
From: Spices Inc. <customerservice@spicesinc.com>
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Subject: Feeling a Lil Salty About Blah Food? Give Salt-Free Seasonings a Try! - Preview

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Feeling a Lil Salty About Blah Food? Give Salt-Free Seasonings a Try!



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Caribbean Spice

The sweeter cousin of Jamaican Jerk Seasoning, we use this spice when we want a Caribbean flavor without face burning heat!



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Organic Creole Seasoning

Inspired by authentic New Orleans flavors, this mild blend is perfect for giving your dish a Southern twist.



Mojo Seasoning

A Cuban spice blend best used for seasoning meat like chicken or pork!



Pennsylvania Pepper

This classic salt-free seasoning is so delicious, you might never go back to plain pepper after you've tried it!



Tangerine Hibiscus Rub

Tart, citrusy, and with a bit of heat, this blend is perfect for those who enjoy a "sweet heat" experience.



Yucatan Recado Rojo Rub

Believed by food historians to have been one of the first fusion cuisines, Yucatan cuisine uses blends like this one to make their famous achiote paste.



Za'atar (Israeli)

Use this blend as a seasoning, bread dip, or even eat it as a snack! Nutty, woody, and tart, this makes for the perfect roasted root vegetable seasoning.



Habanero Mango Chicken Rub

A blend to shake up your chicken recipe, Habanero Mago was designed to get you out of your food rut and get you cooking with something a little more exciting!

Videos

How to Roast & Grind Spices



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Blog Posts



Top 25 Salt Free Seasonings

This blog highlights some of our most popular and some of our favorite salt-free seasonings.



6 Living With Low Sodium Tips

Looking for ways to live a lower sodium lifestyle?
Click here to see what we have to say!



Heart Health Awareness

Since February is American Heart Month, we wanted to share some information about bettering your heart health.

SHARE IT FORWARD!

[Click here to forward this email to your friends and fellow *Spice enthusiasts*.](#)



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