

## 90s fever

You might have thought body mists had been left behind in the 90s, but for 2025 they've had a major glow-up. Gone are the sticky and, dare we say it, sickly scents of yesteryear and in their place are light, fresh fragrances from some of our favourite brands. Look to hair brand Arkive, which under founder Adam Reed's expert nose, has created gorgeously scented hair and body mists, while Floral Street has just launched mist versions of its popular eau de parfums.

Floral Street Wild Vanilla Orchid Perfume Mist, £24 (125ml/£19.2 per 100ml)



Arkive A Kind of Floral Mist, £30 (50ml/£60 per 100ml)



### INSIDER INFORMATION

'This spring, opt for creamy blushers and bronzers. They create a soft, natural glow and are easily applied with a brush or your fingers. Try Fenty Beauty Cheeks Out Freestyle Cream Blush in Strawberry Drip, £22.'

LEANNA ZAMAN, BOOTS BEAUTY SPECIALIST

Bag points on health and beauty buys with your Advantage Card?



## The beauty news

**CHERRY BABY** 'Whether it's a shade or scent, Pinterest has identified 'cherry coded' as a major trend in 2025. Keep it sweet

with Soap & Glory Limited Edition Cherry

Wild Body Wash, £4.99 (250ml/£2 per 100ml).'

JO HOARE, HEALTH & BEAUTY SENIOR EDITOR



## Brows that wow

Lauren Hogsdon, senior make-up artist and educational beauty events organiser for Benefit Cosmetics, reveals S/S25 brow trends: 1. Fluffy and natural – celebrate natural texture and avoid overly defined arches. Try **Benefit Precisely, My Brow Pencil**, £26, to add precise strokes. 2. Micro brows – no, we don't mean the noughties version! Try the new **Benefit Mighty Fine Brow Pen**, £26, to mimic brow hairs. 3. Lamination – salon treatment too big of a commitment? Get a sleek look at home with a swipe of brow gel.

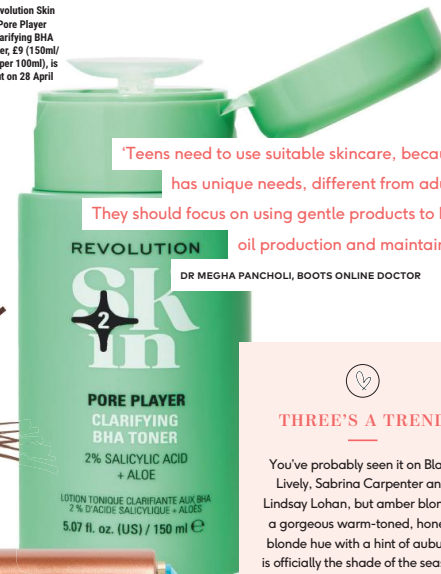


## Talking heads

Got multiple weddings to attend this year and panicking about the cost of a different outfit for each? Take inspo from Carolina Herrera and Valentino S/S25 catwalks and make your outfits work harder by switching up your hairstyle. Boots hair accessories are priced from £1 to £5, so won't break the bank.



Revolution Skin Pore Player Clarifying BHA Toner, £9 (150ml/£6 per 100ml), is out on 28 April



'Teens need to use suitable skincare, because their skin has unique needs, different from adults. They should focus on using gentle products to balance oil production and maintain hydration.'

DR MEGHA PANCHOLI, BOOTS ONLINE DOCTOR

## THREE'S A TREND

You've probably seen it on Blake Lively, Sabrina Carpenter and Lindsay Lohan, but amber blonde, a gorgeous warm-toned, honey-blond hue with a hint of auburn, is officially the shade of the season. Super versatile with a tone to suit everyone, it's the perfect way to switch up your shade for spring.



Shrine Drop It Caramel Blonde Toner, £9.99 (10ml)



## Spring glow

Racial self-tanners have come a long way since the days of patchy formulas that only clung to our hairlines. Current fave is **St Tropez Sunlit Skin Bronzing Tint + Tan**, £29 (30ml/£9.67 per 10ml), which can be worn under make-up and is infused with hyaluronic acid. Apply to clean skin and blend out with a brush.

HEALTH & BEAUTY 49

BEAUTY UPDATE

Words: Maggie Gorman. Photographs: Irina Stankovic/Galler Stock/Getty Images and Stocksy. Prices vary in selected London and travel stores