

# Introductory Friends of FastMed Package 美速医友情套餐

<b>COMPREHENSIVE MEDICAL REVIEW AND EXAMINATION</b> 全面的医疗咨询和临床检查	Complete Physical Check-up of All Systems 全身系统疾病筛查
	Comprehensive Medical History 详细病史询问
	Medication Reconciliation 药物调节
	Assessment of Lifestyle and Risk Factors 生活方式风险因素评估
	Blood pressure check and monitoring during the specified duration of care at the discretion of the doctor 血压检查和监测（如有必要将提供家中自我监控指导）
	Basic Metabolic Index Including Height and Weight 体重指数（包括身高和体重）
	Heart Rhythm /Rate Assessment 心律/心率检查
	Visual Acuity 视力检查
	Color Vision Test 色觉检查
	Hearing Assessment 听力检查
ECG & Analysis 心电图及分析	
<b>CARDIAC ASSESSMENT AND SCREENING</b> 心脏评估和检查	Abdominal Aorta Screening at the Discretion of the Doctor 腹主动脉筛查(B超) – 由医生自行决定
<b>RESPIRATORY</b> 呼吸系统检查	Peak Flow and Analysis at the Discretion of the Doctor 峰值流量和分析 – 由医生自行决定
<b>GASTROENTEROLOGY</b> 胃肠系统检查	Helicobacter Pylori Test 幽门螺杆菌检查
<b>NEUROLOGY</b> 神经系统检查	Full Neurological Assessment – Including Cranial Nerves, Coordination and Reflexes 全身神经系统检查，包括脑神经、协调及反射
<b>MUSCULOSKELTAL</b> 肌肉骨骼系统检查	Spinal Flexibility Assessment 脊柱及柔韧性评估
<b>SEXUAL HEALTH SCREENING AND EDUCATION</b> 性健康检查和教育	Chlamydia Screening and Testing at the Discretion of the Doctor 衣原体检查-由医生自行决定 Comprehensive Sexual Health Education per Clients Comfort Level 舒适全面的性健康教育
<b>BLOOD TESTS</b> 血液检查	Complete Blood Count 血常规检查
	Sodium 钠
	Potassium 钾
	Creatinine 肌酐
	Urea 尿素
	eGFR 估算肾小球滤过率
	Bilirubin 胆红素
	AST 谷草转氨酶
	ALT 谷丙转氨酶
	ALP 碱性磷酸酶
	Albumin 白蛋白
	Cholesterol 总胆固醇
	HDL Cholesterol 高密度脂蛋白胆固醇
	LDL Cholesterol 低密度脂蛋白胆固醇
Triglycerides 甘油三脂	

<b>BLOOD TESTS</b> 血液检查	Non-HDL Cholesterol 非高密度脂蛋白胆固醇
	HBA1C 糖化血红蛋白
	Vitamin D Level 维生素 D
	Uric Acid 尿酸
	Hepatitis A IgG 甲肝抗体 IgG
	Hepatitis B Antigen (HBsAg) 乙肝表面抗原
	Hepatitis B Antibody (Anti-HBs) 乙肝表面抗体
	Hepatitis B Antibody Level (if indicated) 乙肝抗体定量 (如有必要)
	TSH 促甲状腺激素
	Additional Tests at Doctor's Discretion 医生所需的其他测试
<b>RISK SCORING</b> 风险评分	QRISK Score QRISK 评分
	Heart Attack and Stroke Risk Over 10 Years 十年心脏病及中风风险系数
	NAFLD Score - Completed at the Discretion of the Provider NAFLD 评分-由医生自行决定
	Liver Fibrosis Risk 肝纤维化风险系数
	FRAX Score - Completed at the Discretion of the Provider FRAX 评分-由医生自行决定
Fracture Risk 骨折风险系数	
<b>COMPLETE CANCER SCREENING</b> 癌症筛查  *Completed at the discretion of the doctor  *由医生自行决定	Cervical Screening: Smear Test 宫颈检查：宫颈涂片检查
	Breast Screening: Mammogram 乳房检查：乳腺钼靶
	Colorectal Screening: Fecal Occult Blood Test 结肠直肠检查：大便隐血查
	Prostate/Urological Screening: Prostate Exam + PSA/ Ultrasound 前列腺/泌尿科检查：前列腺检查+前列腺特异性抗原/B超
	Ovarian/Endometrial Screening: CA125/Pelvic Ultrasound 卵巢/子宫内膜检查：肿瘤标记抗原/盆腔B超
	Lung Screening: Chest X-ray 肺检查：胸片
	Pancreas/Liver/Gallbladder Cancer Screening: Ultrasound 胰腺、肝脏、胆囊 癌症筛查：B超
	Bone /Sarcoma Screening: X-ray/Ultrasound 骨/癌症筛查：X光/B超
	Haematological Screening: (ESR/Calcium/BJP/Electrophoresis) 血液检查：(血沉/钙/尿本周氏蛋白/蛋白电泳)
<b>PERSONALIZED MEDICAL REPORT AND PLAN</b> 符合个人需求的医疗报告及计划	Personalized Comprehensive Medical Report in Writing and in Depth Explanation by your Doctor 书面形式的个性化综合医学报告，并由医生进行深入解读。
<b>PERSONALIZED MEDICAL REPORT AND PLAN</b>  符合个人需求的疾病筛查报告，健康宣教和健康指导	Personalized Education on Disease Prevention and Explanation of Risks Identified During Consultation 个性化疾病预防教育，和看诊中发现的疾病风险教育
	Up to Date Guidance on a Healthy Diet and Exercise Regimen 最新的健康饮食、运动指导
	Vaccination Advice 疫苗接种建议
	Personalized Health Planning by your Healthcare Team to Support Proactive, Patient Driven Results 医疗团队制定个性化的健康计划，促进顾客积极主动、个人为主导的健康行为