



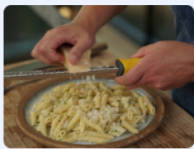
Clean & comforting cuisine



With the colder months coming, it's always tempting to fill up on warming dinners that'll give you that cosy feeling. It's easy to make this healthy and we are going to show you how!

Read on to see a collection of tasty dishes that are not only simple, hearty, and delicious, but also satisfying.

Recipes from Claire Thompson



Perks of eating a cauliflower

Combine cauliflower, pasta and add a kick with fennel seeds, chili and lemon.

[See the recipe](#)



A kaleidoscope of flavours

Who said salads are boring? Indulge in fruit, pickled onion and mozzarella.

[See the recipe](#)



Quick pink pickled onions

Add vibrant colour and taste to your meal with quick pink pickled onions.

[See the recipe](#)



The beet goes on

Have a healthy addition to a classic chocolate cake with beetroot!

[See the recipe](#)

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