

RESTYLE ME



This month, three lucky **hair** readers reinvented themselves with a hot new look created for them by the Paul Mitchell Artistic Team

'I dyed my hair at home to a dark brown, but now I want to go back to blonde'



MEET THE READER
**STEPH, 24,
HERTFORD**

'I hate my colour at the moment! I dyed it at home and it's just too dark for my complexion. I really want to add some warmth and go for the blonde shade that all the celebs are wearing.'

THE CONSULTATION

Trishna and Vicky agree that Steph's hair is too dark for her, 'the blocky colour needs to be broken up with some sunnier tones of blonde - this will look fab!' When it comes to the cut, Lauren advises 'Steph should keep her length but add in some blunt layers to increase the volume to her hair.'



THE RESTYLE BEGINS...

Trishna applies varying shades of blonde to sections of Steph's hair using a foil technique. Once the colour process is finished, she adds in the layers before Lauren styles Steph's hair into a glossy and smooth blow-dry for her first look.

Creating the must-have blonde shade



Steph looks happy with how the restyle is progressing!



WE USED THIS!

To keep hair looking sleek and moisturised Paul Mitchell Awapuhi Wild Ginger Finishing Spray, £16.95 was used on Steph's voluminous blow-dry.



LOOK 1: YELLOW TOP, LONCHIE @ JOY, £22. RED FLORAL SKIRT, H&M, £14.99. BANGLES, ACCESSORIZE, STARTING AT £6. LOOK 2: TEAL DRESS, MAGGIE & ME @ JOY, £36

Switch it!

Switch up your style with an easy to create updo. Just curl some random sections of hair, then scrape back the sides and pin in place for some serious rockabilly style.



LOVE IT! I had an amazing day and I left feeling so confident, I adore my hair and loved the team!

Shiny A-list colour

With a classic bouncy blow dry, you can really see Steph's hot new sunkissed shade



'Show me how to style my unruly hair! I want glossy, manageable locks.'



MEET THE READER
**ASHTON, 23,
MIDDLESEX**

'I have naturally thick and curly hair that is prone to being quite frizzy - it can be difficult to get it glossy and under control. I'd really like to learn some tips from the experts as to how I can get that long-lasting sleekness and shine.'

THE CONSULTATION

The team take one look at Ashton's hair and all agree that Ashton should opt for a really glossy rich chocolate shade that will enhance her natural tones. A colour gloss will help add shine and lustre back into hair that is dry and porous, leaving it healthy and nourished.



THE RESTYLE BEGINS...

Vicky mixes up the perfect bitter-chocolate-brown shade and then applies the gloss colour all over Ashton's hair. Once the colour is washed out, the ends are trimmed and a soft side fringe is cut in to the left side of her hair. Next, the hair is blow-dried and curled with hot irons to give it a loose, easy-to-wear look.



The cutting begins

WE USED THIS!

If you want to create gorgeous glossy curls, try applying some Paul Mitchell Smoothing Gloss Drops, £14.95, through the mid-lengths and ends. This will add a sheen and help hold the curls in place.



Vicky shows off her blow-drying technique

LOOK 1: CORAL VEST, DOROTHY PERAINS, £5; GREY AND YELLOW SKIRT, PRIMARK, £12; CHUNNY GOLD AND BRONZE NECKLACE, ACCESSORIZE, £22; BROWN PLATFORM SANDLES, PRIMARK, £18
LOOK 2: CARBOL COLOURED DRESS, PRIMARK, £15



LOVE IT! 'I love my new style and will be recreating the bun for my next night out!'

Luxe curls

Ashton's hair looks rich, glossy and has a super sexy wave...we're definitely jealous.

Switch it!

Vicky simply pulls Ashton's hair into a high pony and secures with a band. Next the hair is pulled through a hair doughnut before being backcombed to create texture and height. Finally, it is wrapped around the doughnut, loosely twisted and pinned in place for a super-sized bun.



'My natural blonde is looking dull and lifeless... I need serious help!'



MEET THE READER
TEZIA, 26,
LONDON

Tezia says: 'I have naturally dark-blond hair, but it looks a little bit lack-lustre and I think it needs a serious colour lift to take me through the summer months ahead. I also like the idea of having a full block fringe cut in to my hair.'

THE CONSULTATION

Tom recommends that Tezia should go for a fringe. 'Tezia's face shape will suit a block fringe - it will make all the difference! We'll also bring Tezia's blonde bang on trend for summer by blending in tones of platinum blonde and warmer caramel blonde to really refresh her shade.'



THE RESTYLE BEGINS...

Tom first applies the colour with foils. Then, once it's been washed out, he cuts in Tezia's fringe and trims the length, whilst adding in a few face-framing layers. To finish, Tezia gets a blow-dry followed by some loose curls created with a big barrel wand. These curls are then brushed out and her hair is left with soft movement and volume.

Tom lightens up Tezia's shade with foils



Time to cut in a lash-skimming fringe

WE USED THIS!
To enhance movement and volume try out the new Paul Mitchell Pro Tools Ion Curl XL, £69.95



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Switch it!

For a quick switch: pull hair to one side and divide in half. Pull a 1cm section from one outer edge into the opposite half, then the same with the other half. Repeat all the way down for a fishtail plait. Loosen for a relaxed, summery feel.

Gorgeous bouncy blow-dry

A really pretty, easy way to create a soft wave effect, and it really showcases Tezia's colour.

LOVE IT!
'I love my multitonal colour and I have learnt some great summer styling tips too!'



FOR YOUR CHANCE TO FEATURE IN
RESTYLE ME
email a recent picture, your age and contact number, along with what you'd like to change about your current look, to hairmakeover@vitalitypublishing.com