrow with a wooden shaft, nock, and proper fletching for accuracy; a quiver for extra arrows and archer protection; and a shooting glove to help promote a more accurate shot.

### **6. Joseph Gagne: Best Archery Targets**

Archers like Joseph Gagne have learned the best targets to use with particular bows and arrows. Some of the best and most lasting targets are filled bag targets, foam targets, and 3-D targets that are in the shape of animals. Archers should do their research and make sure that the targets they choose are appropriate for the type of bow and arrow being used.

### **7. Joseph Gagne: Massachusetts Army National Guard History**

Joseph Gagne and other Massachusetts Army National Guardsmen know the crucial role that their organization has played in the history of the United States. Founded in 1636, the group that eventually became the Massachusetts Army National Guard was involved in early colonial wars and the Revolutionary War, as well as other great American conflicts like the War of 1812 and the Civil War. In modern times, the Army National Guard has been involved in fighting terrorism and working to liberate peoples in the Iraq and Afghanistan wars.

### **8. Joseph Gagne: CrossFit Exercise Program**



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Joseph Gagne, like many other athletes, has found the CrossFit exercise program extremely beneficial to his physical and mental health. CrossFit is designed to promote varied movements through exercises that are completed at a high intensity over a short period of time. These exercises are drawn from sports like running, weightlifting, and rowing. CrossFit also promotes camaraderie, motivation, and enjoyment as part of its program.

### **9. Joseph Gagne: Automotive Elegance LLC**

Joseph Gagne, co-owner of Automotive Elegance LLC in Stoneham, Massachusetts, has created a successful business built on quality performance, products, and personnel. Automotive Elegance LLC specializes in superior paint protection wraps for vehicles that prevent chips and scratches, thereby protecting the owner's investment on the car. All the car technicians are certified at the highest levels and are knowledgeable in current automotive industry trends.

### **10. Joseph Gagne: Auto Detailing**

Joseph Gagne, co-owner of Automotive Elegance LLC, and other professional car detailers have long know the tricks of the trade to make customers' cars look like new. The surface of the vehicle should be treated with appropriate cloths to prevent paint and other surface damage. The interior can be cleaned with air compression and a stiff brush. Tires are best cleaned with non-acid cleaners or degreasers

## **18-250 Word Blog Posts**

### **1. Joseph Gagne: Rental Property Basics**

Individuals who have become successful rental property owners, like Joseph Gagne, followed certain steps in order to make their rental properties profitable. In order to be successful as a landlord, a certain amount of care and preparation is needed to make this business investment one that is worthwhile for the property owner.



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The savvy rental property investor can, by managing his property wisely, pay it off and create passive income for many years to come. In order to create this situation, new landlords need to be aware of certain situations that can occur during the process of owning rental property. Depending on the state the property is located in, the landlord's income taxes may rise, which he needs to be prepared for so as to avoid shortages or going into arrears. Having this information ahead of time also allows the owner to adjust monthly rental process accordingly.

Another important step that successful landlords, such as Joseph Gagne, consider is to visit and inspect their property frequently. Owners who don't regularly check in on their rental properties may be in for some unfortunate surprises if renters cause significant damage to the home or apartment. This leads to an additional consideration: taking the time to find the right tenants. Choosing tenants carefully can add up to better property value and less damages incurred during the time they are renting the property. Successful property owners also understand that properties will require repairs and updates, and the price for that may need to come straight from the owner's funds.

Source: <http://www.thesimpledollar.com/what-i-wish-we-knew-before-buying-rental-property/>

## **2. Joseph Gagne: Choosing an Investment Property**

Successful property owners, like Joseph Gagne, have made their rental properties profitable by choosing the right places in the right locations. There are key aspects that landlords should look for in any properties they are interested in purchasing and renting out to others, including neighborhood, job market, crime, schools, and property taxes.

Potential property owners should purchase properties in the kinds of neighborhoods that will be attractive to steady, reliable tenants to limit the amount of vacancies that may occur. Choosing properties in locations that have exhibited job growth will give the owner a larger pool of tenants to choose from. Owners should also research crime statistics in the immediate neighborhood and nearest large town or city of the property they are interested in. In particular, attention should be paid to petty crimes, vandalism rates, and serious crimes, as well as the most recent criminal activity in the area.



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Another important neighborhood quality that successful landlords, such as Joseph Gagne, consider when buying rental property is the nearest school district. Tenants may have children or may be planning to have children, and will want to find homes or apartments near schools. Property owners should look for properties located in districts with good educational reputations. This can also help with resale value should the owner choose to sell the property in the future. Buying property near failing districts can negatively impact the property's value. Finally, property taxes are important to know so that rent can be adjusted accordingly. Landlords should contact the town or city's assessment office for details on taxes.

Source: <http://www.investopedia.com/articles/mortgages-real-estate/08/buy-rental-property.asp>

### **3. Joseph Gagne: Skeet Shooting Basics**

Many avid skeet shooters, like Joseph Gagne of Leominster, Massachusetts, are attracted to the sport because of its history, its challenging nature, and its competitive values. Created in Massachusetts, and synonymous with American independence, skeet first emerged in 1920 as a method of practicing for bird hunts.

In 1920 Andover, bird hunters devised skeet as a way to practice and prepare to shoot in the potential directions birds fly in when flushed out of hiding. Originally called "shooting around the clock," the practice was based on a circle with a 50-yard diameter that included a trap thrown up in the air at each of the hourly positions on the "clock." Eventually, the practice evolved into a competition amongst the hunters, and additional rules were developed to create skeet as a sport. Because angles are so important in this sport, mathematics and geometry are vital aspects of skeet success.

The types of registered guns used in skeet are all bore (12 gauge or smaller), 20 gauge, small gauge (28 gauge or smaller), and sub-small gauge (.410 bore). Those individuals new to skeet can be expected to hit 11 out of 25 targets to start, and improve from that point. In order to shoot officially registered targets, an individual must become a member of the National Skeet Shooting Association (NSSA). The main point of the game is to shoot and break as many targets as possible, all while adjusting to different angles, speeds, and directions at each station.



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Joseph Gagne and other veteran skeet competitors also value the game for its rules of etiquette, which promote safety and a gentlemanly attitude.

Source: [http://www.scskeet.com/Beginner\\_skeet/Beginner\\_Skeet.htm](http://www.scskeet.com/Beginner_skeet/Beginner_Skeet.htm)

#### **4. Joseph Gagne: Improving Your Skeet Shot**

Veteran skeet shooters, like Joseph Gagne, are aware that many factors play into the process of shooting skeet. Aside from the angular aspects of the sport, competitors also need to be aware of key factors like gun fitting, footwork and placement, and proper swing and mount motion. These aspects can have a significant impact on a competitor's shot quality and production.

A shooter who realizes that many of his shots are going in a particular direction needs to take his gun to be fitted. Taking the gun to a professional fitter with years of experience is highly recommended to avoid damage to the gun. Bringing the latest pattern board to the gun fitter will help in identifying how much the gun needs to be adjusted. Aside from gun fitting, proper shooting stance can also impact how well a shooter performs in skeet. The competitor should stand with his left foot forward followed by the left shoulder, and feet at shoulder width apart. This stance is the most advantageous one for the shooter.

Joseph Gagne and other skeet competitors have learned how to exercise the right swing and mount motion to improve their skeet performances. Professional skeet shooters swing first and then slide to the mount before they pull the trigger. This approach results in better efficiency and a better lock onto the target. The shooter also has the opportunity to better secure the mount before firing. While most beginner shooters are taught to mount and then swing, employing the opposite technique allows the shooter to become a more accurate shot.

Source: <http://shootoholic.com/how-to-shoot-skeet-better/>

#### **5. Joseph Gagne: The Basics of Traditional Archery**



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Outdoor sports enthusiasts, like Joseph Gagne, have taken up the sport of archery and, with practice, have excelled at it. Archery may seem simple on the surface, but it is a difficult and at times complex activity that requires proper equipment and practice for performance improvement. Some of modern archery's attractive features have their origination in its traditional form.

Traditional archery has some particular qualities that separate it from the more modern style. There are two types of bows used: the longbow, a straighter bow with a curve from one end to the other, and a recurve bow, which has more than one curve and a springy-motion that provides more power to the bow. Traditional bows require traditional arrows, made of a straight wooden shaft and a nock where the arrow can rest on the string of the bow. Traditional arrows also have fletching for stabilization of the arrow during flight and an attached tip that may be blunt or pointed, depending on whether the user is practicing or hunting.

Joseph Gagne and other archery participants who have knowledge of traditional archery know that the quiver and shooting glove are also important components for this style. The quiver is used for more than just holding extra arrows; it also functions as a safety method preventing the archer from hurting himself on an arrow that is not in use. The shooting glove, or tab, helps to release the bowstring smoothly and provide the most accurate release for the arrow. These are the apparatuses used for traditional archery practice and hunting.

Source: <http://www.artofmanliness.com/2010/11/04/taking-aim-a-primer-on-traditional-archery/>

### **6. Joseph Gagne: Best Archery Targets**

Avid archers, like Joseph Gagne, have found through trial and error the best targets to use for archery practice. The type of bow that the archer is using will dictate the type of target that is best to use. Ideally, the best targets will last the longest amount of time and stand up to consistent use and the wear and tear associated with the sport.

One of the most traditional types of targets is the filled bag target. The extensive surface area of the bag makes it an excellent choice for beginning archers. Filled with synthetic materials, the bag targets are made to withstand repeated use and are perfect targets for frequent practice shots without causing ruining the fletching on the arrow. For archers with light bows, foam targets are the perfect choice for



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practice. Made of layered foam, this type of target is sturdy and easily portable, but should not be used with bows that have a heavier draw weight because the powerful release can cause the arrows to become too deeply embedded in the target.

Joseph Gagne, like many other archers, has also had success with 3-D practice targets, which are best used with compound bows. The 3-D targets are made of foam and come in models of a variety of animals, such as deer and coyotes. These targets often have the vital organs clearly marked so the archer can become better at hitting targets for competition or hunting. These targets are best used with filed tip arrows to prevent extensive damage to the target.

Source: <http://pickabow.com/best-archery-target/>

### **7. Joseph Gagne: Best Archery Kits for Beginners**

While veteran archers, like Joseph Gagne, have had experience in choosing the best bow to use, beginner archers might find the process both intimidating and expensive. Compound bows in particular are the bow of choice for individuals new to the sport, but the prices associated with these bows can add up quickly. Beginner archers should do their research to find the best bow kits at reasonable prices.

One of the best bow kits available is the Bear Cruzer bow from Bear Archery. This company is known for producing high quality, durable bows at very affordable prices. Retailing for \$350.00, the Bear Cruzer is one of the most reliable bow kits and it comes with many additional perks for its cost. Another excellent choice for new archers is the PSE Fever from PSE Archery, which retails in stores for \$390.00. The PSE Fever sports excellent construction, solid build, and dependable performance. This is a very forgiving bow, making it a perfect choice for beginning archers.

Joseph Gagne and other veteran archers can also recommend other affordable bow kits for those people who are learning the sport of archery. The Diamond Archery Infinite Edge Pro is featured at Cabela's, and is known for its lightweight (3 points, 7 inches) and ability to fire at over 300 feet per second. The draw weight on this model is adjustable so the bow can "grow" as the archer becomes more skilled and experienced. This model features a sling, arrows, quiver, stabilizer, quick release, and a Hostage XL whisker rest, all for \$400.00.





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Source: <http://getzone.com/five-of-the-best-ready-to-hunt-bow-kits-that-will-bullseye-your-budget/>

### **8. Joseph Gagne: Army National Guard in Massachusetts**

Massachusetts Army National Guard members, like Joseph Gagne, take pride in the history behind this organization. The Massachusetts branch of the Army National Guard is one of the nation's first and oldest organizations, with a history that originates in the legislative act of the Massachusetts Bay General Court in 1636. This year is considered the birthday of the National Guard.

The Massachusetts Guardsmen have been involved in nearly all major conflicts in the history of the United States. Originating during colonial times, the organization had significant roles in both the French and Indian War and the Revolutionary War, where they were featured in the battles of Lexington and Concord as well as the Battle of Bunker Hill. In 1775, the Massachusetts Army was inducted into the Continental Army, which eventually became the U.S. Army. After the War of 1812, there was a rise in volunteerism and the creation of the Massachusetts Volunteer Militia, which was directly involved in all aspects of policing in Massachusetts.

Joseph Gagne and other Massachusetts Army National Guardsmen are well-educated in the history of their organization. After involvement in the Civil War and Federalization, the organization was renamed the Massachusetts National Guard. The group participated in both World Wars, and was reorganized again in 1946 for combat during the Cold War, including in Korea, the Berlin crisis, and the Vietnam War. In more recent times, the Massachusetts Army National Guard has been deployed to deal with issues involving terrorism, such as 9/11, as well as the wars in Iraq and Afghanistan. The Massachusetts Army National Guard has had a storied place in the history of America.

Source: <http://www.thenationsfirst.org/army-national-guard-history.html>

### **9. Joseph Gagne: Cross-Fit Training**

Many sports and exercise enthusiasts like Joseph Gagne have found the CrossFit system a great benefit for muscle building and conditioning purposes. This regimen was first developed by Greg Glassman as a



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program designed to improve fitness and health through the process of varied movements executed at a high intensity.

CrossFit workouts are all based on functional movements that are meant to mimic some of the best and most challenging aspects of sports like rowing, gymnastics, running, and weightlifting. These exercises need to be completed at a high intensity in order to maximize the amount of work completed in the shortest amount of time. The CrossFit program encourages varied exercises on a constant and consistent basis, meaning that the individual will see significant changes in his fitness levels.

This particular exercise program depends on data that provides important information beyond just motivation. Running a clock, keeping accurate times and scores, and clearly defining the standards of performance are necessary for the CrossFit program to fully benefit the trainee.

Joseph Gagne and other athletes have found one of the most beneficial aspects of CrossFit to be the community that grows in association with the program. Community breeds motivation, competition, fellowship, and enjoyment in sports and activities that benefit the mind and body. Having groups of CrossFit participants helps to keep motivation at a high level, and leads to better accountability and exercises practices amongst CrossFit members. With over 11,000 affiliates worldwide, CrossFit has become a program that is challenging while also promoting the concepts of teamwork and fun.

Source: <https://www.crossfit.com/what-is-crossfit>

### **10. Joseph Gagne: Automotive Elegance LLC**

Joseph Gagne is the co-owner and manager of Automotive Elegance LLC in Stoneham, Massachusetts. With years of car detailing and maintenance experience, Gagne, along with Rick Jeffries, offers high quality automotive service and protection to many satisfied customers. Particular emphasis is placed on superior craftsmanship and attention to detail with every customer order.

Automotive Elegance LLC offers clear bra and paint protection services for car owners. Gagne points out that many new vehicles are painted with water based paints that are environmentally friendly, which



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helps the environment but can cause the car paint to be scratched more easily and to chip more frequently. Automotive Elegance LLC uses XPEL Ultimate's Self-Healing film to provide a high level of paint protection. This product is excellent at deflecting debris and stones from the road to prevent paint chipping from occurring. Additionally, XPEL Ultimate's Self-Healing film is composed of special elastomeric polymers that appear to "heal" themselves over time, eliminating scratches or swirl marks from the car's surface.

As a co-owner of Automotive Elegance LLC with sixteen years of experience, Joseph Gagne has taken care to use only the highest quality materials and hire only the best, most talented staff. The company has partnered with many automotive detail shops, dealerships, and body shops. The technicians hired at Automotive Elegance LLC are certified and expert at providing perfect car film installation. The Automotive Elegance LLC technician's are certified at the highest levels and remain current on their knowledge of industry-leading techniques. Automotive Elegance operates in a 6000 square foot facility with plenty of space to service every automotive need.

Source: <http://clearbraboston.com/about/>

### **11. Joseph Gagne: Auto Detailing**

Professional car detailers like Joseph Gagne, co-owner of Automotive Elegance LLC, have plenty of experience to draw upon and share with individuals who want to start their own car detailing business or the average car owner who wants his car to look professionally finished.

It's vitally important to treat the surface of a vehicle with great care. While auto paint has substantially improved over time, it can still be prone to chips and scratches. Chemical paint cleaners, paint-cleaning clay, and microfiber cloths can help give newer cars a professional shine. As for the interior carpeting, using a stiff scrub brush and compressed air can help loosen up dried dirt and vacuum it up. Leather interiors should be treated using a conditioner with aloe. A small compressor can also be used to blow out dust from ducts and grills, helping to eliminate musty air and unpleasant odors.

Joseph Gagne and other professional car detailers also know how important clean tires are to customers. Non-acid tire cleaners should be used on tires, both new and old, and the same cleaner can be used to remove brake dust from the wheels. Degreasers can also be used on tires, but detergents



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are not recommended because of the damage they can do to if they come in contact with the car's paint. Finally, experts suggest hand-washing a car, which not only makes the experience more personalized, but also allows the owner to inspect the car's surface. A carwash solution should be used on the surface, not dishwasher detergent that can ruin protective wax coatings.

Source: <http://www.popularmechanics.com/cars/how-to/g99/10-tips-to-clean-and-detail-your-car-like-a-pro/>

### **12. Joseph Gagne: Beginning Carpentry Skills**

Carpentry is a traditional skill that many people, like Joseph Gagne, have been determined to develop and improve upon. This particular skill is one that requires the right equipment, knowledge, and practice. Those individuals new to carpentry can learn from people like Gagne who have, through experience, excelled at this craft.

A good carpenter has a tool belt with all his needed supplies nearby and on hand. As obvious as this may sound, tools can be misplaced easily while working on a large project and can result in wasted time and unnecessary frustration. Because measuring is at the heart of this skill, having a measuring tape and a pencil available at all times is a must. The old adage "measure twice, cut once" does apply here, so beginning carpenters need to be extra careful before cutting any material. Also, when marking a measurement to be cut, a carpenter should mark the cutting point with a large V, which is more accurate than using a penciled line. A speed square is an excellent tool to use to mark right angles.

Joseph Gagne and other experienced carpenters are familiar with the two styles of saw used for cutting: the circular saw and the hand saw. The circular saw does make the cutting process quicker and it can cut on angles, but it is a dangerous tool and must be handled with extreme caution. A handsaw will make the cutting process lengthier, but can still get the job done. Carpenters should check the handsaw regularly for dullness.

Source: <http://www.motherearthnews.com/diy/carpentry-skills-zmaz87jazgoe.aspx>

### **13. Joseph Gagne: Freshwater Fishing Ethics**



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Many experienced sport fishermen, like Joseph Gagne of Massachusetts, are respectful of the natural surroundings they are in during the course of fishing. There are some general ethics that freshwater fisherman follow in order to be environmentally conscious and to leave the body of water available for other fishermen to use.

Firstly, ethical fishermen clean up after they are done fishing. Leaving litter around is not only environmentally unfriendly, but it can also be dangerous. Fishermen who leave fishing line behind are endangering the lives of any other animals in the vicinity that may pick it up or become entangled in it. The same goes for leaving behind hooks, lures, bobbers, or bait containers. Additionally, it is poor form to leave any unwanted fish that have been caught out of the water to die and to rot upon the shores. Anglers should take the time to find out if the land they plan to fish from is public or private; if the land is private, the fisherman should ask permission to use it, whether the land is posted or not.

Ethical anglers like Joseph Gagne stay up to date on any changes to rules or regulations that may occur every year, as each state has its own individual policies. In general, states recognize that there are two reasons to keep game fish: for mounting as a trophy or to consume. Any game fish taken must be dead when leaving any body of water. Those anglers who catch-and-release should be sure to have a hook disgorger handy to removed deeply-set hooks from fish mouths.

Source: <http://www.mass.gov/eea/agencies/dfg/dfw/hunting-fishing-wildlife-watching/fishing/angler-ethics.pdf>

### **14. Joseph Gagne: Kayaking Tips**

Many people with adventurous spirits, like Joseph Gagne, have found kayaking to be an excellent way to explore new places and get exercise at the same time. Kayaks were first built by North American Intuits approximately 4,000 years ago and were used to help those peoples hunt on inland islands. Today, kayaks are used for recreation, but require the proper techniques and equipment to get the most out of the sport.

Modern kayaks are made of different materials ranging from cheaper products, like plastic, to more expensive substances like Kevlar. Kayaks are built for particular environments like surf, whitewater, racing, and touring. Kayaks are also designed differently and built in different lengths depending on the



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specific activity the consumer wants to participate in. Regardless of the type of kayak, the kayak operator needs the right kind of paddle. Kayaks use two-bladed paddles, and those kayaks that are longer and wider will require a longer paddle. Shorter paddles are best for smaller kayakers of shorter stature.

Joseph Gagne and other experienced kayakers are also aware of the safety equipment that is necessary to safely kayak. All kayakers should have life vests on, even in shallow bodies of water. Many kayakers use the U.S. Coast Guard Type III flotation device because it is lightweight. This style of life vest also features large arm openings for easier movement and comfort. Helmets are another vital piece of equipment all kayakers should wear, especially if kayaking in rocky waters. Sprayskirts can be used by kayakers to keep important equipment and the lower half of the body from getting wet.

Source: <http://www.seeker.com/kayaking-for-beginners-what-to-know-before-you-go-1765390893.html>

### **15. Joseph Gagne: Best Obstacle Course Races**

Many athletic adventurers like Joseph Gagne have taken part in a new style of race that has become a cultural phenomenon: the obstacle course race. This type of race, with uniquely designed challenges for its participants, has become extremely popular amongst both amateur and professional athletes.

There are a wide variety of obstacle course races, and before becoming a participant, an individual should be aware of exactly what the race they are interested in entails; some obstacle races are more intense and involved than others. An obstacle course race like the Civilian Military Combine, whose participants must make it through THE PIT --- an entirely separate physical challenge --- before qualifying for the obstacle course race itself. A race more geared toward fun than competition is the Columbia Muddy Buddy Ride and Run series, where partners team up to ride mountain bikes and run a 5K obstacle course that features a 50-foot long mud pit. The obstacles are designed to be fun and costumes are encouraged for participants.



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Joseph Gagne and other obstacle race enthusiasts can also choose to participate in themed obstacle races like Run For Your Lives where runners try to avoid zombies who try to steal the runners' health flags. Skipping an obstacle means the runner is considered a zombie and ineligible for a finisher's medal. A more strenuous obstacle race is the Spartan Beast, a race so difficult only 50-60% of entrants finish the course. The Spartan Beast is a 10-mile race, and the penalty for skipping obstacles is immediate completion of ten to thirty burpees.

Source: <http://www.bodybuilding.com/fun/11-great-obstacle-course-races-choose-best-adventure.html>

### **16. Joseph Gagne: Saltwater Fishing Equipment**

Sport fisherman like Joseph Gagne know that saltwater fishing requires solid rods and reels that are appropriate for this type of fishing. The right rod and reel is the foundation for a successful fishing venture. There are certain traits that a saltwater fisherman should look for when purchasing a new rod or reel.

Modern rods are made of fiberglass or graphite; fiberglass is tougher and more powerful while graphite is stiffer and more sensitive. A fisherman also needs to consider the action, power, and length that he needs for the type of fish he intends to catch. A longer rod may cast farther, but if the fisherman requires more power for fighting fish, a shorter rod is the better choice.

Reels also deserve careful consideration; saltwater reels are classified as either low-speed or high-speed. Low-speed reels are designed to give more power for fighting fish, spinning at less than a 4:1 ratio. High-speed reels have a gear ratio of greater than 6:1 and are used to retrieve baits at a high rate of speed. There are some reels that provide both speed options to the fisherman. Another important consideration for a reel is line capacity and the need for a saltwater reel that has the recommended line weight that is marked on the rod. Looking at the recommended line weight for a rod can help a fisherman determine which rod is right for the saltwater fishing the angler intends to do.

Joseph Gagne and other experienced anglers choose their fishing equipment very carefully when planning a saltwater fishing expedition.

Source: <https://www.takemefishing.org/saltwater-fishing/saltwater-fishing-gear/saltwater-rods-reels/>





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### **17. Joseph Gagne: Best Places to Kayak in Massachusetts**

Avid Massachusetts kayakers, like Joseph Gagne, have a variety of locations to choose from for kayaking adventures. Massachusetts boasts multiple waterfronts that offer kayaking opportunities for both amateur and veteran kayakers.

An excellent location to kayak while in the city of Boston is the Boston Harbor Islands. This sea tour takes kayakers around Spectacle Island, and half-day excursions are available for beginning kayakers, who also learn about the history of the islands as well as kayak safety and fundamentals. More experienced kayakers are welcome to tour all the islands, but should be cautious of the extensive amount of boat traffic in Boston Harbor. Slightly north of Boston lies Plum Island, and this location offers a full range of kayak experience for beginners and veterans. Group tours are available as well as general kayak rentals.

Joseph Gagne and other experience kayakers can also take a more adventurous kayaking route by kayaking on some of the turbulent whitewater areas of eastern Massachusetts. The Deerfield River is an excellent challenge for experienced kayakers who want some whitewater adventure, and beginners who would like to try to navigate some mild rapids. For veteran kayakers, the Deerfield River has intense whitewater sections on a Class IV and V levels. Kayakers do need to check an updated dam release schedule for this river during the fall and spring. The Deerfield River dam discharges can add up to 1,000 cubic feet per second of water to the river's flow, and this can be extremely difficult and dangerous for even an experienced kayaker to manage.

Sources: <https://www.boston.com/culture/new-england-travel/2014/07/10/10-great-places-to-kayak-in-new-england>

<http://www.livestrong.com/article/245127-places-to-kayak-in-massachusetts/>

### **18. Joseph Gagne: Obstacle Course Races in Massachusetts**





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Obstacle course races have become very popular and social forms of exercise that many people, like Joseph Gagne, have participated in. Massachusetts offers many different kinds of obstacle course races for both serious competitors and for participants looking to have some fun while getting some exercise.

One famous Massachusetts obstacle race is the Samurai Sprint Run in Westport, which features a 5K race combined with *American Ninja Warrior*-inspired obstacles. Runners will need to flip tires, climb walls, and climb ropes as well as complete the 3.1 mile run. For another fun option, there is Worcester's Big Man Run XX, a four mile race that includes three stops where runners must drink an eight-ounce beer and eat a hot dog at every stop, as well as tip their servers. The 5K Foam Fest in Haverhill provides mud pits, tons of foam, and inflatable obstacles for its participants, making it a family fun event.

Many obstacle course racers, such as Joseph Gagne, also gravitate toward more challenging races, like the BattleFrog Race in Barre, which was designed by the Navy SEALs. This race has a lap-style course that offers many levels of difficulty and distance. The BattleFrog Race provides so many options that competitors of all levels can find a course for their abilities. Reebok's Spartan Race, an 8 – 10 mile run, also called the "Boston Super," the Spartan Race provides a stiff challenge to its competitors. Another challenging option lies just outside of Boston at the Gladiator Training Grounds, where runners face a 5K course with over 25 obstacles.

Source: <http://www.boston.com/culture/health/2015/06/05/15-crazy-themed-summer-races-in-new-england>

### 1-400 Word Wikipedia Profile

#### 1. Joseph Gagne: Rental Property Basics

Joseph Gagne, a successful rental property owner from Massachusetts, has become a profitable landlord because of the care and dedication he has placed in his business investment.

Smart rental property investors, like Gagne, can pay off the debt on their property and create passive income by managing the properties effectively. Landlords need to be cognizant of potential situations



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that can occur during the process of owning rental property, such as higher income taxes. Being prepared for this scenario allows the rental owner to adjust the monthly rent prices accordingly.

Savvy landlords also visit and inspect their property frequently because those who do not may find out too late that their tenants have caused significant damage to the apartment or home. To avoid this kind of situation, a rental property owner must take the time to find the right tenant which will result in better property values and less damages incurred during the tenancy. Successful property owners also prepare for necessary property updates, both those that are expected and unexpected.

Property owners can also increase their rental property value by choosing the right properties in the right locations. It is smart to purchase properties in neighborhoods that will be attractive to steady, reliable tenants to limit tenant turnover. Locations near towns and cities that have proven job growth will give the owner a larger group of tenants to choose from. Landlords should also research crime statistics in the locations they are interested in and in the nearest large town or city. Property rental owners should pay special attention to petty crimes, serious crimes, and vandalism rates as well as updated statistics on recent criminal activity.

Successful landlords, such as Joseph Gagne, also invest significant time in examining the school districts for the locations they are interested in buying. Property owners should look for properties located in districts with good educational reputations as many tenants may have children or plan to have children, and want to live in areas with exemplary educational systems. The resale value of a property in a quality school district will also improve should the rental owner choose to sell the property in the future. It is vitally important to investigate the school districts for available properties as buying property within failing districts can negatively impact the property's value. Additionally, rental owners should be familiar with the amount of property taxes for various locations so that rent can be adjusted accordingly. Landlords can contact the city assessment office for details on taxes.

Sources: <http://www.thesimpledollar.com/what-i-wish-we-knew-before-buying-rental-property/>  
<http://www.investopedia.com/articles/mortgages-real-estate/08/buy-rental-property.asp>

### 1-400 Word Article



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### 1. **Joseph Gagne: Archery Targets and Bow Kits**

Joseph Gagne, along with other avid archers, has, through experience, found the best targets and bow kits to use for archery. The type of bow being used dictates the type of target that works best with the chosen style of bow. The best targets will stand up to consistent use and the wear and tear associated with archery.

The most common type of target is the filled bag target. It is an excellent choice for beginning archers because of the bag's large surface area. Filled with synthetic materials, bag targets can withstand repeated use. They are also perfect targets for frequent practice shots as this kind of target will not ruin the fletching on the arrow. For archers with light bows, foam targets are the perfect choice for practice. This type of target is sturdy and easily portable, but should not be used with bows that have a heavier draw weight. The powerful release of that heavy a bow can cause the arrows to become too deeply embedded in the target, making it difficult to remove them without causing damage to the target itself. Many archers also use 3-D practice targets, which are best for use with a compound bow. The 3-D targets are made of foam and come in models of a variety of animals, real, extinct, or fantastical. These targets often have the animal's vital organs clearly marked and are best used with filed tip arrows to prevent extensive damage to the target.

Veteran archers, like Joseph Gagne, have had experience in choosing the right bow to use, and pass this knowledge on to beginner archers. Compound bows are the popular choice for individuals new to the sport, but these bows can be very pricey. Beginner archers should do their research to find the best bow at prices that fit their budgets.

Joseph Gagne and other veteran archers recommend affordable bow kits for those people who are learning the sport of archery. One of the best bow kits available is the Bear Cruzer bow from Bear Archery. Retailing for \$350.00, the Bear Cruzer is one of the most reliable bow kits and it comes with many additional perks for its cost. The Diamond Archery Infinite Edge Pro, featured at Cabela's, is also a popular, lightweight (3 points, 7 inches) model with the ability to fire at over 300 feet per second. The draw weight on this model is adjustable so the bow can "grow" as the archer becomes more skilled and experienced.



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### **1-350 Word Press Release – Standard**

#### **1. Title: Joseph Gagne: Automotive Elegance LLC**

As the co-owner and manager of Automotive Elegance LLC in Stoneham, Massachusetts, Joseph Gagne has years of car detailing and maintenance experience. Gagne, along with co-owner Rick Jeffries, provides high quality automotive service and protection to customers. Emphasis is placed on quality craftsmanship, certified work, and attention to detail with every customer order.

As its primary function, Automotive Elegance LLC offers paint protection services and clear bra application for car enthusiasts. Because new vehicles are painted with water based paints that are environmentally friendly, the car paint can be scratched more easily and chip more often. XPEL Ultimate's Self-Healing film is the product of choice at Automotive Elegance LLC as it provides a superior level of paint protection. XPEL film deflects debris and stones from the road to prevent paint chipping from occurring. Additionally, XPEL Ultimate's Self-Healing film contains special elastomeric polymers that appear to "heal" themselves over time, and this eliminates swirl marks and scratches from the car's surface.

Auto detailing is also a top service offered to customers of Automotive Elegance LLC. Both Gagne and Jeffries use the highest professional methods in cleaning out ducts and filters, scrubbing carpets clean, freshening tires, and hand-washing the vehicle to give the car the ultimate professional look. Appropriate tools and products are used to ensure that the car's surface is not damaged and that the owner is satisfied with the final product before driving away.

As a co-owner of Automotive Elegance LLC with sixteen years of experience, Joseph Gagne has taken care to use only the highest quality materials and hire the most talented, certified staff. The company has partnered with many dealerships, body shops, and automotive detailing shops. The technicians hired at Automotive Elegance LLC are certified at the highest levels and are expert at providing perfect car film installation; they are required to remain current on their knowledge of industry-leading techniques. Automotive Elegance operates in a 6000 square foot facility that offers plenty of space to service every automotive need. Aside from detailing and surface protection, Automotive Elegance LLC provides basic automobile services to its many happy and satisfied customers.



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**Summary:** Automotive Elegance, co-owned by Joseph Gagne, provides both cosmetic and internal car treatments for owners who want their vehicle to look professional.

**Location:** Leominster, MA

**About:** Joseph Gagne, co-owner of Automotive Elegance LLC, is a car enthusiast with sixteen years of experience on the automotive industry.

**Categories:** (Cars, detailing, paint, film, certified, Joseph Gagne)

**PR Contact:** N/A

### **2-50 Word SBA.gov**

#### **1. Joseph Gagne: Rental Property Basics**

Joseph Gagne, an experienced landlord, prepares for issues like increased income taxes and repairs or updates that will need to be paid for by the property owner. In regards to tenants, he takes the time and care necessary to choose tenants who will treat his property with proper attention and respect.

#### **2. Joseph Gagne: Choosing an Investment Property**

Rental property owner Joseph Gagne looks at certain aspects of a property before purchasing it, like the neighborhood, schools, crime rates, job market, and property taxes. Choosing the right neighborhood, being familiar with property taxes, looking at job growth, and examining the quality of school district are necessary for properties to turn a profit.

### **1-75 Word Video Script**



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### 1. **Joseph Gagne: Skeet Basics and History**

Skeet enthusiasts like Joseph Gagne enjoy the challenging nature of the sport. Success in skeet relies upon angles, mathematics, and geometry as it involves shooting clay traps in multiple directions on a circular field with a 50-yard diameter. Skeet mimics the patterns of birds flushed out of cover during hunting season. This sport was created in Massachusetts in 1920 and was originally designed as a method for practicing to hunt; competitive natures arose amongst participants, and skeet became an official sport.

### **3-75 Word Video Marketing**

#### 1. **Joseph Gagne: Traditional Archery Basics**

Avid archers like Joseph Gagne know that the traditional style of archery requires proper equipment for the best results. Traditional archery requires a longbow or recurve bow; an arrow with a wooden shaft, nock, and proper fletching for accuracy; a quiver for extra arrows and archer protection; and a shooting glove to help promote a more accurate shot. As opposed to using a more modern, composite, compound bow, a traditional bow better connects the archer to the history of the sport.

#### 2. **Joseph Gagne: Best Archery Targets**

Archers like Joseph Gagne have learned through experience the best targets to use with certain bows and arrows. Some of the best and most lasting targets are 3-D targets that are in the shape of animals, foam targets, and filled bag targets. Archers should make sure that the targets they choose are appropriate for the type of bow and arrow being used, otherwise the chances of damage to arrows or the target itself might be substantially higher.

#### 3. **Joseph Gagne: Automotive Elegance LLC**



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As the co-owner of Automotive Elegance LLC in Stoneham, Massachusetts, Joseph Gagne has built a profitable business with foundations in superior products, certified personnel, and quality performance. Automotive Elegance LLC specializes in superior paint protection wraps for vehicles; these wraps prevent chips and scratches, and help an owner preserve the life of the car, a significant investment for most people. The certified technicians at Automotive Elegance LLC also offer other basic car maintenance services, like car detailing and repair.

### **5-30 Word Video Descriptions**

#### **1. Joseph Gagne: Improving Skeet Shooting**

Joseph Gagne and other experienced skeet shooters focus on gun fitting, proper swing and mount motion, and foot work and placement to improve their performance. These three qualities have a significant impact on a competitor's shot quality, production, and overall results.

#### **2. Joseph Gagne: CrossFit Exercise Program**

Joseph Gagne uses the CrossFit exercise program because of its many positive impacts, both physical and socially. CrossFit promotes varied movements through exercises that are completed at a high intensity over a short period of time.

#### **3. Joseph Gagne: Professional Car Detailing**

Joseph Gagne, a professional car detailer, knows the steps necessary to make a customer's car look brand new. The exterior of the vehicle should be handled gently with microfiber cloths, and the interior can be cleaned with a stiff scrub brush and air compressor.

#### **4. Joseph Gagne: Carpentry Saws**



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Experienced carpenters like Joseph Gagne are accustomed to using the two styles of carpentry saws: the hand saw and the circular saw. The hand saw may require more time and physical effort, but it is a safer option than the circular saw.

### **5. Joseph Gagne: Massachusetts Freshwater Fishing Rules**

Joseph Gagne and other experienced Massachusetts anglers stay updated on the latest changes in fishing rules and regulations. In this state, anglers can keep fish for display as a trophy or to eat.

### **5-60 Word Photo Sharing**

#### **1. Joseph Gagne: Massachusetts Army National Guard**

Massachusetts Army National Guardsmen like Joseph Gagne know the history of this organization and its incredibly significant role in the creation of the United States. Founded in 1636, the militia that eventually renamed the Massachusetts Army National Guard was involved in early colonial wars and the Revolutionary War, as well as other great American conflicts like the War of 1812, the Civil War, and both World War I and II. Fighting terrorism and liberating oppressed people in Iraq and Afghanistan have been the Guard's primary roles in modern times.

#### **2. Joseph Gagne: Safety Equipment for Kayaking**

As an experienced kayaker, Joseph Gagne is familiar with the necessary equipment needed to kayak safely. Life vests, or personal flotation devices, are a must for safety purposes. Helmets are another piece of equipment kayakers should wear to protect the head if the kayaker is thrown into rocky terrain. Sprayskirts can be used in the kayak itself to keep the lower half of the body dry and to protect valuable items.





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### **3. Joseph Gagne: Saltwater Fishing Rods and Reels**

Joseph Gagne, a sport fisherman, knows that saltwater fishing requires particular rods and reels that are appropriate for this type of fishing. Without the right rod and reel, the fishing venture will likely be a failure. Saltwater fishing requires rods that fit with the fisherman's purpose: to deep sea fish with a longer rod, or fight fish with a shorter rod. Reels need to have the right weight according to the type of rod being used.

### **4. Joseph Gagne: Kayaking in Massachusetts**

Massachusetts kayaker Joseph Gagne has a wealth of locations to choose from for kayaking ventures. The Boston Harbor Islands offer kayaking with a beautiful view of Boston. There are opportunities for both beginners and veteran kayakers north of Boston at Plum Island. For those seeking a challenge, the Deerfield River provides whitewater kayaking at intense Class IV and V levels.

### **5. Joseph Gagne: Obstacle Course Races**

Joseph Gagne, an obstacle course race enthusiast, can choose from a variety of races that offer extreme physical challenges or just plain fun. The Civilian Military Combine, for example, is an extremely demanding race that requires participants to pass a physical test before the race. On the other hand, a race like Run For Your Lives is more lighthearted, with runners encountering both obstacles and zombies.

## **25-15 Word Image Descriptions**

- 1.** As a co-owner of Automotive Elegance LLC, Joseph Gagne has taken care to use only the highest quality materials and hire only certified, talented staff.
- 2.** As a rental property owner, Joseph Gagne knows that smart landlords visit their properties on a regular basis.



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3. Many athletic adventurers like Joseph Gagne enjoy a new, popular style of race: the obstacle course race.
4. Avid Massachusetts kayakers, like Joseph Gagne, have a variety of locations and levels to choose from for kayaking adventures.
5. As an experienced archer, Joseph Gagne, has discovered the best bow kits and targets to use for archery.
6. Massachusetts Army National Guard members, like Joseph Gagne, take great pride in the organization's storied history.
7. Athlete Joseph Gagne has found the CrossFit system to be very effective for muscle building and conditioning purposes.
8. Joseph Gagne, a professional car detailer, knows how important clean tires are to customers, and offers advice about the best cleaners to use for high-class results.
9. Veteran archers, like Joseph Gagne, have had experience in finding the best bow at an affordable and reasonable price.
10. Like other Massachusetts Army National Guardsmen, Joseph Gagne is well-educated and informed as to the prominent history of the organization.
11. Joseph Gagne and other experienced kayakers are also aware of the safety equipment necessary to safely kayak in all conditions.
12. Successful landlords like Joseph Gagne take time to research the quality of school district in any area they are considering purchasing property.



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13. Joseph Gagne and other skeet competitors have practiced to achieve the right swing and mount motion for success in this sport.
14. Joseph Gagne and other veteran archers can recommend affordable bow kits for those people who are new to archery.
15. Many obstacle course racers, such as Joseph Gagne, look for a challenge, like the BattleFrog Race in Barre, which was designed by the Navy SEALs.
16. Joseph Gagne and other experienced anglers choose their fishing equipment with thought and care when planning a saltwater fishing expedition.
17. Experienced sport fisherman like Joseph Gagne are respectful of the natural surroundings and private land rights they encounter while fishing.
18. Joseph Gagne and other skeet competitors enjoy the sport because of its rich American history and its challenging nature.
19. Joseph Gagne and other Massachusetts kayakers enjoy kayaking around the Boston Harbor Islands in the summertime.
20. Joseph Gagne enjoys skeet because of its challenging nature, its competitive values, and its extensive history.
21. Savvy rental property investors, like Joseph Gagne, can pay off property debts and create a steady stream of passive income.
22. Joseph Gagne, co-owner of Automotive Elegance LLC, has created a successful business founded on quality products, personnel, and performance.



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- 23.** Before purchasing a rental property, Joseph Gagne and other successful landlords look at school districts, job growth, crime statistics, and tax rates.
  
- 24.** As an avid skeet shooter, Joseph Gagne has his gun fitted on a regular basis to improve his performance in competitions.
  
- 25.** Joseph Gagne, like many other archers, has had success with 3-D practice targets, which are best used with compound bows.

