

IF YOU COULD PREVENT A STROKE, WOULD YOU?

If you learned on the news tonight that your neighborhood was under a severe tornado warning and that your home might be destroyed, what would you do? Would you ignore the warnings? Chances are you would take every precaution necessary to prevent your home and most cherished belongings from being destroyed.

Our bodies are the only ones we will ever have. They are our most cherished belonging. We cannot buy or build a new one, so if someone told you that your body were headed for destruction, would you ignore the warnings?

Stroke is the 3RD leading cause of death in the United States today. Despite all of the health information available to us, we, as Americans ignore this information, believing it will never happen to us. Preventing a stroke takes only 10 minutes of your time and can save you or a loved one from falling victim to a lifetime of disability or even death.

Many Americans spend a great deal of time and money on home maintenance and repairs, however, some of those same Americans fail to maintain their own health through preventative maintenance. Our bodies are the only ones we have so it's up to us to maintain what we already own and cannot replace. Technology today has armed us with the tools necessary to do so by detecting a stroke prior to an attack. Such advances in ultrasound and dopler technology can provide you with a 10 minute, low-cost, painless screening, which detects plaque build up in the arterial walls. This plaque buildup causes irregular arterial blood flow, which may lead to a stroke. The screening results are read and evaluated by a licensed cardiologist to determine the best treatment method prior to such an attack. By detecting these abnormalities early, you can save your own life!

Don't put off until tomorrow, what you may prevent today! Call the Stroke Screening Center of Chesapeake at (000) 548-5400 to schedule your appointment today.