

ACADEMIC PURPOSES ONLY – NOT FOR PUBLICATION

## **Researchers find that videogames give users significant benefits**

*Isabela Granic and team find cognitive, motivational, emotional and social benefits for videogame users*

WHO: Isabela Granic, lead researcher, Radboud University  
Adam Lobel, researcher, Radboud University

WHAT: News conference to announce findings of a study that showed benefits to children and young adults that play videogames.

WHERE: RAI Amsterdam  
Europaplein 24  
1078 GZ Amsterdam  
NETHERLANDS

WHEN: 10 a.m. Tuesday, Sept. 29

DETAILS: Video games have been perceived to be only negative for its players until Granic's team decided to shed light on the positives. The findings of this study can change the way children and teens are raised by proving that playing videogames keeps your mind active and healthy.

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