

Mat, £1,815. Bag, £1,630. Bottle, £440. All by **Loro Piana**.
uk.loropiana.com



Looking good and feeling fine

*Swot up on living your best life with
Loro Piana's lessons in The Art of Wellbeing*

Story by **Sophie Clark**

Our outlook on health and wellness is always evolving. It no longer refers only to regular checkups, dental hygiene and daily vitamin intake. Today, being well is more holistic. It's about monitoring sleep data, eating well, expelling toxins, meditating and exploring the great outdoors.

Looking after ourselves has never been so luxe. It's a lifestyle. And one that Loro Piana has elegantly explored this season. The Italian brand – known for making uncompromising

quality it's mission – has created The Art Of Wellbeing, a collection built on the three self-care pillars – meditation, fitness and nature – with a set designed around each.

The Meditation set is particularly inviting, combining functionality and comfort with refined Italian craftsmanship. You'll be guaranteed to turn heads at your yoga class; roll out the hand-stitched, leather-trimmed mat, with removable half-moon pillow, and pull on the non-slip cashmere socks for the finest of sun salutations. Everything is neatly contained

in a chic yet practical herringbone cotton canvas bag, perfect for zen-seekers on the hunt for absolute relaxation. Whether you see yourself lifting the satin-finish metal weights with padded handles or sitting under the stars wrapped in a sleeping bag with the softness and warmth of baby cashmere, Loro Piana will level up your wellness game this season.

The Meditation and the Fitness set launches in flagship stores around the world, with the Outdoor kit available in boutique resorts.

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