

## Getting an abortion in Beijing: Firsthand experience & tips

An unexpected pregnancy can be an extremely trying experience. First of all, you may not be sure what you would like to do. The positive side is that access to abortion, if that is what you decide is best for you, is relatively simple in China.

For abortion options, there are two choices: a medical (药流 *yàoliú*) or a surgical (人工流产手术 *réngōng liúchǎn shǒushù*, abbreviated as 人流 *rénliú*) abortion. Abortions can only be done after the pregnancy is confirmed via ultrasound, which is typically 4-5 weeks at the earliest.

### Medical abortion

A medical abortion can be done if you are still in the very early stages of pregnancy, meaning up to 8 weeks. A medical abortion might be a more attractive choice, as it is less invasive and typically much less expensive than a surgical abortion.

It requires you to go to the hospital (this is now an inpatient procedure requiring 3 days for some Beijing hospitals) and take medication that will terminate the pregnancy. It typically happens in two stages: The first dose on your first day, and the second dose is given later based on the doctor's recommendation.

If the abortion was incomplete, which is a risk, then you may need to have a D&C procedure (or surgical abortion) to complete the process.

### Surgical abortion

A surgical abortion may be recommended by doctors, as there is less likelihood of failure as with a medical abortion. However, the procedure is considered to be a surgery, and therefore is considerably more invasive and expensive. It entails you going to the hospital (inpatient) and being put under general anesthesia. However, it is a very common procedure that comes with a low risk of complication (compared to the medical abortion) and is generally very safe (although repeat surgical abortions are not recommended as they can damage the lining of the uterus and affect future pregnancies).

There are pros and cons to each of these options, of course, and you and your doctor must decide what the best course of action is for you.

However, you still may have some questions:

1. Where can I go?
2. How much will I have to pay? Will my insurance cover the costs?

## Recommended Hospitals

To address these questions, there are a few options in Beijing that we would recommend. Most of this information comes firsthand from trusted women. They graciously shared their personal experience so as to help others have an easier time. A few women also said that they contacted MyPengyou to get help in finding a hospital, which is where one recommendation on the list is from.

Several women in Beijing (who will remain anonymous) reached out to share their experiences at the following hospitals: Global Care Women's and Children's Hospital, Youanmen Hospital, and Antai Jiayuan Hospital. All of these women paid out-of-pocket, as insurance does not typically cover elective abortions (although you should check with your provider first to verify your options).

1. Global Care 北京五洲妇儿医院  
24 Xi Dawang Lu, Chaoyang District, Beijing, China  
北京市 朝阳区 西大望路 24 号



Global Care was recommended by at least 3 women. Costs are roughly 8-10k for surgical abortion. According to a recent patient, medical abortion now requires 3 days as an inpatient. There is an English-speaking nurse who was able to offer assistance for those who don't speak Chinese well. It is located near Jiulongshan Subway station along Line 14 and Line 7.

Contact Information  
Phone: 87769899  
Wechat: globalcare

2. Beijing Youan Hospital, Capital Medical University 首都医科大学附属北京佑安医院  
8 Xitou Tiao, Youanmen Wai, Fengtai District, Beijing, China  
北京市 丰台区 右安门外西头条 8 号



Youan Hospital (affiliated with Capital Medical University) was recommended by one woman. She said she had a very pleasant experience with staff who were kind and attentive, and an English-speaking doctor who explained everything well. Costs are roughly 3k RMB. It is located west of the Beijing South Railway Station on Line 4.

#### Contact Information

Phone: 83997599

Wechat: bjyayy83997025

3. Antai Jiayuan Hospital 安太嘉园医院  
Bldg 18, 1 Xingheyuan, Jiayuan Lu, Fengtai District, Beijing, China  
北京市 丰台区 嘉园路 星河苑 1 号院 18 号楼



Antai Jiayuan Hospital is a local hospital in Fengtai District that was chosen by one woman with the help of MyPengyou. Costs were roughly 3.5k RMB, including everything. There was an English-speaking contact at the hospital named Wanda who helped her. It is located near Gongyi Xiqiao Station on Line 4 (Daxing section).

#### Contact Information

Phone: 67537758

Wechat: BJ\_antai

Megan Purvis, FHEN Team

Sources:

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2. <https://www.thebeijinger.com/blog/2019/11/03/how-and-where-to-get-an-abortion-in-beijing>
3. <https://mp.weixin.qq.com/s/zD3P8IOJrI8iBT9EZ60XwQ> (Wechat article from Shanghai Renai Hospital)

