

## GEORGIA JAGGER

goes the extra mile to stave off unsightly spots pre-fashion show. "Although my skin is usually pretty good, I get spots without fail the day before. When I have a breakout, I go to bed with Eve Lom's Dynaspot on my face, then carry on applying it until the last minute."

**DIY** Always be armed and ready with a skin-rescue fixer-upper to instantly zap spots or discoloration, especially when a big event looms close.

GEORGIA USES Dynaspot, Eve Lom

**ALSO TRY:** Skinflash Radiance Booster Pen, Dior for quick cover-ups

# model behaviour

How does the supermodel set survive Fashion Week? Here's what we uncovered when we grilled these catwalkers backstage on their beauty secrets **TEXT SHANTILA LEE**

**KARMEN PEDARU'S** sanity-saving parfum is Coco Mademoiselle. "I look for a fragrance that has longevity to keep me going through fashion month. I love scents that are powerful to the senses but also sweet and feminine," quips the Chanel-ophile. "I switch to Fan di Fendi for evenings."

**DIY** Nothing gets you through long, arduous days like an uplifting spritz of your most-loved scent, so stash a stress-busting purse spray in your bag.

KARMEN USES Coco Mademoiselle EDP 200ml, Chanel

**ALSO TRY:** Pack the purse spray for a quick pick-me-up

PHOTOGRAPHY CORRINA IMAGES COURTESY OF GUCCI

**MIRANDA KERR** is our supernatural supermodel *du jour*, headlining an inside-out oil craze for keeping her skin glowing, no matter how hard she works: "I won't go a day without coconut oil. I take four tablespoons a day, either on my salads, in my cooking or in my cups of green tea."

**DIY** Take a cue from Miranda and give the daily dose of coconut oil a spin; also try body oil and skincare infused with au naturel coconut for that on-the-go glow.

**ALSO TRY:** Shea Butter Hand Cream, L'Occitane blends coconut oil for rich moisture

WHAT WORKS Shea Beautifying Oil, The Body Shop

What the experts prescribe for de-stressing and upping energy levels before a show

**ROSIE HUNTINGTON-WHITELEY** religiously uses Lancôme Bi-Facil to get rid of makeup between runway shows: "I use it all over my face as it's fast and gentle." A skin-savvy supermodel (is there any other kind?), Rosie never leaves her face drowning in the vestiges of last night's makeup.

**DIY** Opt for a similar oil-and-water based bi-phase formula that nixes even waterproof, catwalk-hardy makeup in a flash.

ROSIE USES Bi-Facil Eye Makeup Remover, Lancôme

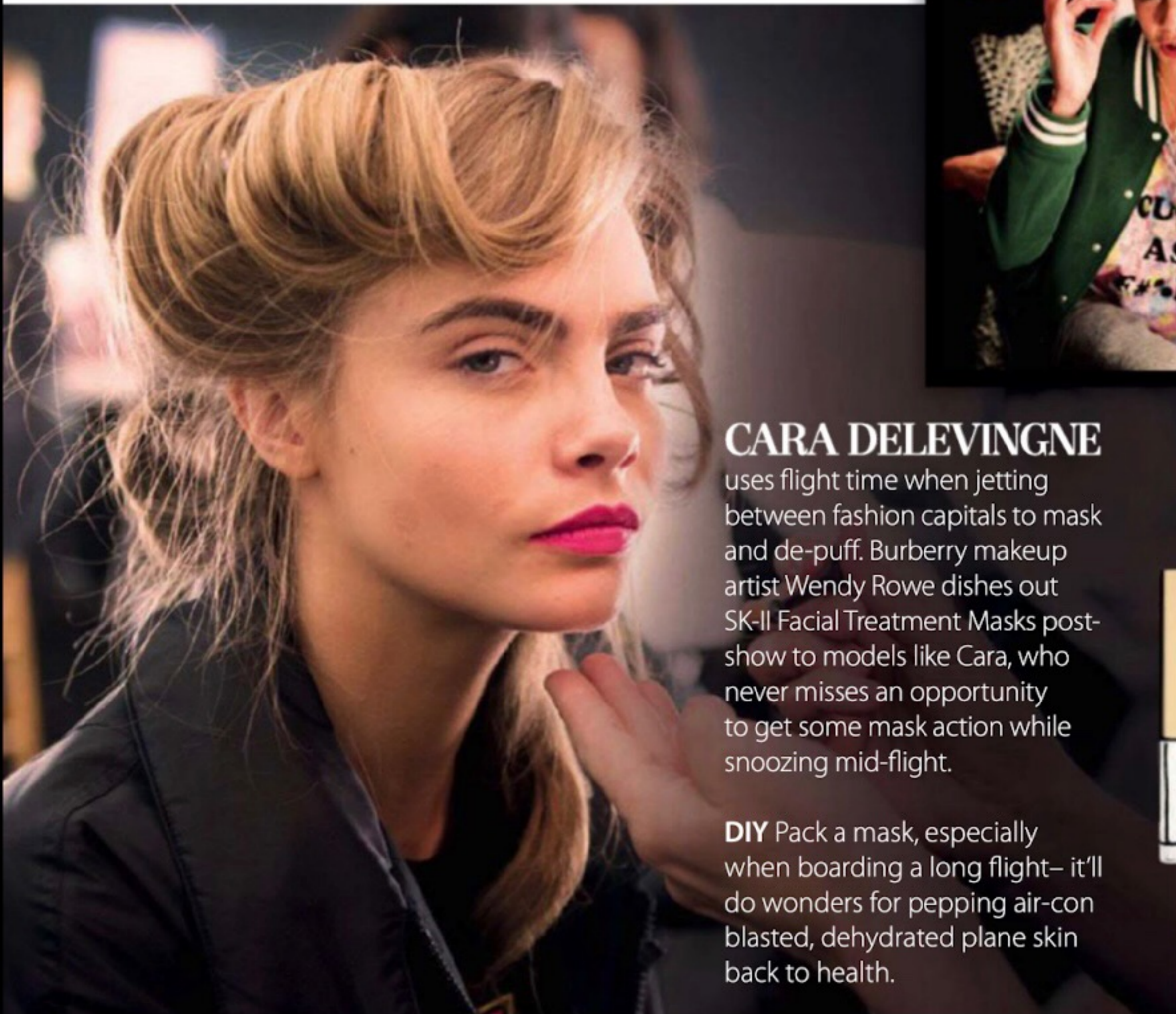
**ALSO TRY:** BearNaked Wipes, Josie Maran are stashable for speedy cleansing

"Before Fashion Week I prep models with a lymphatic body massage using Clarins Body Lift," says beauty therapist Nichola Joss.

"To de-stress models before a show, I spritz on Shu Uemura Depsea Water Rose Mist for an instant uplift," says Burberry makeup artist Wendy Rowe.

Collagen Essence, Cellnique

"Marine collagen is the closest to the human variety, so it's compatible with our bodies," says Joss, who has models lining up for them.



**CARA USES** Facial Treatment Mask, SK-II

**CARA DELEVINGNE**

uses flight time when jetting between fashion capitals to mask and de-puff. Burberry makeup artist Wendy Rowe dishes out SK-II Facial Treatment Masks post-show to models like Cara, who never misses an opportunity to get some mask action while snoozing mid-flight.

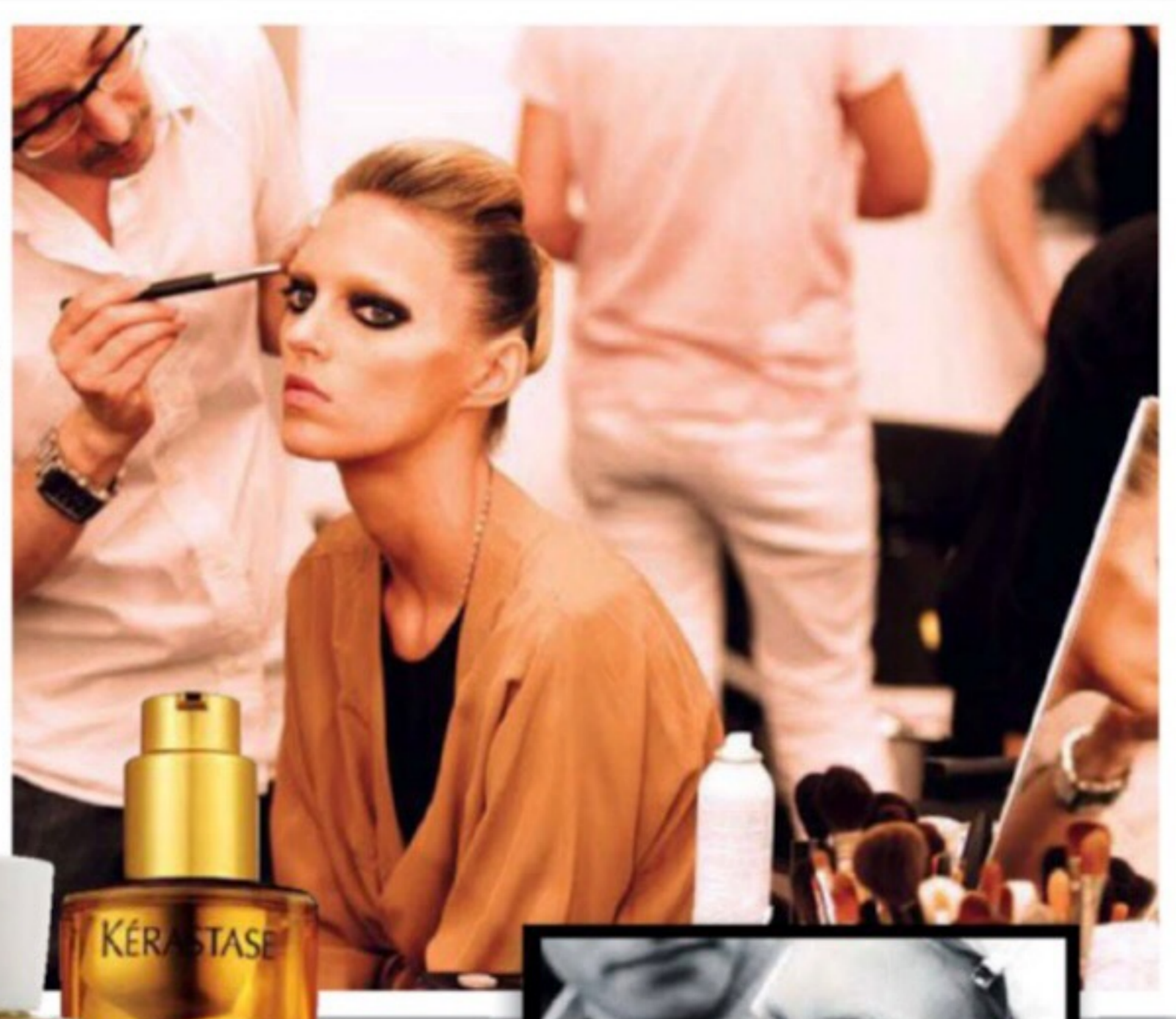
**DIY** Pack a mask, especially when boarding a long flight— it'll do wonders for pepping air-con blasted, dehydrated plane skin back to health.



**ALSO TRY:** Skin Illusion Natural Radiance Foundation, Clarins rejuvenates skin with minerals

**ANJA RUBIK** gets her tresses through endless styling and hair spray overload when runway hopping by soaking in a lush, nourishing hair oil. "No matter how busy I am I always fit in regular trims at Garren in New York and apply Dr Hauschka Neem Oil 10 minutes before shampooing."

**DIY** Hair oils are meant to go on pre-shampoo and pre-blow dry; massage it in and jump into the shower for supreme conditioning and care.



**ANJA USES** Neem Oil, Dr Hauschka



**ALSO TRY:** Elixir Ultime, Kérastase for smoother, softer hair



**DARIA WERBOWY'S EYE-OPENING QUICKIE: SHU UEMURA'S EYELASH CURLER.**

"A quick clamp makes you look instantly wide-eyed and awake."