

Start by removing everything, except the fitted sheet. Make sure the fitted sheet sits smoothly on top of the mattress, without any creases or wrinkles.

After the fitted sheet, lay the top sheet. Make sure it is spread evenly over the mattress, with the same length of sheet hanging over both sides of the bed.

Sheets are tucked best by making hospital corners. To do that, grab a piece on one side of the top sheet, lift it up and fold this section of sheet over the top of the mattress, so it forms a 45 degree angle from the corner of the mattress. Holding the folded piece of sheet in place on top of the mattress, tuck in any sheet hanging below the mattress on that side of the bed. Now, let the folded piece of sheet on top of the mattress drop down.

Once this is done, you may lay your blankets, duvet or comforter on top. If you like, you can tuck the edges of the folded blanket and sheet underneath the mattress for a very neat and tightly-made bed. This is how they do it in the military.

Finally, fluff the pillows and add finishing touches.