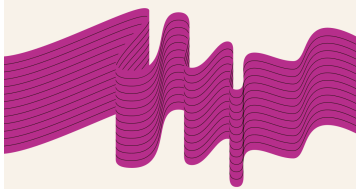


Guild

Homeroom

A place for useful tips, need-to-know news, and more.



May Homeroom Overview

- **Survey:** Is Homeroom helpful?
- **Resource Hub:** Clear clutter. Clear your brain.
- **Free Resource:** A timer for tidying and focus
- **Career Corner:** What are your wants and needs in a job?
- **Student of the Month:** How Nicole L's study space keeps her motivated

Survey



Is Homeroom helpful to you?

We want Homeroom to be a valuable resource to you. Tell us what you like, don't like, and want more of in our newsletter!

[Take the Homeroom Survey](#)



Resource Hub

A cluttered desk limits your ability to focus. If you're feeling overwhelmed and distracted, it's time to spring clean your study space. Before opening your laptop, tidy supplies and file papers.

5 to 5 Tip: Spend five minutes limiting the number of items on your desk to five. (For example: technology, notebook, pen, study materials, and a personal object, like a framed photo.)



Free Resource

The Pomodoro Technique is a time management method that uses 25-minute timers for focused work sessions followed by five-minute breaks. This technique helps tackle procrastination and distraction by breaking down overwhelming tasks into smaller chunks.

Use Focus Keeper to start your study session with a five-minute tidying timer, followed by a 25-minute study session, then reward yourself with a five-minute break.

[Keep focus with this timer](#)



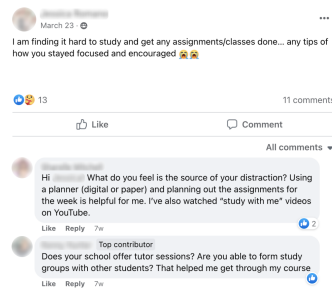
Career Corner

To narrow your job search, Career Coach Lily H. recommends creating a list of job wants and needs. Consider pay, location, work environment, and responsibilities when making your list to determine a good fit. Needs are necessary for your personal well-being at work; wants are nice to have but not required for your future career. Hint: Wants and needs look different for everyone!



Join the Conversation

Our Facebook groups are a great place for motivation and support from fellow learners. Have you joined one? One learner turned to her group for tips to stay focused.



[Join your Guild Facebook group](#)



Student of the Month

A fresh start is what Nicole L. needed to become the first in her family to graduate college. Leaving a stressful living situation, she moved closer to family and, through her employer and Guild, is on her way to a business administration degree. One secret to her success? A room refresh.

"I wanted to have a calming environment that would also be motivating," Nicole says. "When looking for a work environment, make sure it is quiet and a place where you know you can focus."

With pastel yellow walls, motivational quotes, and family pictures, every inch of Nicole's space helps her focus on her goals and push through challenges. "My room looks like a college dorm room, and it really helps motivate me to do my homework," Nicole says.

Guild puts opportunity within reach. [Here's how it works.](#)

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