

AIN'T NO MOUNTAIN HIGH ENOUGH / 2.7.18

Appearances can be deceiving. Except to Jesus.

READ ABOUT IT

"It's who you are and the way you live that count before God. Your worship must engage your spirit in the pursuit of truth. That's the kind of people the Father is out looking for: those who are simply and honestly *themselves* before him in their worship. God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration." The woman said, "I don't know about that. I do know the Messiah is coming. When he arrives, we'll get the whole story." "I am he," said Jesus. "You don't have to wait any longer or look any further." Just then his disciples came back. They were shocked. They couldn't believe he was talking with that kind of a woman. No one said what they were all thinking, but their faces showed it. The woman took the hint and left. In her confusion she left her water pot. Back in the village she told the people, "Come see a man who knew all about the things I did, who knows me inside and out. Do you think this could be the Messiah?" And they went out to see for themselves. *I JOHN 4:23-30 (MSG)*

THINK ABOUT IT

Raise your hand if you always post your very worst pictures of yourself on Instagram or Snapchat.

No one? Really?

That's the way it is with social media. It's the place we put our best selves out there. What we're proud of. What we want the world to know about us. Whatever helps us rack up "likes."

What about the stuff nobody likes? Our dark thoughts? Wrong choices? Embarrassing mistakes? All of us have them in our lives, but they can make us feel so alone. As if we have to hide them. They can make us believe that if people could see us as we really are, they wouldn't have anything to do with us.

But Jesus came to let us know that that's a lie. This week, we meet a woman with a complicated past who met the Messiah and discovered that she was loved and valued for who she was, complications and all - which is just the way He loves us, and wants us to love others.

Sound good? Let's find out more.

TALK ABOUT IT

• So what does this text mean for us?

• How do I know that Jesus really sees me, and loves me no matter what?

• What does it mean to worship "in spirit"?

PRAY ABOUT IT

Three things I'm praying about this week:

WALK IT OUT

Something I'll remember about this verse:

Something I'll do differently this week because of what God has taught me:

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1.

2.