Focus:

Approaching leash holder without jumping
SIT command
No pulling on leash
Responding to name
Focus and engagement with leash holder

When to reward/what to reward for:

Any engagement with leash holder
        Eye contact or approaching
Calm approach to leash holder
Sitting on command
Follows leash holder when they move or turn
Approaches leash holder when name is called

Activities:

Work each activity in order until dog begins to understand the goals and respond quickly. Keep training sessions at a maximum of 45 minutes in order to not overstimulate the dog or lose their interest. At the beginning of each training session start from the beginning of the activity list to refresh the dog on what they have been learning before moving on to the activity that is currently in progress.

1. Give full length of the leash and reward for engagement with you while you stand still to get dog comfortable in surroundings
2. Call dog while standing still and reward for returning when name is called
3. Ask for SIT when approached by dog
4. Walk around area and reward dog for giving slack in the leash or returning to handler while walking around

Goals:

Dog keeps focus (partial or full) on handler when on a leash
Build basis for loose leash walking
        Stays within leash radius without pulling/self corrects when pulling
        Turns to handler when changing directions (slowly or abruptly)
Begins automatic sit and front upon recall
Responds to name with focus and recall to front

Focus:

DOWN command
WAIT command
COME command
Refresh SIT command

When to reward/what to reward for:

Successful DOWN, WAIT, COME, and SIT commands
Focus, check ins, or engagement with leash holder

Activities:

Work each activity in order until the dog begins to understand the goals and respond quickly. Keep training sessions at a maximum of 45 minutes in order to not overstimulate the dog or lose their interest. At the beginning of each training session start from the beginning of the activity list to refresh the dog on what they have been learning before moving on to the activity that is currently in progress.

1. Leash holder stays stationary and lures dog into DOWN position
   a. Redirect dog with a NO if they begin to sniff the ground
2. Build SIT duration by placing in SIT command followed by WAIT command
   a. Reward often, slowly building time between treats
3. Implement same technique to build DOWN duration
4. Begin adding distance to the WAIT command in both SIT and DOWN with same technique
5. Recall with COME from WAIT command
   a. Ask for SIT upon approach to avoid jumping or running around in excitement

Goals:

Immediate DOWN on command
    No sniffing
WAIT command
    Minimum 6' distance
    Minimum 45 second duration
Immediate response to COME command
    Automatically moves into FRONT and SIT positions