

PHYSICAL THERAPY AND SPORTS MEDICINE CONVERGE TO PROVIDE THE HIGHEST LEVEL OF SPORT INJURY REHABILITATION

Saturday 10:00am: Star of local high school tennis team takes agonizing spill on tennis court after twisting knee wrong during major high school tennis tournament.

Saturday 11:00am: Injured star tennis player rushed to hospital where ER physician examines, x-rays and treats player for torn ligaments in right knee. Physician prescribes intense physical therapy treatment.

Saturday 2:00pm: Injured tennis star contacts Joyner Sports Medicine Institute in Lexington to schedule first physical therapy session. The very same day, tennis star is scheduled for evaluation and placed on intense sport therapy regimen.

Has this ever happened to you? At Joyner Sportsmedicine Institute, the philosophy is that all patients are star players. Whether a star athlete or someone in need of a high quality rehabilitation program, Joyner is the only choice in aggressive sportsmedicine rehabilitation.

Joyner Sportsmedicine Institute, conveniently located at 601 Perimeter Drive in Lexington and 116 South Keenland Drive in Richmond was established on the premise of providing physical therapy and rehabilitation through the sports medicine model. Although the therapists specialize in musculoskeletal, sport and work-related injuries, spine stabilization and post-surgical cases are also treated. This program was designed to shorten the healing time for any injury.

Just like the injured star tennis player, patients are evaluated within 24 hours of the initial call. "The most often asked question is how long is it going to take to get better?" says Jeff, the Institute's founder and owner. In order to answer that question, therapists provide in-depth consultations and develop treatment plans based on the physician's prescription. Shared effort and teamwork are the essential component to the Institute's success. No injury is alike, therefore, they all heal differently. The Institutes' goals are set to ensure patients reach their highest level of functioning in as little time as possible.

Area physicians view Joyner Sportsmedicine Institute as an extension of their own practice. Joyner is staffed with a full time team of physical therapists, highly trained to treat a variety of injuries from adult and pediatric orthopedic and neurological disorders to sports and industrial injuries.

Services Offered Include:

- Adaptation Assessment
- Active/Passive ROM Exercise
- Individual Home Exercise Programs
- Orthopedic Immobilization
- Transfer Training
- Assistive Devices
- Hydrotherapy
- Heat and Cold Therapies
- TENS Units
- CPM Machines

Most physician referrals are covered by medical insurance. If you are in search for the highest quality and most expedient sport rehabilitation program around, search no further and call Joyner Sportsmedicine Institute at (606) 335-0110.

Joyner Sportsmedicine Institute
601 Perimeter Drive
Lexington/Richmond

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