

As an introvert, it is easy to become used to staying quiet. Whenever I was out in public in a group of more than three people, I would always think, I'll just let the rest of them talk. Why would they want to listen to my ideas when they have their own?

Staying quiet almost formed as a social habit for me, and that habit transferred to my passion for writing. I have always loved writing ever since I was a teenager. I could write pages and pages of stories, but I could never share them. I didn't think my ideas would ever be good enough.

Taking the first leap as a content creator can be one of the hardest things you do as an introvert. You have to start confronting your fears one by one and denying the falsehoods that bounce around in your brain. Start forming positive thoughts about your work, and tell yourself that everyone deserves a chance to be heard. You also need to accept the fact that it is okay to be scared. Everyone is!

Nobody on earth, whether you're an introvert or extrovert, deserves to be heard more than others. Just because it may be harder for you to find your public voice doesn't mean it shouldn't be heard!

Once you start reframing how you view your work and your voice, it will be easier to muster the strength and take that first click.

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