



DKNY



PAUL & JOE



SECRET SINGLE BEHAVIOUR

That's another Sex and the City-ology we'll never forget. This month, single or not, try these ultra-luxe, secret single beauty indulgences when a little solo 'me' time looms ahead—pick the one you fancy, do it unabashedly and spoil yourself rotten **TEXT SHANTILA LEE**

TAKE A BREATHER Tired, polluted skin craves a hefty dose of pure, unadulterated O₂; a superior blast infuses radiance, clears skin and unclogs pores. An opulent oxygen pampering session starts with Bliss's Triple Oxygen mask, slathered on and paired with their lusciously pampering oxygenating eye masks—it's the closest thing to their very swish spa facial. While waiting for the face mask to froth up, try a little *ohm* stress relief with deep yoga mediation and breathing exercises.

CAVIAR POUR UNE When it comes to nouveau, extravagant skin delicacies, La Prairie all but invented the genre—their Caviar skincare line is as luxurious (if not as delish) as the very best beluga. Champagne glass in hand, give yourself a caviar facial du jour: smear on gobs of crushed caviar beads from the Liquid Lift serum and smush the Skin Caviar treatment's glimmery pearls between two round gauze pieces, then fit around the face with sweeping strokes—a treatment as decadent as caviar on a blini.



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THE SKINCARE JUNKIE

SWIM IN PITERA This one will significantly drain your SK-II supply, but the payback is well worth the splurge. Soak Facial Treatment Essence on cotton pads and smack them onto problem areas with discolouration, dark spots, dryness or fine lines and watch the Pitera work its magic, with almost instantaneous results. Leave it on for a good three to four minutes, pressing and massaging in the cotton bits as you go. It's Lee Sinje's insta-mask quick fixer-upper (have you gawked at her skin lately?).



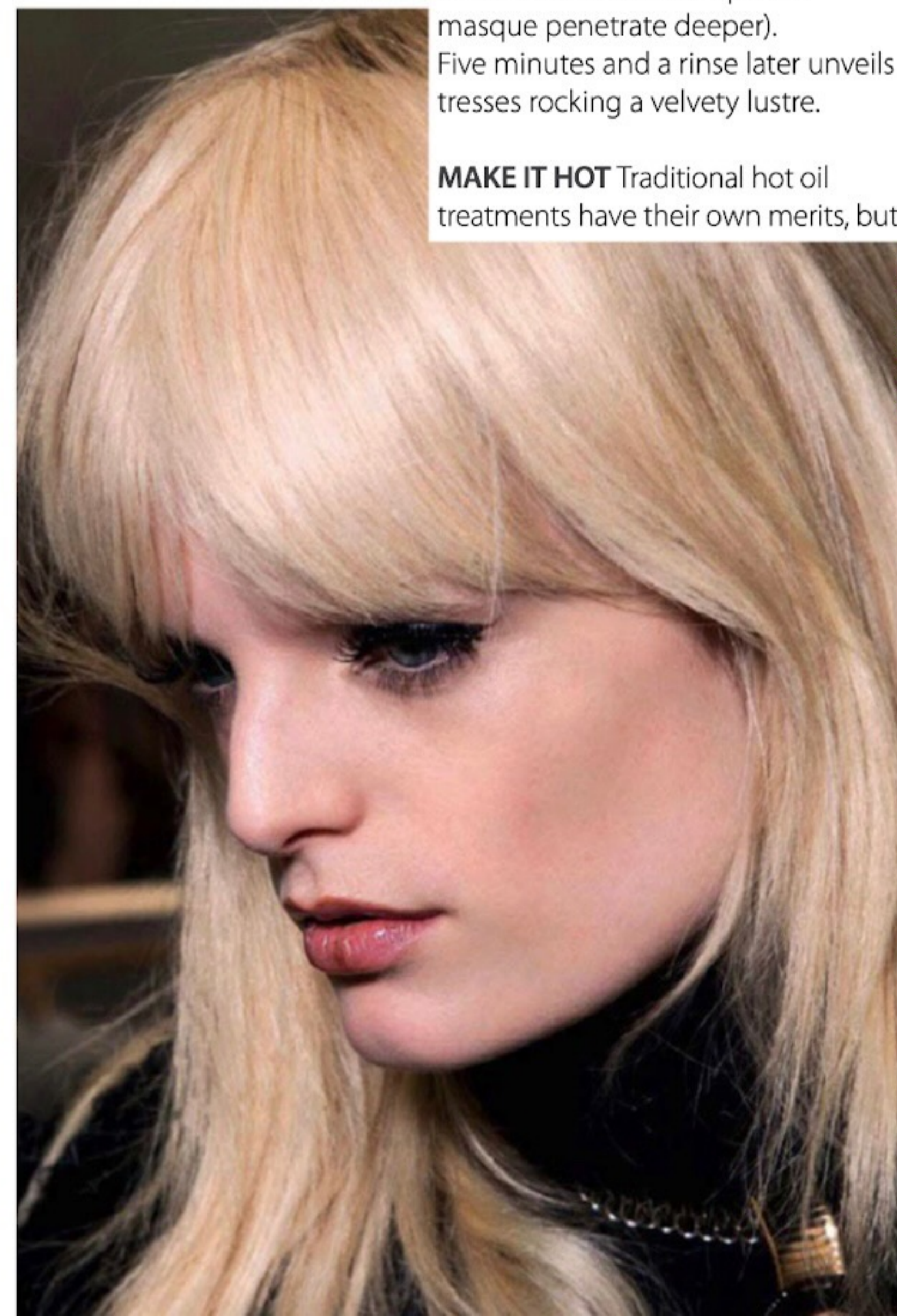
splurge on powerhouse serums that go deep to fix skin



THE HAIR AFFICIONADO

EN-WRAP-TURED Call this a très plush hair treatment-slash-masque gone insanely lavish. Choose a masque that nixes frizz and sends split ends running—we love Shiseido's Sleekliner Mask. Post shampooing, splodge on wallops of the masque, really rub it into the ends, don a Sephora satin shower cap and jump into a hot, simmering tub laced with bath salts (soft satin conditions the hair fibre and the steam helps the masque penetrate deeper). Five minutes and a rinse later unveils tresses rocking a velvety lustre.

MAKE IT HOT Traditional hot oil treatments have their own merits, but



EMILIO PUCCI



GUCCI



KNOW WHEN TO LEAVE IT TO THE PROS: ANYTHING THAT'S FULLY OR SEMI-PERMANENT IS SALON-ONLY.

the new crop of hair oils are super duper luxe. Pump dollops of Kérastase's Elixir Ultime into a bowl over a pot of hot water, let it de-sizzle then pour over the scalp. Amp up the effect by bundling hair in a towel, in the style of Audrey Hepburn, and keep things steamy by striking up a Diptyque candle. Wait for the oil to really sink in before lathering up with a moisturising shampoo.

GET WHIPPED Now here's a hair treat so fantastically fluffy and weightless, you'll want to do it every time you have some alone time pencilled in. Percy & Reed's Lovingly Light Foaming Treatment Mask is unlike any other—an über nourishing, moisturising, volumising treatment that's so lovingly mousse-esque. After shampooing, dip a wide-toothed comb in the mousse and sweep tresses from root to tip. Slowly sip green tea and languish in the mask's sublime scent for five minutes before rinsing out.



BEAUTY **marie claire**

BCBG



ISABEL MARANT

save on hair styling products like hairspray and waxes



EMILIO PUCCI



VERSACE

IF A BEAUTY INDULGENCE FILLS YOU WITH A SENSE OF *JOIE DE VIVRE*, SPLURGE AWAY BY ALL MEANS.

A tad, perhaps, but we think she's got it spot on. Take it up a level with L'Occitane's ultra lush range: exfoliate with the One Minute Hand Scrub and steep paws in the extra lustrous Shea Butter Hand Cream. For unbeatably supple, pampered hands, slip into Bliss' mega hydrating Glamour Gloves for ten minutes while coolly flipping through back issues of Marie Claire.

THE BATH & BODY BUFF

SCRUB-A-DUB-DUB There are some bath rituals you would never want your partner to peek at, and scrubbing away dead skin cells in little crevices tops that list. Set the scene for a super indulgent bath: swirl Jo Malone Bath Oil in a warm bath and set a scent diffuser, luxuriate in the balmy soak and let the oil work its way through your skin. Liberally dribble blobs of Clarins' exquisite Body Polisher all over and get scrubbing with The Body Shop's primo body scrubber.

DR STRANGE GLOVE Miranda Hobbes would slink Vaseline-swathed hands into Borghese conditioning gloves and watch infomercials. Strange?

EAU MADEMOISELLE You can't do this every day, but scheduling an evening to loll in Coco Mademoiselle never gets old. And even if it costs a bomb, there's nothing wrong with splurging on something that'll send you to the moon (and back). Create layers of skin-permeating, over-the-top unrestraint with the lightweight Shower Gel, Velvet Body Oil, Body Lotion and fragrance, diffused around the arms, neck, décolleté, hips and hair, then frolic around the bedroom in nothing but bloomers and something else Chanel. *iii*



SAINT LAURENT

ERMANNO SCERVINO

