

Reading and Discussing Books: What are the Benefits?



Why do you read?

In our daily life, we always learn something new and different. Most of the time we gain that new information by reading it on books or the internet, although we could also get the information we need from other sources. Therefore, most of you must have known the reason why someone read. By reading, we could enrich our vocabulary, build critical thinking skills, improve our focus and concentration, even reduce stress.

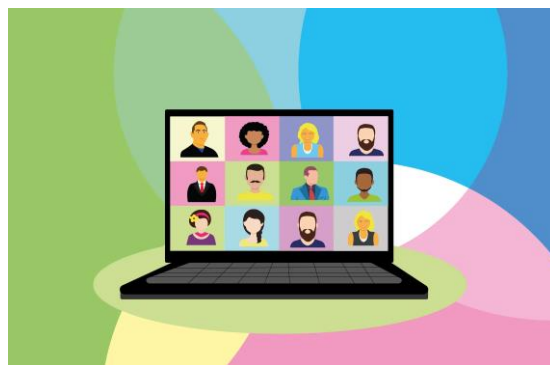
But, I think reading is boring...

A lot of people think that reading is a nerdy and boring activity. However, others may not believe it. This happens because some hobbies might not be everyone's cup of tea. Another person, another taste. **To answer this debate...**

..., have you ever heard of book discussion club?

If you still believe that reading is not fun, have you considered joining a book discussion club? Reading books to discuss with others may give you a different experience and sensation than reading independently. Reading alone is great, but when we read knowing that we will be discussing it with others makes us more focused and satisfied. Now, if you've never been part of a book club, it may seem intimidating. You might think of a group of people gather together to discuss a book that they don't even like in the first place. But, hey! A book club may be more interesting than you think.

I'm sold! Is there a book club I can join? What are we going to do there?



Zoom Meeting Animation by Pixabay.com

Of course! What you asked, we served it. **Book for Talk** has a special program that you can join. This program is held 2 times a month, in the middle and end of the month. Books to be discussed are determined by genre, not title. Given the current pandemic conditions, the meeting will be held via zoom meeting which will be sent via the email you registered. Because we are a non-profit organization, this program is free of charge. So, what are you waiting for? Go register yourself via this [link](#) and let's have fun together!