# Quality you can trust from Quest Diagnostics—a leader in genetic testing.

Since the 1970s, we've been helping moms plan for the future with state-of-the-art genetic tests. Today, we offer more than 700 genetic tests using the best technology available.

Ask your doctor about prenatal testing from Quest Diagnostics or visit **QuestDiagnostics.com/PrenatalTest**.

## Other helpful resources

- March of Dimes—MarchOfDimes.com
- · National Down Syndrome Society-NDSS.org
- Trisomy 18 Foundation (Edwards Syndrome)—Trisomy18.org
- Genetic Support Foundation—
   GeneticSupportFoundation.org



## What if I need financial assistance?

Quest is in-network with most major health insurance plans and QNatal Advanced is usually covered, but the cost can still vary. We offer tools to help every mom access prenatal testing, regardless of her ability to pay.

### **QNatal Advanced Cost Estimator**

- This tool provides a personalized estimate of your out-of-pocket cost based on information specific to you and you pregnancy.
- Try the cost estimator at MyNIPTCost.com.

# Financial assistance available to all patients, with or without insurance

- Payment plans with monthly installments are available.
- For those patients who fall at or below the federal poverty level, testing is free. For those who fall between 100% and 400%, the maximum out-of-pocket cost is \$200.
- The application for financial assistance can be found at QuestDiagnostics.com/FinancialAssistance.

QNatal Advanced noninvasive prenatal screen is a laboratory-developed test, developed and performed exclusively by Quest Diagnostics. It has not been cleared or approved by the US Food and Drug Administration (FDA). Although laboratory-developed tests to date have not been subject to US FDA regulation, certification of the laboratory is required under CLIA to ensure the quality and validity of the tests. QNatal Advanced is performed exclusively by Quest Diagnostics.

#### QuestDiagnostics.com

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# **Q**Natal Advanced

Noninvasive Prenatal Screening

# **Screening** for the health of your baby



# Information for your peace of mind.

Your pregnancy should be a joyous event. Prenatal screening is an option for any woman to help provide peace of mind and guidance in planning for the future.

# What is the QNatal® Advanced noninvasive prenatal screening test?

QNatal Advanced is a simple blood test that can screen for certain genetic conditions, such as Down syndrome. The test provides accurate, reliable results as early as 10 weeks into your pregnancy.

# How is QNatal Advanced performed?

QNatal Advanced is a simple blood draw. It is a noninvasive screen without an increased risk for miscarriage.

# What are chromosomes and chromosomal abnormalities?

Chromosomes are structures inside cells that contain genes. These genes determine a baby's sex and tell the body how to develop. For example, typically girls have two X chromosomes, while boys have one X chromosome and one Y chromosome.

Most people have a total of 46 chromosomes. When someone is born with an extra or missing chromosome, it is called a chromosomal abnormality, and can result in intellectual or physical disabilities.

## What causes chromosomal abnormalities?

Most chromosomal abnormalities are not inherited from parents. Certain factors can increase the chance of your baby having a chromosomal abnormality, such as being 35 years or older.

## What conditions can QNatal Advanced detect?

QNatal Advanced screens for conditions resulting from having an extra chromosome (called a trisomy), and others resulting from having a missing chromosome (called a monosomy).

Condition	Characteristics
<b>Down syndrome</b> (trisomy 21)	Distinct physical appearance     Mild to moderate intellectual disability
Edwards syndrome (trisomy 18)  Patau syndrome (trisomy 13)	Severe intellectual disability     Physical disabilities     Only 5-10% of babies survive to their first birthday      Severe intellectual disability
	<ul> <li>Physical disabilities</li> <li>Only 5-10% of babies survive to their first birthday</li> </ul>
Turner syndrome (monosomy X)	Only occurs in girls Shorter than average May have problems with learning and other medical issues Many cannot have children
Other sex chromosome disorders, such as Klinefelter syndrome (XXY) or Triple X syndrome	Features vary by condition     May have problems with learning and other medical issues
Microdeletion screening for 7 clinically relevant syndromes*	Features vary by condition     May include intellectual     and physical disabilities

# Getting the QNatal Advanced screening: What you should know

## Who should get this test?

- QNatal Advanced is a safe, reliable choice for most pregnant women. This includes women who are carrying twins\* and those who used another woman's egg to get pregnant.
- It may also be ordered for any woman who would like more information about her baby's risk for a chromosomal abnormality.
- \* The QNatal Advanced screening cannot tell which baby is affected.

### How and when can I get the test?

- Talk with your doctor about QNatal Advanced to determine if it's right for you. You can get the test as early as 10 weeks into your pregnancy.
- You can have the test performed at your doctor's office or your local Quest Diagnostics Patient Service Center.

## What's the best way to get my test results?

The easiest way to get your results is with the MyQuest™
patient portal available at MyQuest.QuestDiagnostics.com.

#### Is QNatal Advanced the only test I need?

QNatal Advanced is very accurate, but a screening test cannot provide a definitive diagnosis. If your result is negative, it does not guarantee the birth of a healthy baby. If your result is positive, your doctor will want to follow up with further testing to confirm the result.



<sup>\*</sup> You may choose to opt-out of screening for microdeletion syndromes.