

SAFE SEX FOR QUEER PEOPLE

You matter. Your partner matters. Keep each other safe.

CONSENT IS KEY

Any and all sexual activities should start with a conversation with you partner(s). Before things get heavy, take the time to discuss protection and pleasure.

GET TESTED

To stay safe, get tested frequently, at least once per year, but it is best to test after every encounter with a new partner. Free STI testing near you can be found at

<https://gettested.cdc.gov>

USE PROTECTION

Condoms, gloves, and dental dams can all prevent STI transmission. If you are unable to access dams, cut a condom in half and spread it over genitals as a barrier for oral sex.

LOVE LUBE

Lubricants make sexual encounters safer and more pleasurable. Friction can cause injuries and the breaking of protective barriers. Water-based lubes are safest, oils and silicones can degrade condoms. Pure aloe vera can act as a safe lube replacement if necessary.

EVERYONE DESERVES THE CHANCE TO FEEL PLEASURE WITHOUT CONSEQUENCE OR JUDGEMENT.

For additional information please visit:
<https://www.healthline.com/health/lgbtqia-safe-sex-guide#protection>