

Welcome LETTER



Having recently moved house, it's come to my attention just how important a healthy and happy home environment can be to boost your overall wellbeing. In London, where many of us live with high levels of air pollution, we're getting more and more creative when it comes to fashioning our very own urban oases in the form of roof gardens, art installations and Instagram-worthy terraces. I was interested to discover that NASA recently revealed a list of the best air-cleaning plants for your home – proof, then, that the ubiquitous house plant trend is no fad, but rather, a vital lifestyle choice. Subsequent to my discovery, I spent a good hour browsing through images of cleverly styled ferns, palms and spider plants on Pinterest, and we sent Karen Jensen-Jones off to investigate how you can create an interior eden yourself with the help of The Fresh Flower Company in East Dulwich and Forest in Deptford.

Meanwhile, venturing beyond the home, we've rounded up the most verdant of alfresco dining and drinking spots in the area. There's also some seriously exciting happenings afoot at the Dulwich Picture Gallery, which is marking its 200th anniversary with a pavilion to rival that of the Serpentine as part of a winning collaboration with the London Festival of Architecture.

Speaking of achievements and landmarks, in this issue we also feature an interview with multi-award winning artist Adele, who shot into the stratosphere from humble beginnings in West Norwood. As a smug ticket holder eagerly awaiting the UK leg of her world tour this month, I enjoy the fact that she found the inspiration for *Hometown Glory* pacing the pavements right here in SE27. Turn over the page to find out more, and to read about why she'll always stay true to her roots. Home is where the heart is, after all.

Madeleine Howell, Assistant Editor

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*This month's
top 3 Instagram
posts from
The Resident*



@carolinethomsonart's colourful artwork has us super excited about #DulwichFestival's #ArtistsOpenHouse

Sparrow: It's a YES to #Sparrow in #Lewisham from us. Simple dishes with big global flavours done brilliantly!



The things you can get on a rooftop in #Peckham these days! Amazing #taco courtesy of #RokadollarDogs at #RooftopFilmClub