



# A GUIDE TO PROGRAMS

September 2022

Oakland Family Services (OFS) provides prevention, education and treatment programs that support individuals and families. These programs build brighter futures in our community by enriching the lives of children, strengthening families and rebuilding lives.

**Prevention** services work to stop child abuse and neglect through foster care and adoption and programs that detect and address developmental delays in children and increase parenting skills, thereby decreasing parental frustration.

**Education** programs provide early learning through free and low-cost preschool for at-risk children. They also provide professional development for those caring for children, whether they are licensed childcare providers or parents and grandparents, to improve the outcomes of children in their care.

**Treatment** programs treat mental illness, such as anxiety, depression, and trauma, and substance use disorders in those struggling with their use of drugs or alcohol. Doing so not only helps the client in his or her own life, but also has a ripple effect, improving the situation for family members, particularly children.

The following is a guide to the areas that fall under Prevention, Education and Treatment, with a synopsis of what actions take place.



# PREVENTION

## Foster Care

### WHO DO WE SERVE?

Abused and/or neglected children and children born exposed to drugs.

### WHO ELSE IS INVOLVED?

- Birth parents and foster parents
- The court system
- Department of Health and Human Services

### WHAT IS THE GOAL?

- Reunification of the child with his or her birth parent or a family member.
- If that cannot occur, placement of the child in a loving adoptive home.

### WHAT DOES OFS DO?

- Recruit and license foster homes. This ensures a safe environment for children temporarily in another family's care.
- Train foster parents, including providing ongoing development.
- Serves as an active part of court proceedings.

## Adoption

### WHO DO WE SERVE?

Children who cannot be reunified with their birth parents.

### WHO ELSE IS INVOLVED?

- Adoptive parents
- The court system

### WHAT IS THE GOAL?

- Finding children permanent homes after the home in which they are born is no longer viable.

### WHAT DOES OFS DO?

- Facilitates the adoption of the child into the foster and/or adoptive home.

# PREVENTION

## Early Childhood Home-Visiting Programs *(Parents as Teachers & Early On)*

### WHO DO WE SERVE?

Children ages 0-6 and their parents.

### WHO ELSE IS INVOLVED?

- In the case of Early On, Oakland Schools.
- In the case of Parents as Teachers, the national organization of which OFS is a blue-ribbon affiliate.

### WHAT IS THE GOAL?

- Home visiting programs work to identify developmental delays, e.g., a child who is behind targets for his or her age level in gross or fine motor skills or speech.

These issues can lead to parental frustration.

These programs also work to develop parenting skills to meet children where they are as the delays are addressed.

### WHAT DOES OFS DO?

- Works with the parents to help the child develop in the area of delay.
- Educates parents in ways to address developmental issues, thus improving the child-parent bond and the skill level of the parent.



# EDUCATION

## Children's Learning Centers (CLC)

### WHO DO WE SERVE?

At-risk children ages 12 months through 5 years.

(Risk level is based first and foremost on family income as it relates to the poverty level with preference then given to children with additional risk factors.)

School-aged children are served in summer camps.

### WHO ELSE IS INVOLVED?

- Great Start Readiness Program.

- Oakland Schools

### WHAT IS THE GOAL?

- To provide a free or low-cost quality preschool experience for children, preparing them to enter kindergarten ready to learn.

### WHAT DOES OFS DO?

- Teach preschool.

- Provide childcare.

- Ensure other needs are met, including addressing mental health needs.

## Early Learning Communities (ELC)

### WHO DO WE SERVE?

Anyone caring for children, including licensed and unlicensed, family caregivers and parents

### WHO ELSE IS INVOLVED?

- Leaps and Bounds Family Services

- ACCESS (Advocacy & Consultation for Children's Education Services & Support)

- United Way for Southeastern Michigan

### WHAT IS THE GOAL?

- To foster children's growth by creating ideal childcare environments.

### WHAT DOES OFS DO?

- Educate childcare staff, family members and parents on optimal care of children.

# TREATMENT

## Day One

### WHO DO WE SERVE?

Those ages 4 years through older adults struggling with mental health and substance use disorders.

### WHO ELSE IS INVOLVED?

- Therapists
- Physician assistants (for medication management)
- Peer support partners
- Case managers (to route people to food, housing, vocational, etc. resources)

### WHAT IS THE GOAL?

- To help people into recovery, allowing them to live the life they hoped for and be more productive in their family and society.
- To help parents with mental health and SUD issues, improving the outcomes for their children.

### WHAT DOES OFS DO?

- Provides individual and group therapy, medication management, support from those who have lived experience and case management.
- Services are provided both in person and virtually.

## Specialized Services for Youth (SSY)

### WHO DO WE SERVE?

Children and teens ages 6-21, in families who have Medicaid insurance and are determined to be eligible by Oakland County Health Network (OCHN, the community mental health authority)

### WHO ELSE IS INVOLVED?

- Therapists
- Physician assistants (for medication management)
- Peer and parent support partners
- OCHN, which refers clients/families to OFS and is the funder of this program

### WHAT IS THE GOAL?

- To treat youth with severe emotional, behavioral or psychological stress, and to also help their entire families with supports and assistance.

### WHAT DOES OFS DO?

- Offers home-based or outpatient (in-office) single, family and group counseling.
- Provides case management, peer and parent support, respite and psychiatric services, such as medication management.



# TREATMENT



dayone.  
A Program of Oakland Family Services

## Day One PRISM

*(Project Recovery Intensive Services for Mothers)*

### WHO DO WE SERVE?

Mothers and pregnant women with substance use disorders.

### WHO ELSE IS INVOLVED?

- Therapists
- Peer support partners
- Case managers (to route people to food, housing, vocational, etc. resources)

### WHAT IS THE GOAL?

- To provide intensive outpatient treatment to women.
- To help pregnant women give birth to non-drug exposed babies
- To help mothers regain custody of their children and remove barriers to making a safe loving home.

### WHAT DOES OFS DO?

- Provides individual and group therapy, including instructional sessions on life skills.
- Provides transportation to and from treatment services and childcare during sessions.

# TREATMENT

## Maternal Infant Health Program (MIHP)

### WHO DO WE SERVE?

Pregnant women and their infants who are Medicaid-eligible. Women can enroll at any point during their pregnancy and receive maternal services up to sixty days after their pregnancy ends.

### WHO ELSE IS INVOLVED?

- Michigan Department of Health and Human Services, Oakland County Health Department, WIC, Oakland County Breastfeeding Coalition and local physicians/gynecologists.

### WHAT IS THE GOAL?

- To identify as many mothers and infants as possible to serve them through home visiting programming, evidenced based interventions and case management to reduce maternal and infant mortality and morbidity.

### WHAT DOES OFS DO?

- Provide home-based nursing and case management visits to assess risk
- Provide education on health and nutrition, breast feeding and safety
- Link to community resources for access to improve health outcomes





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