

Can Dogs Eat Sesame Seeds?

Dogs can eat sesame seeds, which are high in nutrients, and can also have tahini, a Middle Eastern condiment made from sesame. High in fat and cholesterol, only feed your dog tahini sparingly.



Dogs can eat plain, unflavored tahini, which is made of roasted sesame seeds. Although healthy, it is high in fat, so only feed a small amount. Liberty Belle is being offered only a teaspoon. ©Melissa L Kauffman