



THE GREAT **OUTDOORS!**

Be ready for anything, wearing stylish, multipurpose kit that's fit for all your sporty summer adventures

River deep, mountain high

Engineered with water-repellent fabric, Columbia's Summerdry Cargo Shorts, £50, are great for both messing about by the river and hiking with friends. The Summertide Water Shoes, £90, have a mesh and neoprene upper, and rubber soles, making them ideal for water sports; columbiasportswear.co.uk



Seamless support

Moisture-wicking and breathable, this Icebreaker Cool-Lite Merino Anatomica Seamless Sport Bra, £55, is super comfy and supportive; icebreaker.com



Keep a cool head

Breathable and cooling, this **Buff CoolNet UV+ Tapered** Headband, £14.18, offers UPF+50 protection and pulls sweat away from the skin to ward off irritation; buff.com



Great and small

Made with lightweight, quick-drying, stretchwoven fabric, Smartwool's Merino Sport Hike Shorts, £64.99, will move any way the trails take you;

smartwool.co.uk

Super sunnies

Oakley's women-specific Spindrift Sunglasses, £135, pack plenty of performance features to withstand all kinds of outdoor activities; oakley.com

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womensfitness.co.uk





Peak performance

These Merrell Agility Peak 4 Trail Running Shoes, £120, are seriously grippy and give maximum traction on even the most rugged wet or dry terrain; merrell.com



Roll with it

Millican's Smith The Roll Pack 15L With Pockets, £125, has fully adjustable, padded, ergonomic shoulder straps for supreme comfort on the move;

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homeofmillican.com



Pretty and

Approved for beer

gardens and active

Bamboo Dress, £49,

has a relaxed fit for

bambooclothing.

easy movement;

co.uk

jollies, BAM's sweatabsorbing Steeperton

practical

Tangerine dream

Highly ventilated and super lightweight with built-in odour control, this Rab Wisp Vest, £30, is great for layering over a sports bra on humid hikes: rab.equipment



Padded protection

Stay cool and protect your posterior on bike rides in these supremely comfy - and seriously stylish - Rapha Classic Bib Shorts, £170; rapha.cc



Sturdy and stylish

Combining hi-top style with ankle support, Columbia's SH/FT Aurora Outdry Walking Shoes, £135, are suitable for the streets and peaks; columbiasportswear.co.uk



WORKOUT WARDROBE \\\\\\\\\\\\



shine

The North Face's Dryzzle Futurelight Jacket, £200, is waterproof and windproof, yet also highly breathable - perfect for pesky summer showers; thenorthface.co.uk



With its flattering fit, sweat-wicking properties and odour-resistant fabric, this Berghaus Explorer Tech Tee, £30, will keep you fresh all day long; berghaus.com



Patagonia's versatile Pack Out Hike Tights, £110, offer abrasion resistance on the knees and bottom, and will keep you cool, dry and chafe-free;

eu.patagonia.com @

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