



Norwalk Hospital  
**Pelvic Health Center**



34 Maple Street • Norwalk, CT 06856

**NorwalkHospital.org**  
**(866) NHB+WELL**



Compassion. Expertise. Results.

## Pelvic Health Center



At some point in her life, nearly every woman will experience some form of pelvic health issue such as incontinence, pain or discomfort. In fact, one in two women over 80, one in three over 60 and one in four over 45 will be affected by a pelvic disorder.

Pelvic disorders include:

- **Urinary incontinence**
- **Pelvic organ prolapse**
- **Endometriosis**
- **Fibroids**
- **Chronic pelvic pain**
- **Bowel control problems**
- **Fecal incontinence**
- **Sexual dysfunction**

Although the exact cause of these disorders is unknown, factors such as aging, weight, vaginal childbirth and prior pelvic surgery may make it more likely you will have a pelvic disorder. Even though these disorders are common, many women are too embarrassed to seek help from their doctor and instead suffer in silence. But Norwalk Hospital can help.

Norwalk Hospital's Pelvic Health Center provides a comprehensive approach to diagnosing and treating pelvic disorders. Multidisciplinary care is coordinated by physicians who specialize in obstetrics/gynecology, urology, gastroenterology and colorectal surgery as well as by a certified pelvic health therapist and a sex therapist.

Depending on your individual needs, the Center provides:

- **A comprehensive diagnostic assessment**
- **Pelvic health therapy**
- **Minimally invasive surgery including laparoscopy and robotic surgery**
- **Non-surgical integrative medicine management**
- **Pre- and postpartum muscular dysfunction**
- **Sex therapy**

Our experts will help diagnose your pain and discomfort, then design an appropriate treatment plan to help you feel relief from pelvic pain, treat urinary incontinence and return to your favorite activities.

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### Contact Us

A physician referral is required for physical therapy; all other services provided by the Center do not require a referral. Our staff is happy to help you determine your insurance coverage. For more information or to schedule an appointment at the Pelvic Health Center, please call **(203) 840-3170**.