

RESOURCES FOR HEALTH

Orthopedics and Sports Medicine Guide



Whether you consider yourself an athlete or not, the game of life often results in injuries that require the care of medical professionals. Louisiana boasts a number of orthopedic and sports medicine resources to get patients back on track. Orthopedics is the branch of medicine concerned with diseases, injuries and conditions of the musculoskeletal system. Physicians and other medical specialists tend to various conditions relating to the body's muscles and skeleton, including the joints, ligaments, tendons and nerves. It takes about 14 years of training to become an orthopedic doctor. Orthopedic doctors and surgeons, along with physical therapists, podiatrists, massage therapists and providers of orthopedic goods create a care-giving team to treat musculoskeletal injuries from swollen ankles to more serious diseases.

Under the leadership of Dr. Raoul Rodriguez, **Tulane Orthopaedics** provides cutting-edge orthopedic care while training the next generation of outstanding orthopedic surgeons at Tulane Medical School. Utilizing the latest technologies, such as the three-dimensional imaging O-arm, Tulane Orthopaedic's physicians can handle the most complex cases.

In addition to general orthopedic care, Tulane has leading specialists in the areas of surgical and non-surgical spine care; pediatric orthopedics and scoliosis; hand, foot and ankle surgery; total joint replacement; and sports medicine. Dr. Buddy Savoie of Tulane Institute of Sports Medicine is world-renowned for arthroscopic surgery on the shoulder and upper-extremities.

Tulane offers physical therapy for professional athletes and casual sports enthusiasts and patients often travel more than 100 miles to receive the best possible care. Whether Uptown at the Tulane Institute of Sports Medicine on the Tulane University campus, Tulane-Lakeside in Metairie for rehabilitation services, or Tulane Medical Center downtown, Tulane has a physician to solve all orthopedic problems.

For more information or to schedule an appointment, call 988-5800.

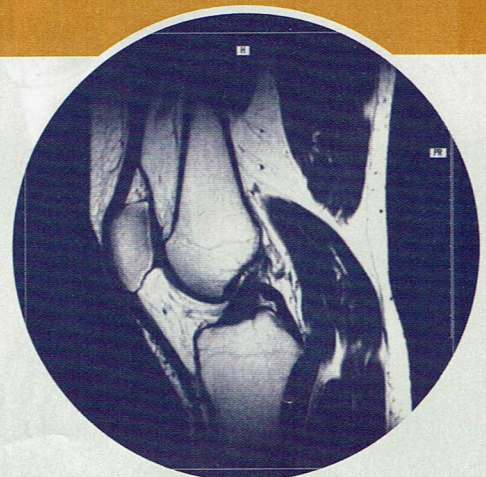
A Clinical Professor of Orthopedic Surgery at LSU Medical School and an expert in shoulder surgery, **Dr. Neil J. Maki** is well known throughout the area as an orthopedist specializing in sports injuries and shoulder work. Board-certified as an orthopedic

surgeon, and a member of the prestigious American Shoulder and Elbow Society and of the American Orthopaedic Society for Sports Medicine, Dr. Maki is one of the few in the area who performs carpal tunnel procedures endoscopically. He also performs shoulder replacement surgery, shoulder arthroscopy and treats rotator cuff injuries. Specializing in Orthopaedic/Sports Medicine Surgery, Dr. Maki is past president of the Louisiana Orthopedic Association and has given multiple presentations on shoulder disorders at national and international meetings. He developed instrumentation and techniques for arthroscopic shoulder procedures and was the first surgeon in Louisiana to do shoulder arthroscopy. Dr. Maki is a team physician for the Nicholls State University athletic programs and has also served as a team physician for the New Orleans Saints training camp from 2000-'02.

Dr. Maki's office is located at 525 St. Mary Street in Thibodaux. X-rays, ultrasound and physical therapy are also available at his clinic. To schedule an appointment with Dr. Maki, call (800) 521-2647 or (985) 446-6284.

Slidell Memorial Hospital offers full-service Surgical and Orthopedic facilities with pain management provided by the exclusive services of Anesthesiology and Perioperative Medical Consultants, LLC, composed of five board-certified anesthesiologists available on a 24-hour-a-day basis. As the only St. Tammany Parish hospital-based rehabilitation unit to be awarded three-year accreditation by CARF for its comprehensive Integrated Inpatient Rehabilitation Program, Slidell Memorial Hospital boasts quicker recovery times to help patients return to their everyday life as quickly as possible.

Slidell Memorial Hospital stays up to date with the newest technologies in orthopedics.



The department recently invested in a new state-of-the-art hana™ Hip and Knee Arthroplasty Table, which provides extensive maneuverability, continuous LED monitoring and a surgeon-controlled, powered femoral lift for improved surgical access. The new Hana™ Arthroplasty Table – one of just 100 in use across the country – allows for a less-invasive, single-incision anterior hip access with no disturbance of the lateral and posterior soft tissues, providing the patient immediate stability after their hip surgery and can cut the time spent in hospital post-surgery in half.

Slidell Memorial Hospital has appointments available. For more information, call (985) 643-2200 or visit www.slidellmemorial.org.

Dr. Edward Lang of Uptown Podiatry, a practice serving Greater New Orleans, offers expert podiatric services and provides advanced treatment options for the foot and ankle. As a podiatrist, Dr. Lang has a variety of treatment modalities to relieve foot and ankle pain. This may include prescribing orthotic devices, medication and performing inpatient and outpatient surgical procedures. He treats heel pain, diabetic foot wounds, plantar warts, achilles tendonitis and other common podiatric ailments. Uptown Podiatry is committed to patient education. Dr. Lang performs a variety of diagnostics and treatments to ensure total