You may know Mike Abbott as a saxophone player and singer, but what you may not know is that he's a serial entrepreneur with expertise in multiple disciplines.



Activities: Playing music, pickleball and golf

Age: 68



Kristen Fiore

THE VILLAGES

Do you know someone with an interesting backstory to tell? *Email kristen.fiore@* thevillagesmedia.com. or call 352-753-1119, ext. 5270

Mike Abbott describes his introduction to the saxophone as 'total luck." He joined his school's band and was going to play trumpet, but the band director suggested he try drums.

"So I went home and told my parents that I was going to play drums, and they said, 'Think again," Abbott said.

His cousin played the saxophone, so he decided to try it out, too. Abbott grew up all over the world because his father was in the U.S. Air Force. Music was one of the constants wherever he went.

"Once you start playing at school dances and it becomes a part of your identity, you think, this is something I'd like to keep doing," Abbott said. "So for 52 years, I've been doing this professionally."

Hitting the Road

After graduating high school

in Okinawa, an island that is now part of Japan, Abbott got a degree in music education and studied saxophone, voice, flute and piano at the University of Southern Maine.

But the desire to perform outgrew the desire to teach, so Abbott hit the road and ended up playing with a band called the Lewis and Clark Expedition at the Sheraton Waikiki in Hawaii.

"It was right on the beach," said Abbott, of the Village of Mallory Square. "For a 25-yearold guy, it was pretty cool."

When Abbott tired of being on the road, he became a studio musician and worked in arranging, producing and composing. He played on albums and commercials and wrote radio jingles. At night, he played in bands.

"It was a good group of musicians and a lot of fun," Abbott said. At a wedding in 1978, he was introduced to the Lyricon, a rare electronic wind instrument. "Only 300 were made, and I

was one of the guys who bought them," Abbott said. "I've been playing electronic wind synthesizers ever since. It's given me a whole avenue of expression that I wouldn't have had if I was just a regular woodwind player."

Performing Live

Several years ago, Abbott moved part time from Maine to Ocala, where he immediately fell in with a band that performed in The Villages, so he moved to The Villages and is now on his third house.

Locally, Abbott has played solo at places such as Cody's Original Roadhouse and GarVino's, and at Savannah Center with different Villages groups. He also plays with bands around Ocala and seasonally with bands up north.

Not being able to perform

due to the pandemic was rough for most musicians, including Abbott.

Michael Johnson | Daily Sun

"It kind of feels like your soul got sucked out," Abbott said. You've got to get out there and play. In a band, it's extremely rewarding to be united with these other people, singing harmony. There's something really cosmic about it that's hard to define."

Life as a Polymath

But music isn't the only thing Abbott has mastered in his lifetime.

He was a senior business consultant for major corporations, helping them redefine their business practices. He worked with people like former presidential candidate Ross Perot and health care companies like Blue Cross Blue Shield Association.

He also was in real estate

and won awards for remodeling houses, and he still remodels when he comes across the right project.

GETTING TO KNOW MIKE ABBOTT

Village: Mallory Square

Partner: Patty Gillis

Moved Here In: 2017

Favorite Villages

Moved Here From: Ocala

In 2008, he launched his own chain of music schools in Massachusetts and New Hampshire called The Real School of Music.

"We now have three locations and employ about 80 people," Abbott said. "In 2020, we gave over 100,000 online music lessons."

The schools put an emphasis on community and performance.

"Each of our schools has a performance hall," he said. (Students) can take lessons and be in a band."

Abbott considers himself a polymath, someone who has deep levels of expertise in multiple disciplines.

"I've always approached life like that," he said. "If you're going to do something in life, you might as well learn as much as you can about it."



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