## weekender

manzanita oregon

xplore an old-growth forest, stroll on beaches, or go indoors for creature comforts at a cozy wine bar, an organic bakery, and a hopping film-and-arts center.

Area code is 503 and all locations are in Manzanita except as noted.

**EATS** Bread and Ocean A seasonally changing menu offers organic fare. Greet the day with blintzes, savory tarts, or a smoked salmon hash. For lunch, chow down on a banh mi Vietnamese sandwich, with the bread, pork meatballs, and even the sriracha mayonnaise made in-house. The deli smokes an array of meats and cheeses ideal for picnics. 154 Laneda Ave., 368-5823, breadandocean.com. Marzano's Pizza Pie Oregon wines and brews complement fresh sauces, imported cheeses, and homemade Italian sausages with garlic and fennel. The favorite neighborhood pie: a garlic, herb, and olive oil sauce topped with mozzarella, smoked prosciutto, red potatoes, onions,

and Montegrappa cheese. 60 Laneda Ave., 368-3663, marzanos pizza.com. Vino Manzanita Try a Willamette Valley pinot noir or a cabernet-merlot blend from Walla Walla, Wash., at this intimate wine bar. Hungry? Order the Alaska salmon with vintage Tillamook white cheddar and rosemary crackers or an andouille sausage meat loaf with organic greens. Live music and poetry readings some nights. 387-D Laneda Ave., 368-8466. Wanda's Cafe & Bakery Breakfast choices include huevos rancheros and pecan waffles at this bright nook in Nehalem, a 2.3-mile drive from Manzanita. 12870 H St., Nehalem, 368-8100, wandascafe.com.

**TO DO AND SEE Hoffman Center** Pop in for screenings and discussions of short films from Portland's Northwest Film Center or to hear authors present their latest works







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popen mike. Sign up for water-color and ceramics courses. Learn the art of movable type with a class, workshop, or demo on the center's 100-year-old letterpress. 594 Laneda Ave., 368-3846, hoffmanblog.org. Longevity Laze the day away with a hot-stone or deep-tissue massage, or attend a drop-in yoga class. The herbal elixir bar serves concoctions such as a brain- and memory-boosting brew of maca,

ginkgo leaves, and ginseng. Peruse jewelry, pottery, and aromatherapy items from local artisans. 123 Laneda Ave., 368-3800, longevitymanzanita.com. Manzanita News & Espresso This shop stocks more than 150 magazine titles, as well as books on local history, recreation, and flora and fauna. Sip hot apple cider, any of five varieties of chai, or Portland Roasting organic coffee. Wanda's Cafe supplies the sandwiches, soups, quiches, and pastries. 500 Laneda Ave., 368-7450, neahkahnie.net/newsespresso.

**THE GREAT OUTDOORS** Manzanita Beach Cruise the sand on a three-wheel beach bike from Manzanita Bikes & Boards (170 Laneda Ave., 368-3337), collect driftwood, and view harbor seals lounging on the Nehalem Bay jetty. On gusty days, watch the windsurfing pros. *neahkahnie.net/manzanita beach.htm.* **Neahkahnie Mountain** This 1,600-foot peak plunges into the sea, separating Manzanita Beach from Short Sands, a secluded cove. A three-mile round-trip trail climbs to

sweeping coastal views. Find the trailhead on Highway 101, between mileposts 41 and 42. Contact Oswald West State Park for more information: 368-5943. **Oswald West State Park** A choice of trails in an old-growth Sitka spruce grove lead to Short Sands. Trailheads are located five miles north of town. 368-5943, oregonstateparks.org.

## **SHOPPING** Cloud & Leaf

Bookstore Stop by to uncover best-selling fiction, poetry, art books, and small press titles, such as Jane Comerford's *At the Foot of the Mountain*, a history of Manzanita from the 1850s to 1940. 148 Laneda Ave., 368-2665. Finnesterre Modern objets d'art include pottery, jewelry, landscape paintings

by local artists, and Hot Skwash velvet pumpkins with dried gourd stems, all in a renovated 1930s cottage two blocks from the shore. 194 Laneda Ave., 368-8377, finnesterre.com. Overboard Games & Puzzles Challenge someone to a strategic game of Gobblet, grab a pillowy Squishable, or build new civilizations with the Settlers of Catan. Some of the most popular amusements may be available to play before you pay. 457 Laneda

Ave., 368-4873, manzoverboard.com. **T-Spot** This variety boutique carries indie clothing designs as well as yarn hand-spun from the wool of local sheep, knitted rattles and hats for kids, and candy. Drop by on knit nights to work with fellow crafters. Sweet tooth? Savor truffles, chocolate orange peels, and bacon candy canes. 144 Laneda Ave., 368-7768, tspotshop.net.

GET GOING Request the Oregon & Washington TourBook and Polk/Tillamook County map (containing a city map of Manzanita) at AAA.com or any AAA branch. To find a place to stay, visit AAA.com/hotels. For more information, visit the Nehalem Bay Area Chamber of Commerce: 36005 7th St., Nehalem, (877) 368-5100, nehalembaychamber.com.

—LUCY BURNINGHAM AND HEATHER KATHRYN ROSS

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