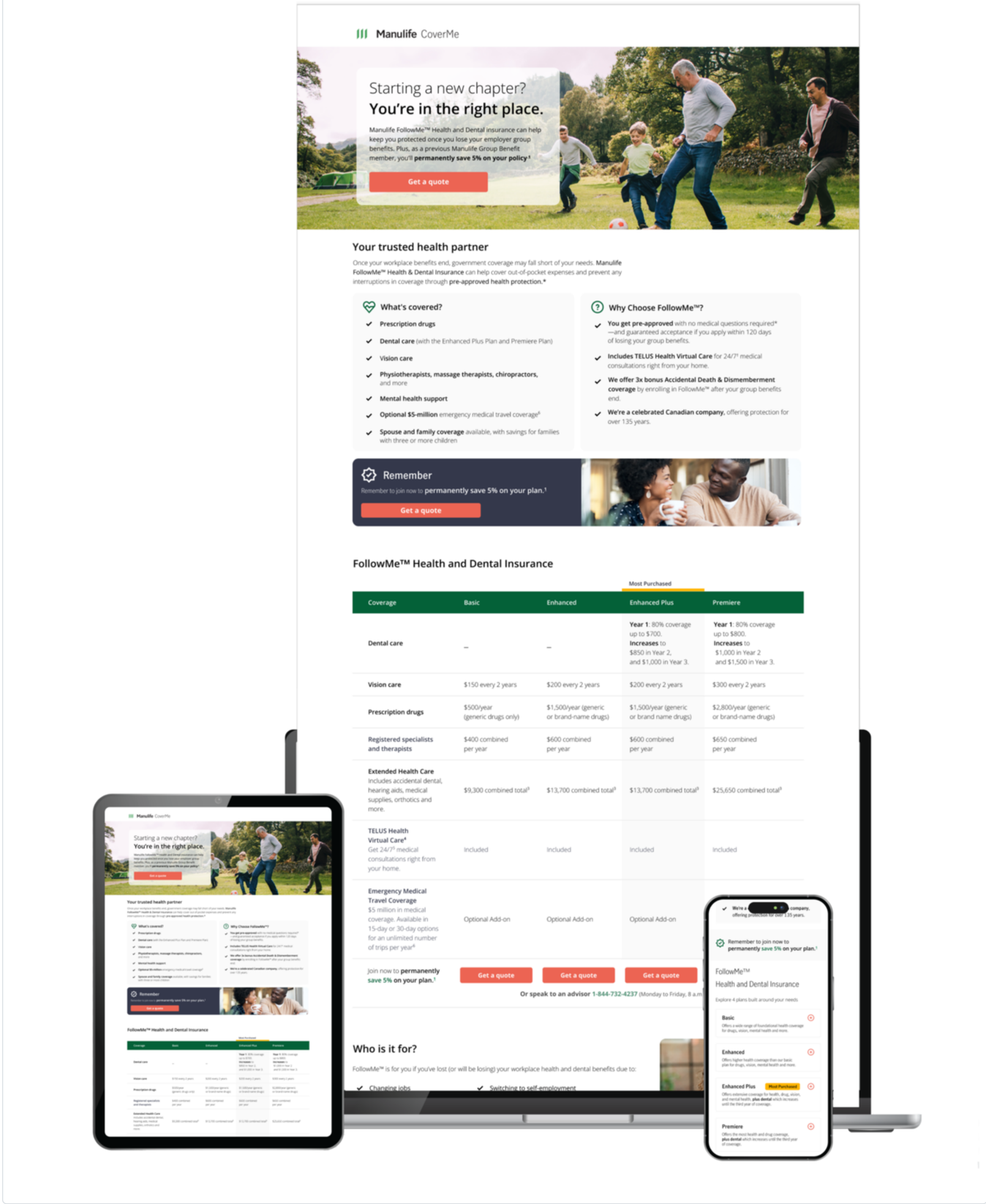
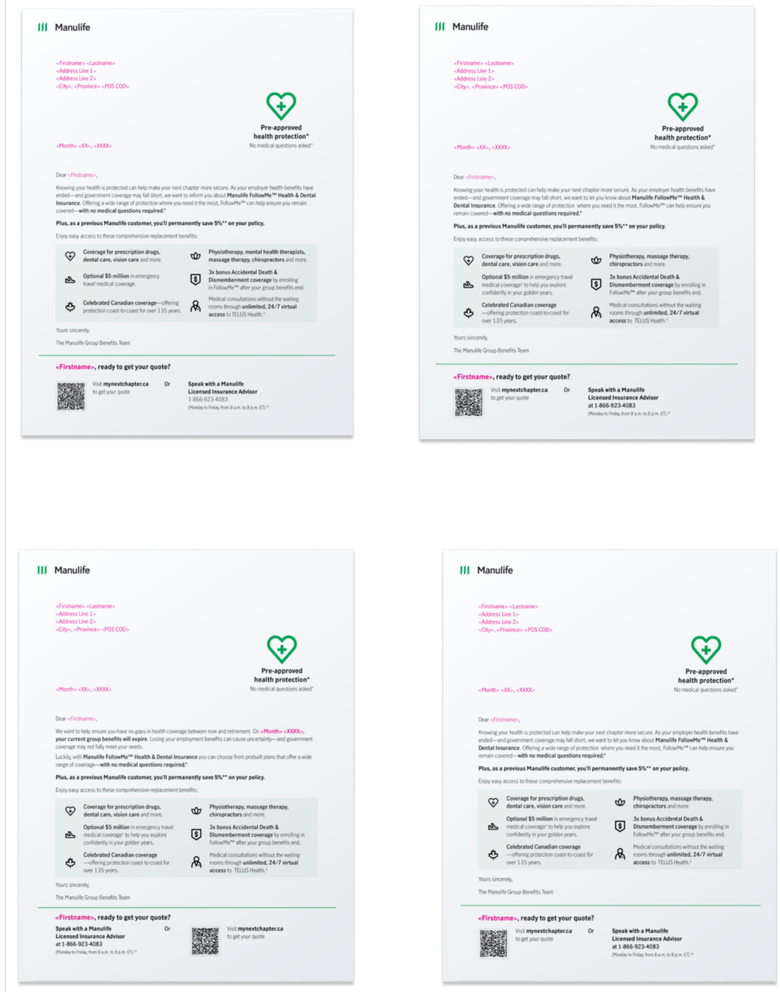
MNC page


Manulife CoverMe
Starting a new chapter?
You're in the right place.
Manulife FollowMe™ Health and Dental insurance can help keep you protected once you lose your employer group benefits. Plus, as a previous Manulife Group Benefit member, you'll permanently save 5% on your policy.¹
Get a quote
Your trusted health partner
Once your workplace benefits end, government coverage may fall short of your needs. Manulife FollowMe™ Health & Dental Insurance can help cover out-of-pocket expenses and prevent any interruptions in coverage through pre-approved health protection.*
What's covered?
Prescription drugs
Dental care (with the Enhanced Plus Plan and Premiere Plan)
Vision care
Physiotherapists, massage therapists, chiropractors, and more
Mental health support
Optional $5-million emergency medical travel coverage⁶
Spouse and family coverage available, with savings for families with three or more children
Why Choose FollowMe™?
You get pre-approved with no medical questions required* —and guaranteed acceptance if you apply within 120 days of losing your group benefits.
Includes TELUS Health Virtual Care for 24/7⁷ medical consultations right from your home.
We offer 3x bonus Accidental Death & Dismemberment coverage by enrolling in FollowMe™ after your group benefits end.
We're a celebrated Canadian company, offering protection for over 135 years.
Remember
Remember to join now to permanently save 5% on your plan.¹
Get a quote
FollowMe™ Health and Dental Insurance
Most Purchased
Coverage | Basic | Enhanced | Enhanced Plus | Premiere
Dental care | – | – | Year 1: 80% coverage up to $700. Increases to $850 in Year 2, and $1,000 in Year 3. | Year 1: 80% coverage up to $800. Increases to $1,000 in Year 2 and $1,500 in Year 3.
Vision care | $150 every 2 years | $200 every 2 years | $200 every 2 years | $300 every 2 years
Prescription drugs | $500/year (generic drugs only) | $1,500/year (generic or brand-name drugs) | $1,500/year (generic or brand name drugs) | $2,800/year (generic or brand-name drugs)
Registered specialists and therapists | $400 combined per year | $600 combined per year | $600 combined per year | $650 combined per year
Extended Health Care Includes accidental dental, hearing aids, medical supplies, orthotics and more. | $9,300 combined total⁵ | $13,700 combined total⁵ | $13,700 combined total⁵ | $25,650 combined total⁵
TELUS Health Virtual Care⁴ Get 24/7⁷ medical consultations right from your home. | Included | Included | Included | Included
Emergency Medical Travel Coverage $5 million in medical coverage. Available in 15-day or 30-day options for an unlimited number of trips per year⁶ | Optional Add-on | Optional Add-on | Optional Add-on
Join now to permanently save 5% on your plan.¹
Get a quote
Or speak to an advisor 1-844-732-4237 (Monday to Friday, 8 a.m.
Who is it for?
FollowMe™ is for you if you've lost (or will be losing) your workplace health and dental benefits due to:
Changing jobs
Switching to self-employment
FollowMe™ Health and Dental Insurance
Explore 4 plans built around your needs
Basic
Enhanced
Enhanced Plus
Most Purchased
Premiere

DMs


Manulife
Pre-approved health protection*
No medical questions asked*
Dear <Firstname>,
Plus, as a previous Manulife customer, you'll permanently save 5%** on your policy.
Yours sincerely,
The Manulife Group Benefits Team
«Firstname», ready to get your quote?
Speak with a Manulife Licensed Insurance Advisor at 1-866-923-4083