



ESSENTIAL GUIDE CHEMICAL PEEL



Chemical peels are one of the skincare industry's best-kept secrets. With a specific type of peel and coordinating acid for every skin type and skin need, chemical peels are often considered the ultimate skin rejuvenator that creates the most insane glow. But unfortunately, not all chemical peels are created equally, and there's quite a lot to know about these treatments. Skin tone, type, and the extent of age-related damage and changes are all important factors to consider before taking the plunge and deciding on a chemical peel.

Perhaps the most widely used skin issue for chemical peels is hard-to-get-rid-of pigmentation. The discoloration, known as hyperpigmentation, can appear anywhere on the face and body for several reasons. This tried-and-true skin refining and rejuvenating treatment effectively improve the skin's tone and texture while tackling sun damage, enlarged pores, breakouts, and more via a simple exfoliation process.

At Charette Cosmetics, we offer our very own proprietary blend of Chemical Peel, called MelanX, to dramatically transform pigmented skin.

Whether you're a chemical peel veteran or newbie, no matter your skin tone and type or skin concern, there's a specific chemical peel available to improve the health of your skin.



WHAT IS A CHEMICAL PEEL?

A chemical peel is a professionally administered treatment that relies on acids (either one or a few) to exfoliate the uppermost layers and resurface the skin safely. Fans of chemical peels often call them skin savers. They consistently use them for their multiple benefits, such as reducing the appearance of fine lines and wrinkles and sun damage, brightening the skin and evening out discoloration, reducing acne breakouts and acne scars, and eliminating dead skin cells from the skin's surface. The strength of a chemical peel can range from light to deep depending on what your skin needs at any given time, and many chemical peels are customized to your specific skin needs at the time of treatment.

Every 28 days, the skin sheds dead cells to reveal fresh new skin cells underneath. Sometimes, this process slows down, causing the skin to appear dull and dry and clogged with dead skin cells. Chemical peels help lift away dead skin cells from the surface by gently and safely peeling away the uppermost layers of dead skin, resulting in healthier, smoother, brighter, and more radiant skin. A peel also improves the skin's texture and can correct discoloration.



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WHAT CAN A CHEMICAL PEEL DO?

There's a lot that a chemical peel can do to improve the skin. However, the acid used during the treatment determines the effect of the peel and the result. For example, a light chemical peel may be better suited for minimal sun damage and pigment, while a heavier one impacts more severe sun damage.

Chemical peels work to accelerate the rate at which the skin sheds. They are a go-to solution for removing unwanted pigment while smoothing the skin's texture and tone and refreshing the skin via exfoliation to release dead skin cells from the surface.

No matter the strength of the chemical peel, they all work towards the end goal of dialed-in exfoliation by lifting away dead skin cells, which in turn smooths out the skin's surface. Reducing the number of dead and damaged skin cells also helps to lighten discoloration, hyperpigmentation, and dark spots.



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The main benefits of a chemical peel include:

- ▲ Improved skin tone, texture, and clarity
- ▲ Removing dead skin cells
- ▲ Clearing up acne
- ▲ Less apparent sun damage
- ▲ Smoother-looking skin with fewer lines and wrinkles
- ▲ Improving the common signs of aging and sun damage
- ▲ Decrease the appearance of melasma
- ▲ Increased hydration and glowiness
- ▲ Stimulates collagen production and new skin cell growth for healthier, younger-looking skin
- ▲ Improvement of scars and blemishes
- ▲ Allows for at-home skincare products to work more effectively and penetrate better due to fewer dead skin cells on the surface

Commonly used acids include lactic and citric for light exfoliation, glycolic to treat wrinkles and minimal hyperpigmentation, salicylic acid for acne, and TCA for more prominent pigment and signs of aging.



THE DIFFERENT TYPES OF CHEMICAL PEELS

Chemical peels are not a one-size-fits-all treatment, and there are quite a few considerations when choosing the right peel for your skin. Your skin tone will dictate which peel is best for you since not every chemical peel is compatible with every skin tone. In addition, certain chemical peels exfoliate more than others, so consider that when deciding on the correct peel for your skin.

Although innovations in chemical peels have come a long way, it's still essential for darker skins to be aware of the risk of hyperpigmentation post-peel, primarily if the wrong acid is used. To make sure a peel is right for you, schedule a consultation before the procedure and ask your provider if the peel solution contains anti-inflammatory ingredients and agents to quell any inflammation and calm the skin, limiting the chances of discoloration forming. Of course, the best chemical peel for you depends on the desired effect, skin tone, and current skin concerns.



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There are two types of chemical peels that we offer at Charette Cosmetics:

1. **SUPERFICIAL OR LIGHT PEELS (Level 1 Chemical Peel):** The lighter the chemical peel, the less dramatic the results but, the less invasive the procedure. These quick peels are often done in conjunction with a facial and use lower concentrations of skin-safe acids like salicylic, glycolic, and TCA (trichloroacetic) acids to promote cell regeneration, improve the skin's texture and tone, and unclog congested pores. They also help to improve discoloration, fine lines and wrinkles, and the overall appearance of the skin. Because these peels only penetrate the outer layers of skin, they work well to smooth the skin's surface and exfoliate it to eliminate dullness causing dead skin cells. Some light chemical peels are also recommended as part of an anti-acne or anti-aging routine since they can help improve mild breakouts and superficial lines.

With these lighter peels, the skin doesn't go through a heavy 'molting' phase like it can with other types of peels. As a result, there may be minor redness and flakiness in the days following the peel, which will subside on its own and can be treated with moisturizer.

2. **MEDIUM-STRENGTH PEELS (Level 2 Chemical Peel):** A step up from a light chemical peel is the medium chemical peel, which employs a stronger concentration of acids. Medium chemical peels can also diminish the appearance of fine lines and improve the skin's overall texture and tone, so it's more uniform.



Our incredibly effective MelanX Level II, which was created exclusively by Charette Cosmetics, is a deep intense medical-grade chemical peel chemical peel and lightening system that includes an intensive mask treatment and a home care regimen to work against

skin blemishes and discoloration. The targeted treatment is effective for erasing hyperpigmentation, melasma, dark spots, blotchy or scarred skin, dull skin and large pores. It goes hard to work to lift stubborn pigment off the skin for more evenly toned skin. Although MelanX Level II is a professional grade chemical peel, it is safe and effective for at-home use.

The MelanX Level II peel treats stubborn dark spots, acne scars, sun spots, hyperpigmentation, melasma, active acne, and fine lines and wrinkles by revealing fresh new skin. This at-home use peel kit comes with a 20-25 day post-care skincare regimen that includes a prescription-strength bleaching cream, retinol serum, soothing balm, and facial cleanser. It also includes hydroquinone, a dermatologist-recommended ingredient to safely fade dark spots.

Please remember that you must wear a red mask for 12 hours, so plan accordingly. Proper use of the 25-day aftercare kit is important as it continues to lift away pigment for optimal results.



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MelanX is the most advanced prescription-strength chemical peel and skin-lightening system on the market. It offers several benefits to discolored skin, hyperpigmentation, dark spots, lingering acne scars, or uneven skin tone. However, it's essential to understand that MelanX works differently from other peels and is a process, so consistency and patience are crucial.

The benefits of the peel include:

- ▲ Reducing pigmentation
- ▲ Softening fine lines and wrinkles
- ▲ Improving acne and acne scars
- ▲ Better skin texture and tone
- ▲ Brighter skin and more even complexion
- ▲ Decreasing the appearance of sun damage
- ▲ Improved skin tone and texture on the face and body
- ▲ Reducing the appearance of sun damage
- ▲ Younger-looking skin
- ▲ Preventative maintenance

Unlike other deep chemical peels, there are minimal to no breakouts or blemishes with the MelanX peel, which patients really appreciate.

After completing the full protocol, the skin will emerge brighter, fresher, smoother, and more evenly toned—almost like they have brand new skin! Post-treatment, there are no dark spots, acne scars, or skin-dulling discoloration. Instead, you'll see healthier-looking, more youthful skin that is evenly toned and flawless. Most patients see up to 50 to 70 percent improvement after just one treatment, and some report 100 percent improvement. Some patients require maintenance peels to keep their skin looking great. But the results are that good that most of our MelanX peel patients return for additional peels and annual touch-ups to keep their skin glowy and spot-free.



CHEMICAL PEELS RESULTS





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AREAS WHERE CHEMICAL PEELS WORK BEST

Although most patients choose to have a chemical peel on their face, the face isn't the only area you can treat with the appropriate peel. Chemical peels can be used elsewhere on the body, including the hands, neck, chest, and even other body parts. Ultimately, chemical peels encourage healthier skin while sweeping away pore-clogging and dull skin-causing dead skin cells. Routinely adding a chemical peel into your skincare routine can also help promote younger-looking skin by increasing cell turnover and stimulating collagen production via certain acids.

FULL BODY CHEMICAL PEELS

Our Level I and Level II MelanX chemical peels treat discoloration head to toe. They tackle unwanted discoloration in areas including:

- ▲ Elbows
- ▲ Lower back
- ▲ Top of feet
- ▲ Knees
- ▲ Back of hands
- ▲ Lower and upper arms
- ▲ Under arms
- ▲ Décolleté

Larger areas are also suitable for treatment, including:

- ▲ Back
- ▲ Chest
- ▲ Décolleté
- ▲ Shoulders
- ▲ Abdomen
- ▲ Upper and lower leg
- ▲ Full arm



PEACH PEEL



If darker skin on the butt or in the anus (or both) is an area of concern, you can eliminate discoloration with our custom chemical peel bleaching treatment. Our Peach Peel procedure is safe and even comes with an aftercare kit that includes bleaching cream to continue lifting and lightening the area.

PRIVATE PEEL



Discoloration can arise anywhere on the body, including in more intimate areas. The Private Peel improves discoloration, razor bumps, and uneven texture in intimate places. Similar to our other treatments, it comes with a 25-day skincare regimen that continues to penetrate the skin giving you fresh new skin in areas you'll want to show. This peel usually requires 2-3 sessions for optimal results.



AN INSIDE LOOK AT THE CONSULTATION PROCESS

Chemical peels are effective for treating many skin-related concerns, but it's essential to have a consultation before the procedure. With superficial peels, the skin is examined, and your aesthetician will ask a few questions about your skin concerns and goals. Then, your provider will use a customized chemical peel on your skin to improve the most prevalent issues.

For deeper peels, like the MelanX system, the peel is purchased. Then you will receive an email three to four business days later containing information about MelanX, a consent form outlining all the risks, and a link to upload photos to verify that you are a good candidate. After the approval process, you will book a virtual application appointment with one of our licensed medical aestheticians on our website at charettecosmetics.com. If you're not a good candidate, a credit will be issued to your account with Charette Cosmetics.

Since MelanX Peel is not a quick peel and requires time to see the results, which can take up to 30 days, you must devote the necessary time to completing all steps of the peel.



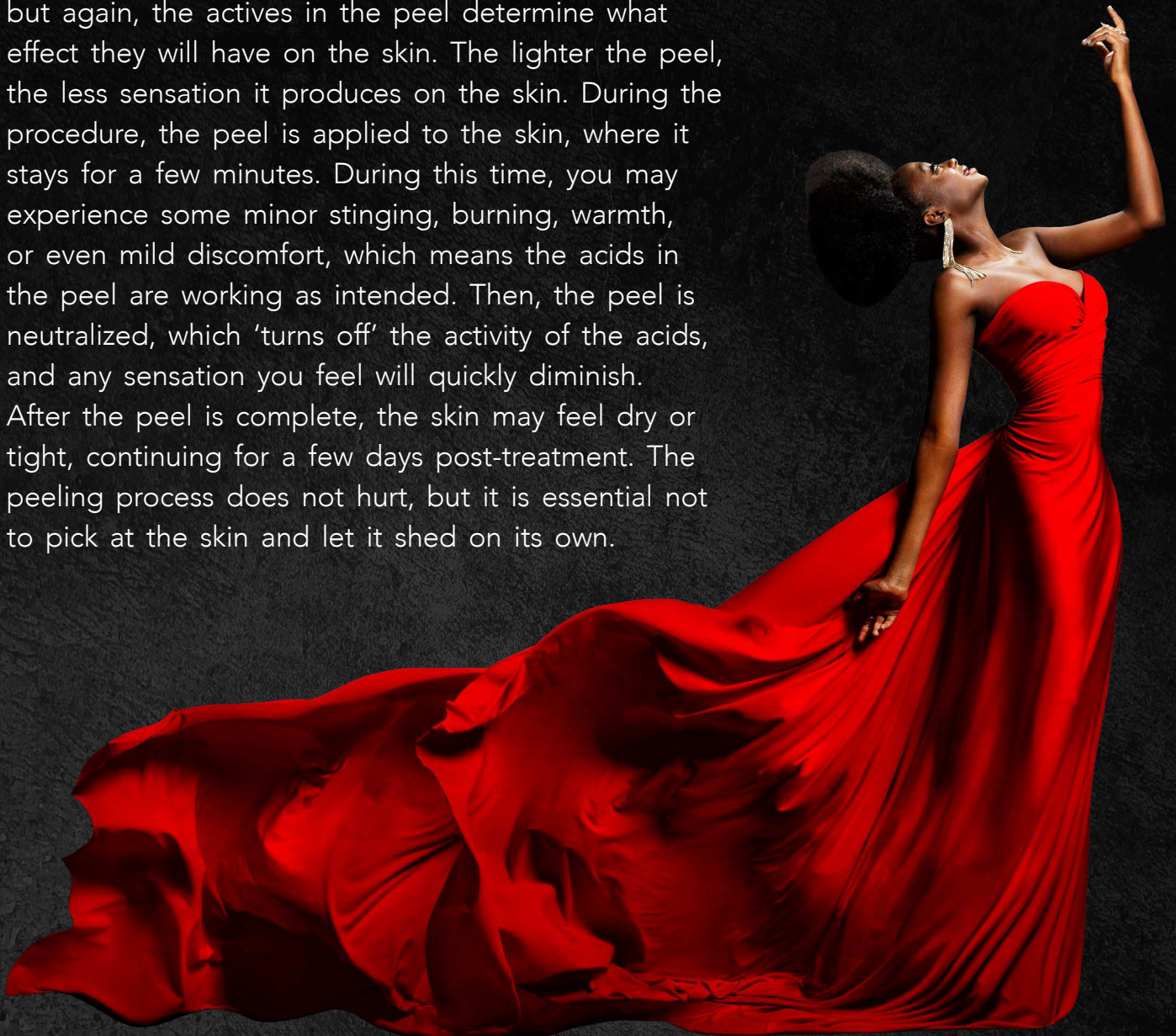
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WHAT TO EXPECT BEFORE AND DURING A CHEMICAL PEEL

Chemical peels are relatively painless treatments that require very little pre-procedure prep on the patient's part. However, you may be advised not to exfoliate the skin for a few days before your peel and to avoid exfoliating acids. This way, there's little chance of over-exfoliation, which can make compromised skin more susceptible to sun damage, dryness, and irritations.

Most chemical peels don't feel like much on the skin, but again, the actives in the peel determine what effect they will have on the skin. The lighter the peel, the less sensation it produces on the skin. During the procedure, the peel is applied to the skin, where it stays for a few minutes. During this time, you may experience some minor stinging, burning, warmth, or even mild discomfort, which means the acids in the peel are working as intended. Then, the peel is neutralized, which 'turns off' the activity of the acids, and any sensation you feel will quickly diminish. After the peel is complete, the skin may feel dry or tight, continuing for a few days post-treatment. The peeling process does not hurt, but it is essential not to pick at the skin and let it shed on its own.



WHAT TO EXPECT DURING YOUR RECOVERY

The lighter the peel, the less recovery involved. The stronger the peel, the more downtime there is. Everyone's skin responds a little differently to chemical peels.

The results from your chemical peel will show as quickly as a day or two after the peel. They will continue to improve as new skin cells begin to make their way to the skin's surface. However, with the MelanX peel, on average, the skin peels for seven to 10 days. Some people stop peeling before or after that period. The peeling can be intense, so you may want to schedule time off of work and allow for some social downtime. You will be able to see your results after 30 days. However, some patients may see positive skin changes earlier. It's important to be patient and allow the peel to work its magic. You can repeat a chemical peel several times per year. Lighter, more superficial peels can be done every four to six weeks.

Post-peel maintenance is vital so that you can retain your new skin. It's best to avoid exfoliating acids and harsh active ingredients, like retinol, and glycolic and salicylic acids, since the skin can be red, dry, and flaky for a few days after a peel. You'll also want to keep the skin hydrated with a good moisturizer. Finally, with all chemical peels, especially the MelanX Peel, avoiding the sun and wearing sunscreen daily is important. Excessive sun exposure can instigate unwanted pigment to form and for discoloration to return.

You'll also want to use retinol in your regular skincare routine. This vitamin-A-derived ingredient helps speed up the rate at which your skin naturally exfoliates. It also encourages collagen stimulation to keep the skin plump and healthy.

If your skin starts to appear dull or if your discoloration returns, you may need to repeat the MelanX peel. Please set up a consultation with our office to determine if a second peel is necessary.



WHY YOU SHOULD CHOOSE CHARETTE COSMETICS

Charette Cosmetics' aesthetic centers feature the most cutting-edge and groundbreaking treatments, devices, and procedures to address every skin concern while enhancing your self-confidence and commitment to self-care. Our services range from fillers and injectables to lasers, microneedling, and PRP to customized facials and body contouring. At Charette Cosmetics, we believe that just like each person's DNA is unique to them, and so should their aesthetic treatments. Therefore, we take a customized approach to achieve the best possible results. We also tailor our treatments to your specific goals and timeline, allowing all our patients to have an excellent outcome and experience they deserve.

Charette Cosmetics is led by Master Medical Aesthetician and Cosmetic Practitioner Paul Charette. Paul's passions for helping others feel confident and beautiful about their skin is evident in all aspects of Charette Cosmetics. He specializes in skin rejuvenation and travels the world learning unparalleled techniques and researching the ultimate skincare products to help you achieve your goals. Paul is results-driven and confident that you will achieve your skin goals at Charette Cosmetics.

Our mission at Charette Cosmetics, the world's premier celebrity medical spa, is to help you create flawless, radiant, and youthful skin while simultaneously creating the blueprint for self-care and self-health. You are the most important person to us, and our keen eye and tailored approach to aesthetics help slow the aging process while creating the best and most beautiful version of yourself.



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REVIEWS AND TESTIMONIALS

"I received my first ever chemical peel with Shaina. She is a sweetheart who knows what's best for her client's skin. I will definitely be returning for more treatments, and I highly recommend her as well as Charette Cosmetics to everyone!!!" — **Anthonika Thomas**

"I've been waiting for this moment for a really long time. This experience was everything I expected and more. The hospitality was amazing. Paul was very knowledgeable, and Justin was amazing and very knowledgeable as well. I came in for a chemical peel and cannot wait to see the results. I flew in from Jersey, and if I had to do it again, I would !"

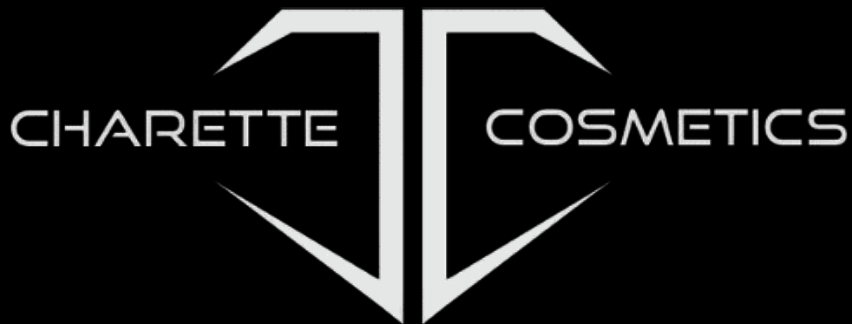
— **Jennie B.**

"Charette Cosmetics has changed my life. I have never been more confident in my skin; it has been glowing since I received a level 2 chemical peel from Paul. He is a skin expert and spent ample time discussing different treatment options considering my skin goals, timing, and budget. I cannot speak highly enough about Paul and his team; I am so happy with my results! I can't wait to come back in 6 weeks for the follow-up. ♥♥♥" — **Alex**

"I saw Shania, and I had the chemical Peel level II. She was very informative and sweet. The peel is awesome!!! I highly recommend it if you have bumpy texture skin and acne. I love the take-home kit. It worked to soothe my skin. My skin is now flawless. I will continue to go to them for all my skincare needs!!!!" — **Lorraine Brooks**

"I don't know where to begin. I have been going to Charette Cosmetics for over a year, and I've never experienced a medical spa that does what they do. I am African American with a very dark complexion, and I've spent 10+ years trying to find someone to help me with my hyperpigmentation. I have gone to dermatologists and med spas and have tried numerous treatments. Nothing compared to the results I achieved with the MelanX chemical peel with Paul. I'm very picky and cautious before deciding to do something, and I'm glad I decided to get the treatment done. The staff is very friendly and kind. The office is very clean and beautiful. Charette Cosmetics is the place to go if you need help with your skin! I can't believe my results, and I look forward to my next visit." — **Tiara Patrick**





GET STARTED WITH CHARETTE COSMETICS

If you're ready to rejuvenate your skin and make it look young, fresh, healthy, and glowy, now is the time to book a consultation with Charette Cosmetics. A one-on-one consultation with our experienced aestheticians will determine the best treatment for you. We can also customize a package specific to your skincare needs so that you can obtain the best results possible.

Schedule a consultation or book your appointment today!

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