

Your Next Team Step Challenge Is Here

Team  
Challenge

# Great American Adventure

November 5–December 3, 2018

## On Your Mark, Get Set, Go

We're partnering with Virgin Pulse®, an independent company, to make living healthier easy. Get rewarded when you participate in the Great American Adventure team challenge.

## Gather Your Crew and Trekking Gear

This route starts in Northern United States, winds through Canadian national parks and cities, then dips back to Seattle for the finish line.

## Signing Up Is Easy:

- Log in to your account at [ahealthmerewards.com](http://ahealthmerewards.com).
- Click **Challenges** at the top of your screen.
- Select your challenge and click **Join Now**.
- Scroll to the bottom, and join or create a team.

You can sign up for this challenge  
on the Virgin Pulse mobile app



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