



## CHILDREN'S LEARNING CENTERS NATURAL PLAYGROUNDS

Building brighter futures by providing educational opportunities for the children in our community.

### A SPECIAL THANKS TO

MR. AND MRS. WALTER OEHRLEIN WHOSE SUPPORT HAS MADE THE NATURAL PLAYGROUND AT OUR CHILDREN'S LEARNING CENTER IN WALLED LAKE POSSIBLE.



### BENEFITS OF NATURAL PLAYGROUNDS

Once children are exposed to more nature, amazing things happen:

- "Spending time outdoors every day in a natural environment has a positive impact on children's development." -National Association for the Education of Young Children (NAEYC).
- They strengthen small and large muscles, develop fine and gross motor skills.
- "When children engage in less structured outdoor play in natural environments, they typically sustain moderately energetic activity over a longer period of time - the type of activity that is particularly important for health and fitness." - NAEYC.
- Children engage in constructive play with natural materials, such as digging in sand, and imaginative play in natural spaces, such as pretending to garden.
- Natural environment provides opportunities for scientific creativity, discovery, STEM education and problem-solving. "Some playgrounds lack nature and with it, firsthand opportunities for children to explore, discover and build scientific vocabulary." - NAEYC
- Children learn and appreciate our natural environment, encouraging preservation.



# Highlights of the natural playgrounds at our Children's Learning Centers in Pontiac and Walled Lake

- Wooden stumps, stepping stones and balance beams to encourage flexibility, climbing, balancing, core strength, pretend play and exploration.
- Vegetable and/or flower gardens for children to help water, weed and tend.
- Clipboards and magnifying glasses for discovering and observing natural elements including plants and insects.

### Oakland Family Services Children's Learning Centers are located in these convenient locations:

114 Orchard Lake Road Pontiac, MI 48341

1885 North Pontiac Trail Walled Lake, MI 48390

## Call 248.858.7766 and press 7 for more information.

TTY/TTD USERS



1.800.649.3777

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PROFESSIONAL STANDARDS









