

Bet type: HiLo

Melbourne City Women vs Adelaide Utd Women

High-scoring game expected from top-of-the-table clash.

TEAM NEWS

Melbourne City Women's star Aideen Keane had to be substituted last round, but it looked precautionary more than anything. Given the side's best player, Holly McNamara, will miss this as she is away at the Asian Cup with Australia, monitor whether she is named as it would be a massive loss for the attack.

Holly Murray will miss this match, and likely a few more, for Adelaide Utd Women with a knee injury, though it is not a particularly consequential loss. Emilia Makris is also in doubt, though they will be able to cover for her regardless.

Melbourne City Women

Suspended: None

Doubtful: Aideen Keane (injured)

Injured/unavailable: Holly McNamara (Asian Cup), Ellie Wilson (ankle)

Adelaide Utd Women

Suspended: None

Doubtful: Emilia Makris (injured)

Injured/unavailable: Holly Murray (knee)

MATCH PREVIEW

MAIN PREDICTION: HiLo - HIGH

It's first vs second on the A-League Women's ladder in a midweek, rescheduled fixture that has suddenly has a lot riding on it (in terms of finals spots) in the midst of the Asian Cup happening at the exact same time. If the league's leading goalscorer, Holly McNamara (12 goals, five assists) was playing in this match instead of being away representing Australia at the Asian Cup, bettors should dive into Melbourne City Women in the home-away-draw market. Such is her talent, and a potential injury to young star Aideen Keane, that is enough to avoid that market; especially given Adelaide Utd Women have won eight of their past nine matches in a strong run of form. That home-away-draw market has good value, but it is harder to have confidence with given this is a midweek match with less rest and a very significant player missing. What does appeal is HiLo. Five of Adelaide Utd Women's last seven games have finished in over 2.5 total goals, and it was only January 31 when they managed to beat Melbourne City 2-1. Crucially, though, Melbourne City Women were able to cover for the loss of McNamara's absence last round with a star super-sub performance, once again, from Nigerian international Chinaza Uchendu. Her two goals, one of which was a long-range stunner, showed they have cover ahead of a match against one of the most in-form teams in the league.

HEAD TO HEAD

Melbourne City Women had been unbeaten in their last eight matches against Adelaide Utd Women; while scoring a combined 21 goals to just six for the latter. That was until earlier this season, when Adelaide Utd Women won 2-1 at home and kept the ladder leaders to just one single big chance on goal. In terms of betting history, Melbourne City Women have scored first in eight of their past nine encounters; while four of the last five have finished with over 2.5 total goals.

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Bet type: Home_Away_Draw

Sydney FC Women vs Wellington Phoenix Women

Wellington Phoenix Women look to continue strong form against struggling hosts.

TEAM NEWS

Sydney FC Women's trio Maddie Caspers, Sarah Hunter and Hana Lowry all remain in doubt with their respective injuries. Given the club are struggling at the bottom of the ladder, any of them returning, even from the bench, would be a massive boost.

Wellington Phoenix Women's equal top scorer Pia Vlok will have to clear concussion protocols to feature in this match, but she should be able to; while young New Zealand international Lara Wall is unlikely to feature due to a calf injury.

Sydney FC Women

Suspended: None

Doubtful: Maddie Caspers (rib), Sarah Hunter (collarbone), Hana Lowry (knee)

Injured/unavailable: Indiana Dos Santos (ACL), Nat Tobin (pregnant)

Wellington Phoenix Women

Suspended: None

Doubtful: Pia Vlok (concussion), Lara Wall (calf)

Injured/unavailable: CJ Bott (pregnant), Alyssa Whinham (ACL), Tessel Middag (ACL), Sabitra 'Samba' Bhandari (ACL)

MATCH PREVIEW

MAIN PREDICTION: AWAY WIN

Wellington Phoenix Women continued their resurgence in the second half of the season, notching their seventh victory from their past 11 matches with a comfortable 3-0 win over Brisbane Roar Women last round. It was a scoreline that could, and should have, been far greater had it not been from the three very easy big chances they also missed. Regardless, it was still a clinical performance in which they dominated the play in their final third in front of goal – and that spells danger for a Sydney FC Women’s side that has now lost eight of their last 12 matches. The once-proud club sit last, and score only 0.8 goals per game on average. Compare that to the in-form Wellington Phoenix Women, who have kicked the most goals (two) per game of any team in the competition. That’s led by the brilliant form of American forward Makala Woods, who has scored five goals and provided five assists in the eight matches since she was signed as an injury replacement player for an ACL injury back in January. You have every reason to have supreme confidence Wellington Phoenix Women can continue their form by backing them in the home-away-draw market.

HEAD TO HEAD

These two clubs have had some closely-fought clashes over the last couple of seasons, with each managing to earn two wins from their past four encounters. Earlier this season though, it was Wellington Phoenix Women who completely annihilated Sydney FC Women with a 7-0 thrashing. That was the third time in their last four encounters where a game finished with over 2.5 total goals.

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Bet type: HiLo

Brisbane Roar Women vs Newcastle Jets Women

High-scoring game expected from two struggling defences.

TEAM NEWS

Brisbane Roar Women's bad luck with injury continued last round, after young defender Ruby Cuthbert needed to be taken off. Fortunately there is an outside chance Ange Beard may be able to play given the Philippines' Asian Cup campaign finishing on Thursday. If Australia lose the semi-final, that would mean Chloe Lincoln might be able to return too; but they are favourites for the game so it seems unlikely. All the unavailability concerns are really stretching the club.

During the week Newcastle Jets Women confirmed captain Cass Davis will miss rest of season; which is a massive blow for the side's midfield and leadership. Star goalkeeper Anna Leat continues to be in doubt with injury, which challenges the club's defence.

Brisbane Roar Women

Suspended: None

Doubtful: Zara Kruger (ankle), Ruby Cuthbert (injured), Angela Beard (Asian Cup)

Injured/unavailable: Tameka Yallop (hamstring), Grace Kuilamu (ACL), Sharn Freier (ACL), Chloe Lincoln (Asian Cup)

Newcastle Jets Women

Suspended: None

Doubtful: Anna Leat (injured)

Injured/unavailable: Cass Davis (heel)

MATCH PREVIEW

MAIN PREDICTION: HiLo - HIGH

It's been a rollercoaster season for both of these clubs, Brisbane Roar Women primarily because of their horror injury toll, and Newcastle Jets Women for spurts of good then poor form. That their starting goalkeeper and experienced defender are away with their nation's at the Asian Cup only stretches a desperately unlucky Brisbane Roar Women's side even further, and it makes it tough to trust either in the home-away-draw market. That being said, if you want to bet into that market at good value, I would side with Newcastle Jets Women after their win last round broke a run of losses - but not with much confidence. The market that does appeal is HiLo – HIGH, given both of these clubs have finished with over 2.5 total goals in six of their last seven matches. Much of that is due to their struggling defences, but in players like Bente Jansen (seven goals) for Brisbane Roar Women and Melina Ayres (seven goals) for Newcastle Jets Women there is also enough talent to ensure there are plenty of goals in this clash. Take the HiLo market with confidence.

HEAD TO HEAD

Newcastle Jets Women have a strong recent history against Brisbane Roar Women, having beaten them in four of their past five clashes. They have typically been high-scoring affairs, with all of those encounters finishing in over 2.5 total goals; with the clashes actually finishing with 4.2 goals scored on average. Newcastle Jets Women managed a 3-0 win earlier this season, despite each side only managing three shots on target for the game.

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Bet type: First_Team_To_Score

Perth Glory Women vs Central Coast Mariners Women

Perth Glory Women look to continue strong home record.

TEAM NEWS

Perth Glory Women's Onyinyechi Zogg will miss this match and one other after she was given a straight red card for taking out an opponent free on goal last round. It would be a huge boost if the experienced Susan Phonsongkham can return from injury; though it seems less like Julia Sardo and vice-captain Naomi Chinnama are ready.

Aside from the three long-term ACL absentees, there are no new availability concerns for Central Coast Mariners Women.

Perth Glory Women

Suspended: Onyinyechi Zogg (red card against Adelaide)

Doubtful: Naomi Chinnama (ankle), Susan Phonsongkham (injured), Julia Sardo (injured)

Injured/unavailable: Ella Abdul Massih (injured)

Central Coast Mariners Women

Suspended: None

Doubtful: None

Injured/unavailable: Sarah Langman (ACL), Cannon Clough (ACL), Isabella Coco-Di-Sipio (ACL)

MATCH PREVIEW

MAIN PREDICTION: First to Score - HOME

With just over two weeks left in the regular season, and the top six securing a spot in the finals, Perth Glory Women sit sixth and just one point ahead of Central Coast Mariners Women in seventh. So this clash is the most important game of the season for both clubs and could well decide which team can manage a spot in the finals. The fact it is in Western Australia, the longest away trip in the league, is a huge boost for Perth Glory Women, who have a very strong record at home. They've won five of their seven matches at home, with their last loss only coming at the hands of ladder leaders, Melbourne City Women. That bodes well in the home-away-draw market for the home side, which has decent value, as does the fact due to fixturing quirks and the recent international break, Central Coast Mariners Women won't have played for over a month by the time this match rolls around. But their clash earlier this season finished in a really tight 1-1 draw, making the confidence slightly lower. The market that does appeal with strong confidence is First Team to Score. Perth Glory Women have scored first in five of their last seven matches at home, and their opponents will likely start sluggishly given their long break from matches and the long away trip. Take that market for the home side with confidence.

HEAD TO HEAD

These two clubs have had some closely-fought clashes since Central Coast Mariners Women re-entered the league in 2023. The last two encounters have finished in draws; while Central Coast Mariners Women have won two, and Perth Glory once. Earlier this season they fought out a 1-1 draw, with three big chances missed by Central Coast Mariners Women denying them a win.

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UPDATED

Bet type: Home_Away_Draw

Canberra Utd Women vs Adelaide Utd Women

Adelaide Utd Women look to continue five-game unbeaten run.

TEAM NEWS

Canberra Utd Women will miss captain and star striker Michelle Heyman who is away representing Australia at the Asian Cup final. She is a massive loss and impossible to replace.

Emilia Murray suffered an ankle injury during the week, though Adelaide Utd Women are yet to confirm the severity. Hard to imagine her playing in this game though.

Holly Murray is still rehabbing a knee injury. Both are depth players on the bench if anything, anyway.

Canberra Utd Women

Suspended: None

Doubtful: None

Injured/unavailable: Michelle Heyman (Asian Cup)

Adelaide Utd Women

Suspended: None

Doubtful: Emilia Murray (ankle)

Injured/unavailable: Holly Murray (knee)

MATCH PREVIEW

MAIN PREDICTION: AWAY WIN

The A-League Women have (quite rightly) come under a lot of fire for scheduling some of the season's most important fixtures during a home Asian Cup with the league's best players away competing for multiple countries. Canberra Utd Women, in particular, placed fourth on the ladder with a top two finish in sight if they can win, can feel particularly aggrieved. Their captain and superstar striker, Michelle Heyman, the all-time leading A-League Women's goalscorer is away with the Matildas in the final and her absence is so consequential to the team that it tips the confidence in the home-away-draw market to away side. Coincidentally Adelaide Utd Women are the side that sit second (guaranteeing passage straight to the semi finals) – the very spot Canberra Utd Women are covering, so it highlights just how important this game is. There is good value to be had in the home-away-draw market, but the fact Canberra Utd Women lost 3-1 last weekend in an equally important fixture against the ladder leaders Melbourne City Women without Heyman (and generated just one big chance on goal) is what really appeals about the away side. Adelaide Utd Women are on a five-match unbeaten run, and while they will be tired from a midweek draw against said ladder leaders, they have enough depth in their squad to inject fresh legs into this encounter. While it isn't the highest deal of confidence, the value shows enough to trust Adelaide Utd Women to get the job done against a team missing its best threat on goal. They'll make it seven wins from their past nine matches after this game.

HEAD TO HEAD

These two clubs have had some closely fought clashes over the past two seasons. In their last six encounters, each has managed to nab two wins, with the other two finishing in draws. It's Adelaide Utd Women who are unbeaten in the past three, though, as was the case earlier this season when they secured a 2-1 win at home over Canberra Utd Women thanks to a 78th minute winner from Matilda McNamara.

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UPDATED

Bet type: Home_Away_Draw

Western Sydney Wanderers Women vs Melbourne City Women

Ladder leaders look to secure premiership with victory here.

TEAM NEWS

Western Sydney Wanderers pair Wang Ying and Yuan Cong might be available for this match given China were knocked out of the Asian Cup on Tuesday. Less likely is Janae DeFazio given Philippines played on Thursday. Monitor because any of them being included is a massive boost to a squad with poor depth.

Superstar striker Holly McNamara will miss this match as she will be with the Australia squad at the Asian Cup final on Saturday night. She is a massive loss. Ellie Wilson is also unavailable as she continues her ankle rehab.

Western Sydney Wanderers Women

Suspended: None

Doubtful: Wang Ying, Yuan Cong and Janae DeFazio (all Asian Cup)

Injured/unavailable: None

Melbourne City Women

Suspended: None

Doubtful: None

Injured/unavailable: Ellie Wilson (ankle), Holly McNamara (Asian Cup)

MATCH PREVIEW

MAIN PREDICTION: AWAY WIN

This is a huge match for Melbourne City Women. Win this match and they will officially secure the premiership and finish first for the third straight year. That's another trophy, a big financial boost for the club and players and secures passage straight to the semi finals, too. It's quite diabolical they've had to play so many important matches over the last couple of weeks given the league scheduled fixtures while the country hosts an Asian Cup; but the club obviously can't control that. So once again they won't have the services of undoubtedly the league's best player and top goalscorer, Holly McNamara – but still have enough confidence in them to get the job done in the home-away-draw market given they play a Western Sydney Wanderers Women's side that are on a four match winless run featuring three losses. If any of their three aforementioned stars who had been at the Asian Cup miss this match, confidence in the away team in the home-away-draw market will only strengthen – so monitor. But either way, despite looking tired in their vital midweek clash against the second-placed Adelaide Utd Women's, Melbourne City Women still ensured their very strong opponents did not have a single shot on target. They didn't score themselves, but they still looked dangerous in front of goal and will find it much easier in this game against the league's second-worst defence.

HEAD TO HEAD

Melbourne City Women might have been the league's most dominant club over the last few seasons, and Western Sydney Wanderers Women one of the weakest; but the latter actually has a strong recent record against them. They've twice managed 1-0 wins in their last four clashes, with Melbourne City Women winning the other two by a combined three goals to nil. Just over a month ago, an unlucky own goal from their opponents secured a huge 1-0 upset win for Western Sydney Wanderers Women.

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Writing profile

Kristy Williams is an experienced sports journalist with over a decade in the industry. For the past two years, she has specialized in covering the Women's Super League, providing in-depth reporting and detailed statistical analysis for the league's broadcast rights holder. She has also written extensively on the A-League Women and produced betting content for William Hill and Sportsbet, alongside football coverage for outlets including the Daily Mail and Optus Sport. Kristy currently works with UEFA, covering European domestic and international tournaments.