

“It’s alright to tell a man to lift himself by his own bootstraps, but it is cruel jest to say to a bootless man that he ought to lift himself by his own bootstraps.”

– Dr. Martin Luther King, Jr.

Journey to the Son

An Unconventional Quest of Mother and Son to Love, Light and Hope

Journey to the Son is an emotionally riveting memoir that chronicles a woman’s eight-year battle with the system for the child she loves, who suffers from prolonged trauma caused by his birth mother, a victim herself of perpetual physical, emotional, and mental abuse.

Carla shares her painful, yet rewarding journey of motherhood to prompt discussions about trauma and its impact on children, who are placed in unsafe living conditions.

Carla is partnering with private and public stakeholders to lead a movement that focuses on protecting children, like her son, by providing them safe and healthy environments to live in – what every child deserves.

Synopsis:

Carla A. Carlisle is a divorced African-American corporate executive who longs to be a mother after struggling with infertility for more than five years. She becomes a foster parent and takes in 10-day-old Devon, born two months prematurely to a mentally ill, drug-addicted mother, who suffers from untreated childhood trauma. Six months later the system gives Devon to his birth mother. Carla must decide to either give up or fight for her son.



Journey to the Son | Written by Carla A. Carlisle and Ashley Eiland

Category: Nonfiction Memoir | Pages: 140

Paperback Retail Price: \$18.99 | Kindle Price: \$9.99 | ISBN-13: 978-7329441-9-0

Available now at CarlaACarlisle.com and Amazon.com

Praise for the book:

"I can relate to your story on so many levels. I guess that's why it was so hard to put it down last night. I'm getting ready to eat my dinner, put on my pajamas, and go at it again. It's refreshing to read a story free from embellishments. I'm sure your story will touch many."

- Pat G.



Carla A. Carlisle

Author / Speaker / Mother / Advocate

Excerpt:

The car isn't safe. I'm not safe. I'm not safe. It's the first time I've really let the thought sink into my brain. Every day that I'm with these people I am putting myself and my child in danger. I am not safe. I can't help the tears that find their way down my cheeks. The anger, humiliation, and fear associated with being slapped like a child in front of my son digs into my soul with heat, with shame. No wonder he didn't respect me. Through my passivity, I'd taught him that love and compassion were weaknesses easily slapped down by the person with the loudest voice. "He didn't see nothing, Ms. Carla," Montaya insisted as I unsnapped my seatbelt, fumbling with the door handle, needing to get out of the car.

About the Author:

Carla A. Carlisle is an author, speaker, and child and mental health advocate. She started her activism as a result of her eight-year battle to save her son from further trauma.

Topics:

- Foster Care & Adoption
- Social Justice
- Trauma Informed (Generational Trauma)
- Path to Resiliency
- Culture

Contact:

Email: Carla@CarlaACarlisle.com

Phone: (980) 330-1792

[f](#) [@](#) [t](#) [in](#): @CarlaACarlisle

#journeytotheson