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Portfolio Piece
The HOTH

Have you been struggling with tired-looking skin or hair loss? You are not alone. Over 80 million people suffer from hair loss every year, including those looking for hair restoration in Salt Lake City.

The secret is out that platelet-rich plasma (PRP) is a safe, natural process for hair and skin regeneration, and treatments are available for PRP in Salt Lake City.

If you are looking for a way to add some rejuvenation, it is time to try the revolutionary microneedling with PRP in Salt Lake City!

Check out everything you need to know about this exciting new therapy below!

What Is Platelet-Rich Plasma (PRP)?

When you get a cut on your skin, your body's immune system is triggered to increase blood flow to an area. That blood plasma is composed of mostly water, proteins, red blood cells, white blood cells, and platelets all working together.

Platelets, in particular, are the key cells that help naturally clot the blood and promote new growth.

Platelet-rich plasma is a simple medical process that extracts your blood, separates your platelets in a centrifuge, then uses that concentration for treatment. The resulting plasma is 10 times more platelet-rich, and packed with revitalizing nutrients.

PRP in Salt Lake City

Platelet-rich plasma treatments are a safe, effective way to utilize your cells and immune system to boost your hair and skin growth. Since the plasma is being extracted from your own body, it's considered an autologous procedure.

This means that there is a very low chance of infection, hyperpigmentation, or scarring- unlike other chemical or surgical options.

We are proud to offer this new service at Olympus Health and Performance!

Anti-Aging Properties

As we get older, our body's production of collagen and elastin drastically reduces. This makes skin start to sag, develop more texture, and have a harder time snapping back to its original shape.

With all the different procedures, beauty products, and other surgical procedures claiming to rejuvenate your skin, it can be overwhelming to choose what is best for you.

Leave the chemical peels and botox behind. Platelet-rich plasma has numerous anti-aging benefits with little to no reaction since you are using your own body's plasma to stimulate new growth.

Benefits of Microneedling with PRP

- No chemicals
- Reduces risk of infection
- Helps all types of hair loss
- Clears Debris on skin
- Reduces the appearance of wrinkles, scars, lines, cellulite
- Relatively painless
- Mild, temporary reactions
- Minimally Invasive
- Hour-long sessions
- FDA approved
- And so much more!

What Are PRP Services?

Even though our body's cells are constantly regenerating, the process begins to slow over time. That does not mean that their healing powers decrease.

Our blood plasma still carries all the necessary ingredients to boost musculoskeletal healing, stimulate hair growth, and even produce elastin and collagen in our skin.

By isolating the nutrient-packed platelets, you can open up a world of healing possibilities.

While it has gained popularity in recent years, this process is not new. In fact, athletes have used PRP for years to help heal tendons, muscles, joints, and other tissues.

The opportunities to use platelet-rich plasma don't end there!

Did you know that sexual health doctors have utilized the regenerative benefits of PRP for O shot and P shot regeneration? There are truly so many different ways to safely use this process and each clinic will usually specialize in its different key services.

Even though there are several types of PRP therapies discussed, two of the most popular platelet-rich plasma treatments are for hair restoration and skin rejuvenation.

PRP Hair Restoration in Salt Lake City

When we feel good about our hair, we feel good about ourselves. That's why it can be so hard to deal with hair loss, whether it's hereditary or stress-related.

If you are struggling with some type of hair loss, chances are high that you've tried a few chemically-based shampoos and serums to help promote hair growth. Even if you have seen some results, many require you to apply daily just to get some relief while also exposing you to potential health issues.

Ongoing research by Mayo Clinic has shown that some of these products carry unwanted side-effects in both men and women long after the usage ends.

No one should have to deal with ongoing side-effects to prevent ongoing hair loss and wrinkles. Luckily, with PRP, there is a safer, more effective option to naturally boost hair regrowth and prevent continued hair loss!

Making the switch to a PRP therapeutic plan is a great way to say goodbye to chemicals by using your immune system to help stimulate your hair follicles!

How Does It Work?

The overall process of extracting and using PRP is pretty standard, regardless of which procedure you choose. Take a peek, below, at what to expect when you book a treatment.

1. Once you arrive, a topical anesthetic and numbing serum will be applied to your scalp.
2. Our skilled nurse will then extract a small sample of your blood and place it in the centrifuge.
3. The platelets are separated then added back to the plasma.
4. The PRP is safely injected into the hair follicles along your scalp, face, or neck, depending on the procedure.
5. Afterward, you can choose to add microneedling to help clear follicle-clogging debris and boost your hair regrowth.
6. Recovery will last a few days, and you might notice some slight redness, swelling, or "sunburn-like" tenderness.
7. Results will generally start to appear within a few weeks
8. To achieve maximum results, you will need to follow up every few weeks then switch to biannual maintenance. All of this will be discussed in your consultation.

You don't need to fly to another city to take advantage of this procedure! We are happy to provide this procedure at any of our stores near Salt Lake City.

Microneedling with PRP in Salt Lake City

While stress can cause you to lose your hair, it can also wreak havoc on your skin. Given everything that occurred last year, it's time to physically clear away the stress to help you feel rejuvenated.

Microneedling has gained in popularity over the past few years as several inexpensive over-the-counter versions have popped up. While these can have some benefits, they lack the medical precision and skilled handiwork to achieve truly lasting and quality results.

Establishing with a PRP clinic is key to ensuring you are not only getting top-of-the-line microneedling, but you are also able to use your own blood plasma for added benefits.

Combining PRP with microneedling is a great way to help minimize fine lines, wrinkles, and other textured skin.

What Is Microneedling?

Microneedling uses the body's stem cells, platelets, and other growth factors to stimulate your skin's productions of elastin and collagen. Because you are using your own blood, this means it's safer to use than other chemicals or botox.

The procedure uses a special micro pen to create hundreds of microscopic channels in your skin to trigger a healing response. Because of its design, it can be safely used, alongside PRP treatment, on your face, neck, chest, and scalp.

What are Vampire Facials?

Maybe you've heard of the vampire facial made popular by several celebrities. Vampire facials got their name because of how the PRP concentrate was added to the skin to help ensure better results with the microneedling.

While it may seem like an eccentric procedure at first, it's actually a great way to use your own body's natural healing properties to revitalize your skin. Just like any therapeutic treatment, you can rest assured you are in good hands, thanks to our specialized clinic staff!

Say Yes to Platelet-Rich Plasma!

If you are tired of struggling with hair loss or looking for skin rejuvenation, it's time to try microneedling with PRP in Salt Lake City with Olympus Health and Performance!

This safe and effective process uses your stem cells, platelets, and other growth factors to increase your elastin and collagen production. The Microneedling penetrates the surface of your skin and hair follicles to clear the debris so that the plasma can work its magic. Before you consider chemical or surgical solutions, try this more natural and effective procedure!

Stop feeling frustrated with your hair loss, and book your appointment today!

Our trained medical staff is ready to answer all your questions about the best PRP hair restoration in Salt Lake City!

Get started today on your path to healthier skin and new hair growth!