## Recipe Intros for www.maplepepper.ca

## Maple Pepper<sup>®</sup> Planked Salmon

Fire up your grill and thrill your palate with the wonderful flavours of salmon and Maple Pepper<sup>®</sup> Original Spice Blend. Super healthy has never tasted so delicious.

## Maple Pepper<sup>®</sup> Popcorn

You've never tasted popcorn quite like this before. Once you've tried this new and improved twist on the plain old kind, we just know you will never look back.

## Baked Maple Pepper<sup>®</sup> Kale Chips

Potato chips are so yesterday. If you haven't yet made friends with Kale, now's your chance! Undoubtedly one of the tastiest ways to introduce another healthy superfood into your diet.

## Awesome Maple Pepper<sup>®</sup> Garlic Mashed Potatoes

If you believed that nothing could ever be better with your mashed potatoes than butter and garlic, a little Maple Pepper<sup>®</sup> Garlic Spice Blend will soon convince your taste buds that you were terribly mistaken.

#### Maple Pepper<sup>®</sup> Crusted Roast Chicken Quarters

One dish meals are so wonderfully convenient, but sometimes a little boring. Maple Pepper<sup>®</sup> Original Spice Blend mixes it up with chicken, potatoes and zucchini for an easy one-dish meal that is anything but.

#### Maple Pepper<sup>®</sup> Chipotle Mexicorn Dip

Say "Ola" to Maple Pepper <sup>®</sup> Chipotle Spice Blend, the star of the scrumptious flavours in this colourful dip. Served either warm or cold, your friends and family will love it! Sombreros and maracas not included.

#### Maple Pepper<sup>®</sup> Curry Chicken Peperonata on Basmati Rice

Colourful peppers and chicken are combined with the fantastic flavours of peppery curry. It almost takes longer to say than it will to prepare!

Recipe Intros Page 2

# Sautéed Turkey Breast Topped with Maple Pepper® Cranberry Nut

This is one recipe for turkey that you haven't seen before! Glazed turkey, sweet red onion, walnuts, cranberries, and featuring our Maple Pepper<sup>®</sup> Original Spice Blend, for a flavour combination that's truly spectacular.

# Sautéed Maple Pepper<sup>®</sup> Garlic Cod with Spinach

Your heart and the rest of your body will thank you for making this simple yet scrumptious recipe for Wild Cod fillets and Maple Pepper<sup>®</sup> Garlic Spice Blend. Oh so good, for you!