

26 Ideas for Throwing a 1970s Themed 50th Anniversary Party

Is your parents' 50th anniversary coming up soon? Are you looking for some special way to celebrate them and show them your love? Throw them an anniversary party!



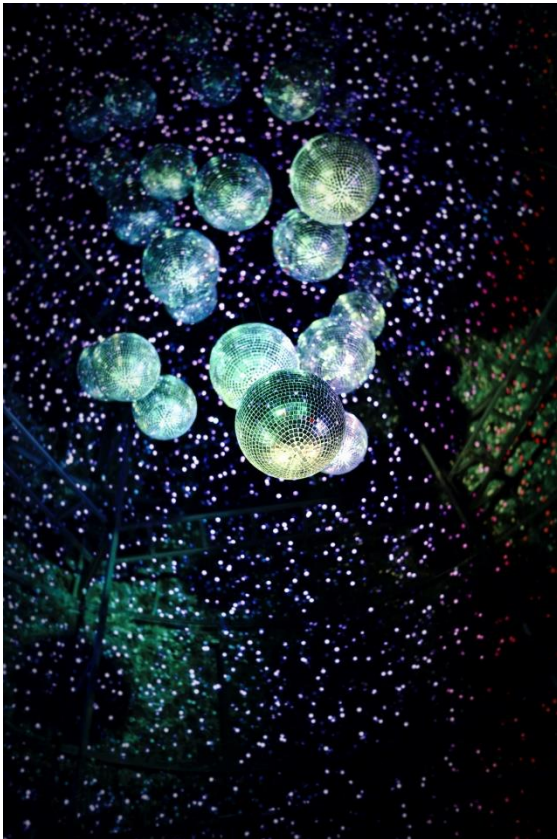
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A 1970s themed anniversary party is sure to take them right back to their days of young romance. A throwback party would also be an incredibly nostalgic and joyous occasion for all their friends and family! Don't forget to take into account the kinds of personalities your parents had back in their days and adapt the 1970s theme accordingly.

1970s Themed Invitations

1. DIY-Psychedelic Invitations:

Set up your 1970s theme with some invitations that are reminiscent of the colorful reactions the psychedelics of the 1970s were infamous in inciting. You can do this very simply by taking sheets of thick white paper and submerging them in a tub of water whose surface is colored by random designs of bright, neon paint shades. After leaving the sheets to dry, you can use markers and different colored markers to etch in the details of the anniversary party. If you're willing to go a slightly more expensive way, you can hire a professional to make these invitations for you!



2. Disco Ball Invitations:

Are you trying to create the Rock 'N Roll dance atmosphere of the later 1970s for your party? Go for this unique invitation! You can purchase miniature disco ball ornaments and attach a tag with the party information on it to send out to all your guests.

1970s Themed Party Locations

3. Discotheque:

If you're looking to give your parents the best dance party of the year, this would be the location for you! Take into consideration social distancing regulations dance clubs that have opened up in your area might have before determining the venue. You could ask your parents for their top 10 songs of the 70s and ask your guests to keep adding to the list by putting up a sheet by the DJs set-up. This

will form the dance playlist for the rest of the evening. To pull together the entire 70s rock 'n roll dance party theme you've got going, don't forget to ask all your guests to dress up in their 70's best: their bell bottoms, hairbands, jumpsuits and above all the big hair!

4. Backyard Garden Party:

If your parents and most of their guests are elderly citizens who would prefer a chill night in, a garden party would be the way to go. This will also ensure easier access for all the guests of every level of ability and greater comfort as everyone will feel at home. You could direct the party in a more calm, peace-loving, flower-power direction or stick to the dance party theme by coordinating dress code and décor accordingly.

1970s Themed Décor

5. Disco Balls:

Miniature disco balls are an absolute essential in 70s themed party décor. If you choose to host a garden party you can decorate trees and bushes by hanging up these sparkly ornaments, giving the whole venue a shining atmosphere.



6. Vinyl Records:

If your parents own any 70s vinyl records and a player, create a music station by laying them all out and letting your guests choose their own music. If you don't any you can even hand-make vintage-looking records using black and red colored paper with the names of famous 70s artists on them.

7. Peace Signs:

Create an arts and crafts station by putting out a table covered with a brightly colored cloth. Cut out peace signs from blank sheets of paper and leave them at this station along with hordes of different colored markers and pencils, so your guests can decorate their own peace signs. Encourage them to tape them up anywhere in the venue to add their own personal touch to the party and brighten the place up. Don't forget to equip them with scissors and tape!

8. Beaded Curtain:

At the entrance to the party venue, put up a beaded curtain with a label on the doorway announcing – “Time machine: Enter for the 70s,” “70s Ahead” or “Beware: 70s Incoming.”

9. Put out any lava lamps, black lights, colorful retro rugs, bright flowers and multicolored bean bags you might have at home to render the venue more transformative!

1970s Themed Party Activities

10. Tie-Dye T-Masks:

Create a tie-dye station fully equipped with various colors of tie-dye inks, protective gloves, buckets, rubber bands and most importantly white face masks. Your guests can create their own tie-dyed safety masks in their favorite designs and take them home as party favors. Now more than ever, they can put these safety masks to good use!

11. Rock 'N Roll Wedding Vow Renewal:

After 50 years of marriage, your parents as well as their friends will surely have some incredible and funny things to share about the evolution of their relationship. Especially if they had a traditional wedding ceremony, this might give them a chance to let loose and redo it in a much more relaxed and amusing fashion. You can complete the image by pretending to be a retro, hippie officiant! It might be great to ask your guests to go around talking about their craziest or most endearing memories of your parents as wedding toasts of sorts. To top this all off, you could create a presentation consisting of memories of the life your parents have built together. To do this just put together a slide show of pictures and videos from their time together set to 70s music and don't forget to rent out a big projector to display it. This would also be a heart-warming gift for your parents.

12. Dance and Karaoke Competition:

Host a mini dancing and singing competition of sorts and award a surprise gift to the victors! Judge the participants on their ability to perform classic 70s songs on the karaoke machine as well as popular dance pieces like the YMCA, Funky Chicken and Hustle.

1970s Themed Party Food

13. Three-Cheese Fondue:

Fondue is an absolute essential for any 70s themed party and your anniversary party is no different! You can easily get all the ingredients and sides such as bread and vegetables from any supermarket but you will need to make a special purchase of the fondue pot and its related equipment.

14. Party Meatballs:

Festive by nature, these mouth-watering, meaty delicacies can serve as quick canapes that your guests can just pop into their mouths. For a vegan and vegetarian option, you can offer your guests the same meatballs using vegan meat.

15. Crepes Suzette:

This flamboyant dessert will serve as the perfect end to an incomparably sweet night. These crepes will close the night with a flourish because they involve setting things on fire! You can put out extra toppings like whipped cream, Nutella, sprinkles, strawberries as well as other fruits in bowls that your guests can use to deck up their crepes to their taste!

- For all these 70s recipes and more visit: <https://www.foodnetwork.com/holidays-and-parties/packages/everday-celebrations/70s-party-recipes>

16. Anniversary Cake:

Most importantly, don't forget a special 70s themed cake to ensure that your parents have the most memorable anniversary party possible! Carrot cakes, rum cakes, the Hummingbird

Cake and the most topical of all the Watergate Cake defined the 1970s. You can bake any of these and make retro, disco-related designs using icing and fondant on the top or hire a professional baker to do the job for you. If you're looking to imitate the whole wedding vibe, you can even opt for a multi-tier cake full with personalized retro toppers of the guests of honor!

- Visit this website for recipes:
<https://www.womansday.com/food-recipes/food-drinks/g2815/most-popular-cake-year-you-were-born/>

1970s Themed Party Favors

17. Mood Rings
18. Pop Rocks
19. Slime
20. Retro "Thank You for Attending" Badges
21. 70s Slang Buttons
22. Disco Ball Necklaces (Etsy)
23. Glow Sticks
24. Rainbow-Colored Toe Socks
(All these party favors will have your guests giggling reminiscently about their teenage years and all the fun they had in their young-adulthood in the 70s!)
25. Polaroids: Create a Polaroid photo booth complete with a 70s-themed background and props and allow guests to take home their beautiful, artsy pictures!
26. **Finally, you can put all your party favors together in tie-dye gift bags, which you can either buy off Etsy or dye yourself!**



Written by Aditi Parikh

Event- Theme Parties- Anniversary Party- 50th Anniversary Party- 70s Themed 50th Anniversary Party

Photo 1: <https://unsplash.com/photos/249DzAuJTqQ>

Photo 2: <https://unsplash.com/photos/W8BRzoUTHNA>

Photo 3: <https://yesbirthday.com/cake/birthday-cakes-peace-cake-cool/>