Favorite Season

ENG 120 English Composition

Megan Marquez

Nightingale College

My favorite time of the year is the fall. I am the firm believer that pumpkin spice lattes should be available year-round. Spring, summer, and winter are all nice in their own unique ways.  However, there are three main reasons why fall is my favorite above all others, the decrease in temperature, nature changes beautiful colors, and it is the official start of all the holiday festivities. Ever since I was young, I have always loved sweaters and pumpkin patches. As soon as August is over, I wait in great anticipation for the first signs of fall.

As soon as the weather changes and the temperature drop to a chilling 50 degrees Fahrenheit in the morning. I stand ready with my favorite gray wool sweater and a mug of hot chocolate. In the mornings before my daughter and husband wake up, I like to sneak outside onto our balcony and breath in the cool crisp air of the morning. There is something about the feeling of the cool air on my skin while watching the sun rise and enjoying my coffee, I find very soothing and comforting. This time of the morning is very precious to me as it is the only time during the day, I have to myself.

During the afternoons I like to take my daughter out for walks along our favorite trails that run around our house. Here in Idaho, we have a series of trails that cut through urban areas that allows people to be out in nature without traveling very far. As we walk, my daughter and I like to collect all the different colorful leaves that we find. I become mesmerized by all the beautiful shades of red, green, and yellow.   There is something about being out in the stillness of nature and the smell of autumn that is extremely comforting to me. When I was a little girl, every year I would spend hours upon hours outside forming a pile of fallen leaves and jumping in them. The bigger the pile the more fun I had. My mother would have to come outside to get my attention. Now that I am a mother, I am very excited to pass this enjoyable experience on to my daughter. She is two years old and old enough to really enjoy the activity to its fullest.

I believe that October is the official start of the holiday season. Our local pumpkin patches open. Signaling time to start all the holiday baking while enjoying endless traditions and festivities. My family loves to gather during the holidays for a variety of activities. One special tradition is we make an array of cookies and cakes that has never been seen before. Two days before Thanksgiving my sisters and I gather our children together for a full afternoon of baking. It is tradition for the kids to make decorated sugar cookies for the big thanksgiving meal. This day is especially designed for the children in the family to feel special and included. Each child is given a sizable ball of dough at the start of the afternoon. I have a large tub of holiday themed cookie cutters that never stops growing.  Each child can design and decorate their cookies as uniquely as they would like. Every year, I look forward to this day with great anticipation. As our family continues to grow so do the memories.  The completed cookies are served at the family thanksgiving dinner. I get a great feeling of pride and accomplishment when I hear the littler children squeal with delight when they find a cookie they personally made.

Autumn is a very peaceful and memorable time of the year for me and that is why it is my all-time favorite season. Currently the weather in Idaho has turned colder. The leaves have begun to turn their beautiful colors of red, yellow, and gold. The season of Autumn is here once again, and I cannot wait to see what fun and excitement it brings to my family and I this year.