



BA English Language Graduate currently studying a **Broadcast Journalism Master's** at the **University of Salford**. **Highly engaged Mental Health advocate and campaigner**. **Working nationally with decision makers and media outlets around this**. **Currently write two blogs, as well as other freelance pieces**.

Main interests lie in broadcast journalism, however also write and have a keen interest in youth voice, mental health and lifestyle media pieces. **Looking for and open to new opportunities**.

CONTACT ME

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Websites:

www.youthmentalhealthmatters.net

<https://linktr.ee/LBarclay>

MY EDUCATION

The University of Manchester

2016-2019

- BA (Hons) English Language 2:1

Altrincham Girls Grammar School

2009-2016

- A-Levels: English Language (A) Geography (A) Art (C)
- 9 A*-B grade (6 A*, 2A and a B) GCSEs - including Math's and English A*

WORK HISTORY

Senior Participation Officer Amplified, Young Minds

February 2020- June 2020:

Skills gained:

- Delivery and preparation of presentations to large audiences on project work
- Effectively managing of a team of young people & parents
- Producing content for training courses

Youth Development Worker, Youth Focus North West

January 2019- June 2020:

Skills gained:

- Youth work skills included communication, session planning and running
- Working with a charitable organisation
- Creating engaging social media and media posts, articles and interviews
- Recording and editing video and audio footage

JOBS PRIOR TO THIS CAN BE FOUND ON MY LINKEDIN PAGE.

CURRENT STUDIES

MA Journalism course, Broadcast pathway:

University of Salford

Sept. 2020- Sept. 2021

NCTJ Diploma in Journalism:

Including shorthand.

SKILLS

Video and audio editing: video and audio editing using a number of different applications including Adobe packages.

Social Media Management: management of various social media for workplaces and charities.

Online Writing experience: both blog writing and freelance articles.

Website design: built and maintain a website using SquareSpace software.

Public speaking: spoken at both national and international events and conferences on a range of topics.

Media interview experience: interviewed on a number of occasions for local and national news, BBC and ITV. Performed on The Royal Variety Show.

EXPERIENCE

Currently working on placement with ITV Tonight

ITV Granada News Room, I worked alongside the ITV Granada team on 2 occasions including going out on location, helping within the studio, editing and writing up stories.

BBC Radio Manchester, including working with radio presenters, speaking on air, reviewing newspapers, and working with staff on finding stories and people to interview.

DANC Disabled Actors Network Community, part of a community of people with disabilities working towards a career in the media whether that is acting, writing or something else. I help out at events, attending seminars and talks as well as attended question and answer sessions with those in the industry.

Press Officer for RESET 21, ran and produced press and media for mental health event, RESET organized and ran by Calm Connections

MA BROADCAST JOURNALISM STUDENT



LAUREN BARCLAY

ARTICLES & PUBLICATIONS & VIDEO WORK:

Some examples include:

- **Quays Radio & Media: Generation Covid, The True Impact of Lockdown on our children** Feb 2022
- **Quays TV Exclusive Interview with Bella Shah**
- **Dads call for suicide prevention at school after daughters' tragic deaths.** Quays News. Feb 2022
- **Manchester dad who lost 17-year-old daughter to suicide raises over £800,000 for charity** The Tab 2022
- **"Something inside told me to fight back": Two Manchester parent's battle to reduce young suicide.** Medium- Dec. 2021
- **Agecroft Rowing Club to host Race along the Quays, Salford** Now- Oct. 2021
- **Youth Work under lockdown, so how do we do this?** Youth&Policy April 2020
- **Young People and Mental Health: How do young people want mental health support to be delivered?** Youth&Policy - August 2020.

FIND LINKS-[HTTPS://LBARCLAY35.JOURNOPORTFOLIO.COM](https://lbarclay35.journoportfolio.com)

RADIO: [HTTPS://SOUNDCLOUD.COM/LAUREN-BARCLAY-559658049](https://soundcloud.com/lauren-barclay-559658049)

TV: [HTTPS://WWW.YOUTUBE.COM/CHANNEL/UC1DCCL-ZMHVVGLLVYVVI_MA](https://www.youtube.com/channel/UC1DCCL-ZMHVVGLLVYVVI_MA)

Lauren Barclay has completed work experience at ITV Granada Reports on two occasions. On both occasions she proved herself to be an enthusiastic; thoughtful and proactive individual.

Lauren went out on location with a number of reporters. Their unsolicited feedback on Lauren was she had been a great help, asked intelligent questions, had a keen news sense and marked her out as "one to watch".

I myself first met Lauren through her charity and from the start was impressed by her passion and level of dedication. I wish her all the best in the future and look forward to seeing her in the newsroom soon.

Anna Youssef
ITV Producer

**FURTHER REFERENCES ARE AVAILABLE
UPON REQUEST.**

AWARDS & CERTIFICATIONS

Manchester University volunteer student of the year 2018

(second place): Awarded second place in 2018 for my work within the Mental Health Sector across the UK.

British Rowing Coach Level 2: Session Coach

Powerboat Level 2 Powerboat Handling RYA

Lifeguarding qualification, American Red Cross.

American Speedboat driving qualification, New Hampshire.

UK Coaching Safeguarding and Protecting Children

QA Level 3 Emergency First Aid at Work

Suicide First Aid- SFA UK

VOLUNTARY POSTIONS

Founder of Youth Mental Health Matters:

A Mental Health charity supporting and working with young people in Greater Manchester schools and beyond.

www.youthmentalhealthmatters.net

Youth Advisor on Andy Burnham's Mayoral Campaign Greater Manchester 2017.

Young Minds Youth Activist - includes writing blogs and helping organize events.

Board Member- I sit on various advisory boards: the Greater Manchester Mental Health Education Board, GM thrive Board, and CAMHS Digital.

Member of Trafford Youth Cabinet 2009-2016: including Member of Youth Parliament for Trafford 2016.

GM Children and Young People Mental Health Board Partibridges European Project

SPORTS & ACTIVITIES

Rowing: A competitive member of Agecroft Rowing club from 2014. Previously competing in a single scull at local and national level, now part of a successful Women's squad.

Coach at junior level, athletes aged 14-18, at both my own club and for Warrington Youth Rowing.

Manchester Mental Health Choir: Bee Vocal. A group of people across Greater Manchester who have experienced or supported someone with mental illness. Performances include BBC Breakfast, ITV Christmas Carols and The Royal Variety Show.