

## PROFESSIONAL EXPERIENCE

### **Independent Journalist, Writer & Editor**

Jan. 2007-present

Writing credits include:

- *New York Times; Washington Post; Los Angeles Times; Chicago Tribune; Boston Globe; Philadelphia Inquirer; Associated Press; Center for Public Integrity; Family Circle; Yankee; Discover; Scientific American; HealthCentral.com; Hartford Courant; The Saturday Evening Post; AARP Bulletin; AAA; IEEE Spectrum; Next Avenue; National Society of Black Engineers; Career Engineer; Mechanical Engineer; Yale Public Health; CURE; Connecticut Health Investigative Team; Huffington Post; Spine Universe; Connecticut Magazine; and Hartford Magazine.*
- *Connecticut Magazine* – Wrote monthly health story geared to a general consumer audience. Stories also ran in a dozen Hearst Media newspapers. July 2019-2024

### **Achieve Hartford**, part-time grant writer & communications manager

July 2018-July '24

- Write grants for programs serving first-generation, low-income, underserved students to help them start and persist in community college. Manage and execute all communications.

### **The Hartford Courant** / [courant.com](http://courant.com)

Aug. 1987-Jan. 2007

Staff Writer & Copy Editor

- In 19+ years, wrote award-winning stories about people and communities, real estate, workplace/career issues, sustainable living and gardening, crime, schools, land use and business.
- Copy edited international, national, business and state news.

## EDUCATION and PROFESSIONAL DEVELOPMENT

MARIST COLLEGE, Poughkeepsie, NY, BA in English Literature; Comm. minor, cum laude

NATIONAL PRESS FOUNDATION, Washington, DC, fellow, "What's New in Covering Cancer?" 2016

WOMEN'S LEADERSHIP INSTITUTE, Hartford International University for Religion & Peace, Hartford, CT, Fall 2014-Spring 2015

REYNOLDS NATIONAL CENTER for BUSINESS JOURNALISM, Circle of Achievement, continuing ed

WHARTON SCHOOL OF BUSINESS, University of Pennsylvania, Philadelphia, PA.  
Week-long, intensive program, "Wharton Seminars for Business Writers," 1997

## **PROFESSIONAL MEMBERSHIPS**

AMERICAN SOCIETY OF JOURNALISTS AND AUTHORS

ASSOCIATION OF HEALTH CARE JOURNALISTS

CENTER FOR INDEPENDENT JOURNALISTS

SOCIETY OF ENVIRONMENTAL JOURNALISTS

SOCIETY OF PROFESSIONAL JOURNALISTS

## **AWARDS**

- National Health Information Awards, AARP Bulletin story, "Attention, Please!"
- CT Society of Professional Journalists, (SPJ) Theodore Driscoll Investigative Reporting Award for series about police brutality that led to the police chief's resignation and creation of a civilian review board
- CT SPJ, first-, second- & third-place awards for magazine feature stories
- CT SPJ, first- & second-place awards for diversity coverage
- CT SPJ, first- & second-place awards for health coverage
- Connecticut Agricultural Journalism Award for "best feature story"
- ASBPE Northeast Region Award of Excellence, bronze for how-to article
- Charles Dudley Warner Award for a business story analyzing real estate data
- APEX Awards for stories in NSBE Magazine, Career Engineer magazine

## **COMMUNITY SERVICE**

- ASJA Magazine, American Society of Journalists & Authors, copy editor, 2010-2023
- Canton Land Conservation Trust, board of directors, 2018-present; newsletter editor
- Canton Pollinator Pathway initiative, co-founder, 2019-present
- UConn Certified Advanced Master Gardener, 2020-present
- Town of Canton Open Space Commission, vice chair, 2004-2009
- Canton Greater Together Community Fund Committee, co-chair, Summer 2021-present
- Canton Advocates for Responsible Expansion, C.A.R.E., co-founder, past president