EDUCATION

- M.F.A. Creative Writing: Nonfiction, University of Alaska Fairbanks, May 2006.
 - Thesis: Something More Than Naked: Essays on Being a Runner.
- **B.S. Journalism: News-Information** with highest distinction and as first in the class, University of Kansas, May 2003.
- **B.A. English** with highest distinction and honors, University of Kansas, May 2003.

RELATED EXPERIENCE

- **Reporter,** *Laramie Boomerang*, February 2007-present. Write weekly features for the Outdoors page while also covering education, entertainment, environment, government and health.
- **Public outreach volunteer**, Pilot Hill Project, January 2018-September 2020. Wrote news releases for an outreach committee as part of a community effort to purchase a parcel of private land near Laramie for public access.
- **Copy editor**, *Laramie Boomerang*, October 2006-September 2007. Edited and designed pages and special sections.

HONORS AND AWARDS

Wyoming Press Association Pacemaker Awards, second place for news-feature story, 2019 Laramie Boomerang Local's Choice for Favorite Columnist, 2019

Wyoming Press Association Pacemaker Awards, second place for feature story, 2015.

Wyoming Press Association Pacemaker Awards, second place for news-feature story, 2012.

Wyoming Press Association Pacemaker Awards, second place in specialty reporting, 2012.

Wyoming Education Association School Bell Award, 2010.

University of Kansas National Merit Scholar, 1999-2003.

PUBLICATIONS AND PRESENTATIONS

- "Dancers in the Snow," Wyoming Wildlife, April 2020
- "Wyoming Women in the Media," Higher Ground Fair, Laramie, Wyo., September 2016
- "Retracing the Ready-worn Grooves," North Dakota Quarterly, Fall 2008.
- "The Route to the Top," Writing on the Edge, Spring/Summer 2006.
- "Destination Race: A Far-Flung Run Worth Traveling For (If You Dare)," Runner's World, November 2004.