

# WHAT'S YOUR

Whether you want to work out or chill out,

# YOGA TRIBE?

here are the perfect pieces for your practice



Silou Miranda Body, £199; siloulondon.com

**SLEEK AND SPORTY**

Strike a pose in body-sculpting designs and bold, block colours



Mio Skincare Liquid Yoga Bath Soak, £26; mioskincare.co.uk

Frost Eliza Strappy Bra, £43; Eliza Strappy Leggings, £85; frostlondon.co.uk



evveervital Reversible Sweater, £128; evveervital.com



L'URV Army Jet Fire Sports Bra, £52; fashercise.com



Sweaty Betty Serenity Culotte Jumpsuit, £95; sweatybetty.com

Dharmabums Relax Pants, £59.99; dharmabums.co.uk

**SOFT AND SPIRITUAL**

Go with the flow wearing relaxed styles in earthy shades



Asquith Conquer Cami, £52; Long Harem Pants, £69; asquithlondon.com

Mantra Jewellery 'I am Enough' Rose Gold Necklace, £65; mantrajewellery.co.uk

Yogamatters Mandala Grippy Yoga Mat Towel, £38; yogamatters.com



Michi NY Rally Leggings, £145; fashercise.com

Yogamatters Yoga Prop Kit, £40; yogamatters.com



Pointe Studio Elie Grip Socks, £12; mygymwardrobe.com

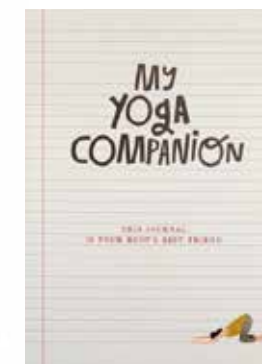
Yoga Design Lab Infinity Mat, £78; yogadesignlab.com

WORDS: Joanna Ebsworth



Free Spirit Feather Mandala Singlet, £29.95; yogaclicks.com

Paperchase My Yoga Companion Self-Discovery Journal, £12; amazon.co.uk



Yoga Design Lab The Yoga Wheel, £54; yogalabdesign.com



Lorna Jane Gypset Sports Bra, £54; lornajane.co.uk